



# Dell Rapids Quarriers Wise Owl

Dell Rapids Public Schools Dell Rapids, SD

November 2013

*"We promote spirited thinking, responsible citizenship and lifelong learning."*



Superintendent Summer Schultz

## Inside This Issue:

Administrative Corner	1
From the school Nurse	2
ES Christmas Concert	2
Honor Roll Information	2
School Board/Admin	2
HS Quarrier of Month	3
MS SOM	3
MS Student Teacher	3
Ag In Action	4
FCCLA Leadership	5
FCCLA Banquet Trip	5
All-State Orchestra	5
ACT Test Dates	6
Christmas for our Kids	6
Book Fair Thank you	6
Fall Play date set	7
Oral Interp	7
"Creepy Hollows" Thanks	7
Peer Helpers Training	8
Quiz Bowl Results	8
Athletic Boosters Info	8
Common Core Update	9
FCCLA Fundraiser	9
Red Ribbon Week	10
State Golf Champs	10
MS Volleyball	11
MS Football	11
ES/MS/HS Breakfast Menues	12
ES/MS Lunch Menues	13
HS Lunch Menu	14
State Competitions	14
November Calender	15
Haven	16

## Attention: Administrative Audiences-

A monthly report from the DRPSD Administrative offices on school district happenings, updates, and changes.

As we begin exchanging rakes with shovels, it's also time to review winter weather procedures at Dell Rapids Public Schools. The decision to open or close school has a large effect on our families and I realize that sometimes our decisions may not fit with your individual circumstances. Therefore, as parents we encourage you to make the decision that is best for your child(ren). The following information may be useful in preparing a family winter weather plan.

### Notification

DRPS will continue using the School Reach notification system. All registered parents will be notified of changes by email and phone calls. In addition, we will continue to place alerts on local radio and television stations. If you need to update your contact information, please the secretary at your child's school.

### Timing

Our goal is to have the decision made and on the air by 6:30 a.m. or earlier. In the event that a cancellation takes place during school hours, we will always try and give a one hour notice to parents before excusing students.

### Delayed Opening

DRPS will utilize a 2 hour late start for the following reasons:

- allowing time for roads to be cleared, and
- providing time to observe changing weather conditions.

Keep in mind; I have to consider the entire District. Conditions can be very different from one boundary to another. I also caution parents to have a backup plan should school eventually be called off for the entire day. A delayed opening can often turn into a school closing, but we need the time to determine what to do. I will do all I can to have updated closings announced by 8:00 a.m.

### Additional Information

- \*Haven will be closed on full snow days.
- \*If DRPS announces "early dismissal" the after school program will be open for two hours following the announced dismissal time.
- \*If DRPS announces a "late start" the before school program will begin accordingly and run until the announced school start time. For example, if school is delayed two hours, \*Haven will open two hours late as well.
- \*AM Preschool is canceled if a delayed opening is announced.
- \*Breakfast is not served when school is delayed.
- \*All activities are canceled when school is not in session. This includes open gyms and voluntary practices.

Again, if as a parent you feel it is not safe for your child to attend school, please keep your student(s) home. Contact the school prior to school starting and our building principals will count your child as "excused by parent". You as parents make the final decision on the safety of your child. Please let me know if you have any questions regarding this process.

Summer Schultz  
Superintendent of Schools

**School Notices, Events, and Opportunities**

**From the School Nurse...**

Food Allergies @ DRES - Please note that DRES remains a Peanut Aware School and that fish is not served in the elementary school. In order to keep our students with allergies to these foods safe and healthy, we ask that peanuts, peanut butter, peanut products, and fish, including tuna not be brought to DRES. We would greatly appreciate your assistance in this matter. Thank you.

**STAYING HEALTHY**

**Influenza Prevention**

Influenza is a viral infection that causes respiratory (dry cough, stuffy/runny nose) as well as other bodily symptoms (high fever, body aches, extreme fatigue) for 5-7 days usually. Please follow these simple yet effective methods to help prevent yourself and others from contracting this serious illness:

1. Wash your hands often with soap and water, or use hand sanitizer.
2. Cough and sneeze into your elbow or cover your mouth and nose with tissues.
3. Do not touch your mouth, nose, and eyes.
4. Stay home if you are sick, especially if you have a fever.
5. Get at least eight hours of sleep each night.
6. Eat healthy foods.
7. Get a flu shot.

