

# Dell Rapids School District #49-3



## Policies and Regulations Code: EFA-E – Support Services

### SPECIAL DIET PRESCRIPTION FOR MEALS

#### PART 1 – TO BE FILLED OUT BY PARENT/GUARDIAN OR LOCAL AGENCY

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Attendance Center (school, child care, etc.): \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Contact Number(s): \_\_\_\_\_

#### PART 2 – TO BE FILLED OUT BY PHYSICIAN

Diagnosis: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe the patient's disability and the major life activity affected by the disability:

\_\_\_\_\_  
\_\_\_\_\_

Does the disability restrict the individual's diet: Yes \_\_\_\_ No \_\_\_\_ If yes, list food(s) to be omitted from the Diet and food(s) that may be substituted:

Foods to Omit:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Foods to Substitute:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I certify that the above named child needs special meals prepared as described above because of the child's disability or chronic medical condition.

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Phone Number: \_\_\_\_\_

Office Use Only:  
Original to Child's File  
Copy to Kitchen  
Copy to Dietitian/Food Service Director

# **Dell Rapids School District #49-3**



## **Policies and Regulations Code: EFA-E – Support Services**

### **SPECIAL DIET REQUEST FOR MEALS**

#### **PART 1 – TO BE FILLED OUT BY PARENT/GUARDIAN OR LOCAL AGENCY**

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Attendance Center (school, child care, etc.): \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Contact Number(s): \_\_\_\_\_

#### **PART 2 – TO BE FILLED OUT BY RECOGNIZED MEDICAL AUTHORITY**

Diagnosis: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe the patient's need for special diet:

\_\_\_\_\_  
\_\_\_\_\_

List food(s) to be omitted from the diet and food(s) that may be substituted (Diet Plan):

Foods to Omit:

Foods to Substitute:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I certify that the above named child needs special meals prepared as described above.

Recognized Medical Authority Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Phone Number: \_\_\_\_\_

Office Use Only:  
Original to Child's File  
Copy to Kitchen  
Copy to Dietitian/Food Service Director