

Dell Rapids School District #49-3

Policies and Regulations Code: E – Support Services



EFEA SCHOOL WELLNESS

The Dell Rapids School District is committed to creating a healthy school environment that promotes healthy eating and physical activity in support of student achievement and the development of lifelong wellness practices.

According to criteria set forth in Regulation EFEA-R, it is the policy of the Dell Rapids School District to:

1. Provide food choices of good nutritional content in school meal programs, vending machines, and concessions.
2. Reduce student access to foods of minimal nutritional value.
3. Encourage staff and students to utilize healthy, nutritious food choices when using food as a part of class or student incentive programs.
4. Incorporate nutrition education into the school day.
5. Provide opportunities for every student to develop the knowledge and skills for specific physical activities, maintain physical fitness, regularly participate in physical activity, and understand the short and long-term benefits of a physically active and healthful lifestyle.
6. Create an environment that provides consistent wellness messages, is conducive to healthy eating and physical activity, and contributes to forming healthy life long habits.

LEGAL REF.: PL 108-265, Section 204

Adopted: June 28, 2006
Reviewed: September 8, 2014