**Cold and Flu Season**

In order to keep all of our students as healthy as possible, our school district follows the guidelines listed below in recommending students stay home from school when ill:

1. A student should stay home if he/she has a fever. The child may return when he/she has been fever-free for 24 hours without the aid of Tylenol or Motrin.
2. A student should stay home from school if he/she has vomited within the past 12 hours.
3. A student diagnosed with Strep Throat or Pink Eye should stay home until he/she has been on antibiotics for 24 hours.

**Elementary School Christmas Program coming soon!!**

**Crazy Christmas**

Everything's crazy at the North Pole this time of year! Come feel the Christmas rush and see the holiday lights as Santa deals with the reindeer who want to rock and roll and gets ready for seven feet of snow.

Please join us as the Dell Rapids Elementary presents "Crazy Christmas", Thursday, December 5 at 2:00pm and 7:00pm.

**Honor Roll Information**

The Dell Rapids High School Honor Roll will not run every quarter. It will be calculated and posted at the end of the 2nd Term (in December) and the end of the 4th Term (in May). If you have any questions please contact the high school office at 428-5473, Opt. 1. Thank you!

**SCHOOL BOARD**

- Tom Morris ..... 428-4884
- Steve Stofferahn ..... 428-4897
- Jody Schumaker ..... 428-4557
- Troy Randall ..... 428-4660
- Matt Weiland ..... 428-3570

**ADMINISTRATION**

- Summer Schultz, Superintendent... 428-5473
- Kimberly Kludt, HS Principal.....428-5473
- Francis Ruesink, MS Principal . 428-5473
- Barb Littel, Business Manager.. 428-5473
- Jay Nelson, Elementary Principal..428-5473
- Jeff Krumm, Technology Director ... 428-4909
- Jeff Dvorak/AD..... 428-5473

#7 District Office, #5 Elementary, #2 MS,  
#1 HS, #8 Bus Barn,  
#6 Lunchtime Solutions.

**[www.dr-k12.org](http://www.dr-k12.org)**

**MEETINGS**

The Board of Education meetings are held on the second Monday of every month, and fourth Monday of every month, except July and December. BOE meetings begin at 7 p.m. and are held in the Distance Learning Room at the High School. Agendas can be obtained from the Superintendent's office on the Friday before any meeting. The Dell Rapids Tribune publishes the minutes of each regular and special meeting. Agendas and minutes are also posted on the school website.

## Snyder named September Quarrier



Lexi Snyder

This senior was selected due to her outstanding character, academic and athletic success, along with her contagious smile that can always brighten up the halls of DRHS. Lexi Snyder is an individual who is most recognize for her friendly nature and positive attitude.

Snyder has been on the honor roll all four years of high school and was inducted into the National Honor Society her Junior year. She has been involved in the Peer Helpers program since her freshman year, Oral Interp her freshman year, designed the yearbook cover her sophomore year, and FCCLA since seventh grade.

As a member of FCCLA her sophomore year, she qualified for a national competition in Chapter Showcase Display STAR Event and received a Gold Rating.

Quiz Bowl has been a major part of Snyder's time in high school, participating all four years.

Athletics have played a large role in all of Snyder's high school years by being an active member of both

cross country and track. She has been a strong runner in cross county since her freshman year; even lettering all of these years, and qualifying for state her senior year. Snyder received the Unsung Hero Award her sophomore year and the Coach's Award her junior year and accepted the Unsung Hero Award for a second time her sophomore year.

Snyder's accomplishments in 4-H have not gone unnoticed. She was honored with the Hometown Hero, Fredrick Douglas, and the Susan B. Anthony awards her junior year.

"Lexi is best known around the halls of DRHS for her positive attitude. She can find the good in just about any situation. She is also an incredibly hard worker with a heart full of compassion. What a good choice for Quarrier of the Month!" said teacher Jann Saxon.

"I feel very honored to be chosen! It's one of the greatest compliments in the world to be called a role model," said Snyder. Her plans are to attend SDSU to major in food science next year. She is the daughter of Ron and Christine Snyder.



## MS October Students of the Month

Dell Rapids Middle School would like to announce and congratulate the Students of the Month for October.

These individuals have demonstrated positive behavior reflective of the Pillars of Character: trustworthiness, responsible, respectful, fair, good citizenship, and are caring individuals.

