



October 27th-31st



Celebrate Red Ribbon Week

Facts:

www.theantidrug.com

- Heavy users of marijuana at age 18 increased their risk of schizophrenia later in life by six times.
- Stimulant (like cocaine) abuse can lead to hostility or paranoia, or the potential for heart system failure or fatal seizures.
- Teens who smoke marijuana when feeling depressed are also more likely to become addicted to marijuana or other illicit drugs.

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What is Red Ribbon Week?

Red Ribbon Week started in remembrance of Special Agent Enrique Camarena (“Kiki”) who was tortured and brutally murdered by drug traffickers. Special Agent Enrique Camarena gave his life in the fight against drugs, and soon after his death, people started wearing Red Ribbons to symbolize their commitment to help reduce the demand for drugs in their communities. The act of wearing Red Ribbons took on national significance and grew into what is now known as the Red Ribbon Campaign. During Red Ribbon Week, children and adults all over the country wear Red Ribbons, take pledges, and participate in activities that show that they are committed to leading a drug-free lifestyle.



What if I suspect my teen is using?

Carroll Institute is able to provide free alcohol and drug screening/assessments to your student. Students 13 or younger will need to have a parent present to sign all paperwork. This process can be done right at the school. If a student is uncomfortable completing the process at the school, other arrangements can be made to complete the screening process at Carroll Institute in Sioux Falls. Contact your school counselor or Carroll Institute Prevention Counselor for more information. I provide services in Dell Rapids on Thursday afternoons and all day Fridays.

7-12 counselor: Jennifer.Ruesink@k12.sd.us

K-6 counselor: Jodi.Robertson@k12.sd.us

What are we doing in Dell Rapids to Celebrate?

Celebrate Dress Up Days

Monday: Wear Crazy Sock: “Sock It To Drugs”

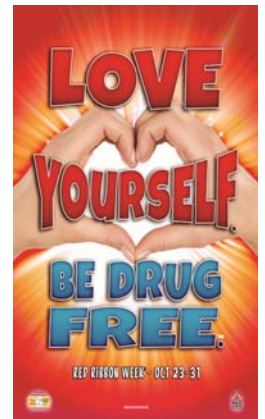
Tuesday: Jersey Day: “Team Up Against Drugs”

Wednesday: Inside Out Day: “Drugs Turn You Inside Out”

Thursday: Camouflage Day: “Be All You Can Be-Be Drug Free”

Friday: Wear Red Day: “Color My World Drug Free

Students will be able to participate in trivia questions and win prizes throughout the week. Students are also encouraged to sign pledges to live a drug free life.



Carroll Institute Spring 2014 Survey Results

“Children of parents who talk to their teens regularly about drugs are 42% less likely to use drugs than those who don’t, yet only a quarter of teens report having these conversations.”

Dell Rapids High School

227 9th-12th grade students completed this survey

Tobacco:

- ⇒ **14.4%** of students reported using cigarettes at least once in the past 30 days.
- ⇒ **13.1%** of students reported using chewing tobacco at least once in the past 30 days.

Alcohol:

- ⇒ **56.3%** of students reported having at least one drink of alcohol during their life.
- ⇒ **27.9%** of students reported having one or more drinks of alcohol within the past 30 days.
- ⇒ **17.3%** of students during the past 30 days having at least five or more drink in a row within a couple of hours (binge drinking).

Marijuana:

- ⇒ **23.3%** of students reported ever using marijuana in their life.
- ⇒ **8.7%** of students reported using marijuana in the past 30 days.

Dell Rapids Middle School

183 6th-8th grade students completed this survey

Tobacco:

- ⇒ **1.1%** of students reported using cigarettes at least once in the past 30 days.
- ⇒ **1.6%** of students reported using chewing tobacco at least once in the past 30 days.

Alcohol:

- ⇒ **11.7%** of students reported having at least one drink of alcohol in their lifetime.
- ⇒ **0.6%** of students reported having at least one drink of alcohol in the past 30 days.
- ⇒ **0.6%** of students reported having at least five or more drinks in a row within a couple of hours (binge drinking).

Marijuana:

- ⇒ **96.7%** of students reported never using marijuana.

Talk to your teens about the risks of tobacco, alcohol and other drugs!