Thanks to Lunchtime Solutions and Video Plus & Pizza Ranch, Students of the Month recipients will receive gift certificates for these places!

Congratulations to our October Students of the Month!

Students selected were: Fifth Graders Connor Rentz & Rachael Vietor; Sixth Graders: Mallory Haak & Tyler Wood; Seventh Grade Brooke Klein & Kenyon Shellum; and Eighth Graders Josh Heinemann & Derek Ahlers

## Middle School Welcomes Student Teacher

The Dell Rapids Middle School has a new face in the halls in the form of a student teacher in the 5th Grade classrooms.

Briana Weber is currently a senior at Augustana College in Sioux Falls, S.D. and is majoring in English and Secondary Education. She is originally from Colorado, but lives in Baltic, S.D., with her husband and son. They enjoy doing family activities in hiking, camping, traveling, and

taking their dog Judah to swim in the river!

"My first week here with Mrs. Doyle and her awesome 5th graders has already flown by; I can tell that I am going to greatly enjoy being a Quarrier and getting to know both students and teachers at DRMS," said Weber.

Weber plans to graduate in December with her teaching degree. We wish her all the luck and success in her future plans.



# Ag in Action

Mitchell Technical Institute hosts a variety of sessions to allow high school students to explore areas being offered. The students attending these sessions will also learn about the career opportunities with the post-secondary education received at MTI.

On October 23, six students attended the Ag and Transportation Camp. Jacob Schreier, Brady Appel, Paige Burggraff, Mason Hollaren, Elijah Johnson and Karisa Neels had a chance to rotate through sessions covering: farm business; agronomy; farm power; precision technology; power sports and marine; and animal science.

The students enrolled in the Introduction to Agriculture, Food and Natural Resources toured Dell Rapids Lumber on October 22 to learn about the various materials to choose from when constructing their wood projects. They have since finished constructing a small wood project in the shop and have now returned to the classroom. They are currently working on the water unit which consists of identifying sources of water, water pollution and water conservation. Following the water unit, they will be exposed to the forestry industry.

The half-block section of Ag Processing students are analyzing various methods of food processing which includes preservation, storage and new technologies used in processing. In the next unit, students will investigate the economic scope of food processing, which includes handling, transporting, marketing and career opportunities.

Wildlife and Fisheries is also a half-block class in which students are connecting the physical characteristics to identify various large and small mammals found in our state. Following the mammal identification, students will compare some of the non-indigenous species found in the United States.

With the start of the 2nd quarter on October 21, the one section of Ag Processing Technology switched to Fundamental Animal Science. The 21 students in this class have just finished up a unit on general animal science, which consisted of the terms and production practices used in the livestock industry. The students are now working on the livestock selection unit in which they will evaluate animals based on physical characteristics. The next topic to be covered following the selection unit will be livestock nutrition.

Through the Zoetis (formally Pfizer) FFA Support Program, the Dells Veterinary Services enrolled in the spring performance pays program and was able to give donations to local FFA chapters. Dan Dorn presented the chapter with checks for a total of \$312. That money will be used to help cover the cost of sending members to the National FFA Convention as well as the fall leadership event registration costs.

The corn crop planted on the FFA land lab consisting of 16 acres of school owned land east of the football field, was harvested on October 24. Ed Wolles volunteered his time and equipment to combine the corn. The income from the sale of the crop goes into the chapter account to fund all of the FFA activities throughout the year.

Each year the State FFA Officers visit each chapter in the state. This year Cheyenne Leonhardt, the SD State FFA Secretary and Breanna Bullington, the SD State FFA Vice President came to Dell Rapids on Friday, October 11, 2013. They presented workshops to the Introduction to Agriculture and Natural Resources class about working as a team, challenging yourself, taking risks, advocating for agriculture and the benefits of being an FFA member.

Heidi Anderson attended the National FFA Convention in Louisville, KY on October 30-November 2, 2013. On the way to the convention, they stopped at Fair Oaks Farm in Fair Oaks, IN, at the family-owned dairy farm with cafe, for a tour of the birthing barn, dairy adventure center and cheese shop. Once in Louisville, Heidi attended the convention, which consists of various business sessions and the career show. She also had the opportunity to tour the Kentucky Derby and Museum and the Louisville Slugger Museum.

The members who have prepared to demonstrate their leadership skills will have the opportunity to compete against FFA members from other chapters in the Jackrabbit Invitational Leadership event in Brookings on November 8. The district leadership career development events will be held at Hartford on Nov. 18. Members can compete in ten different leadership areas, with the top 3 from each area advancing onto the state competition in Pierre on December 8th and 9th.

The FFA is once again conducting their annual fruit sale. The sale will end on Nov. 8 with the order being placed and the products should be in the week of Dec. 2-6. Watch for advertisements in the paper or call Mr. Wolff at 428-5473 ext. 419 before or after school for more information or to place an order.



Joe Wolles accepted the donation check that will help fund many FFA programx from Dan Dorn of Dells Vet. Services



State Chapter FFA Officers visited the classroom to present workshops on the Introduction to Ag.

## FCCLA Leadership Training

South Dakota FCCLA's members "Discovered their Superpowers" at the recent Leadership Weekend training held on October 5th and 6th at the Crossroads Hotel in Huron, SD. There were 211 students and 33 advisers from across the state who attended Rookie Camp, Power Training, or Peer Education Training.

Trent Misak, former National Officer conducted Power Training. He incorporated dynamic leadership activities and games into his presentation that expanded students' knowledge of FCCLA. Stephanie Dennis and Hanley Ekeren-Moening attended this training with their advisor, Ms. Rieck.

This year the main projects of the peer education teams will be implemented in the local chapters

across the state. The Community peer education team planned projects to support the National FCCLA Outreach Project, 'Share Our Strength'. The Family team will be working with one of the National FCCLA educational partners, Autism Speaks, to bring awareness to autism issues. And finally, the Career peer education team members are planning a year-long drive to support Ronald McDonald houses in South Dakota.

FCCLA stands for Family, Career and Community Leaders of America and was first established in 1945 and in South Dakota in 1946. Family serves as the central focus of this organization. This career and technical student organization prepares youth to assume their adult roles in society as wage earners, community leaders, and caring family members by giving them important life skills needed to thrive in their families, careers and communities.

### Opland tries out for All-State Orchestra



Erica Opland

Sophomore Erica Opland had the opportunity to perform in All-State tryouts on Thursday, Oct. 17, 2013, at Washington High School in Sioux Falls, S.D.

Once at the event, Opland warmed up, practiced and performed her material for a single judge. She played four songs in a selection from Symphony #5, Easter Cantata, and two etudes. Only the top four are chosen to

move on and Opland placed sixth.

"The S.D. All-State Orchestra is a very select group of musicians. While 16-20 flutes are selected for the S.D. All-State Band, only four flutes are selected for the All-State Orchestra. Although she was very disappointed to not be selected, Opland can be proud of herself for being one of the top six flutists in the State of South Dakota!" said band director Brian Smith.

Opland spent many hours practicing for this event. She also applied for and received a scholarship from the Dells Music Boosters to help with the cost of the private lessons to get her one step closer to her goal.

"I am incredibly blessed to have so many people and music instructors encouraging me, especially my parents, Mr. Smith, and my flute instructor Emily Anderson. Although I didn't make it, the learning experience was wonderful and I am so lucky to have been a part of that," said Opland.

Congratulations Erica on your accomplishment.

### FCCLA Serves at the Banquet



Several students from Dell Rapids High School took time to volunteer at the Banquet in Sioux Falls.

On Thursday morning, October 10, the Dell Rapids FCCLA Chapter traveled to Sioux Falls to serve breakfast at the Banquet. The Banquet is a feeding ministry for residents in the Sioux Falls area. The volunteers helped to prepare and serve over 200 guests. Several members and other volunteers helped with the event. The chapter raised funds to help with the financial portion of donating the food items served. Individuals also brought items that were donated for guests to use.

## The ACT Test Dates For 2013-2014

### Test Date:

December 14, 2013

### Registration Deadlines:

Regular Deadline: November 8, 2013

Late Fee Registration: November 9- 22, 2013

### Test Date:

February 8, 2014

### Registration Deadlines:

Regular Deadline: January 10, 2014

Late Fee Registration: January 11-24, 2014

### Test Date:

April 12, 2014

### Registration Deadlines:

Regular Deadline: March 7, 2014

Late Fee Deadline: March 8-21, 2014

### Test Date:

June 14, 2014

### Registration Deadlines:

Regular Deadline: May 9, 2014

Late Fee Deadline: May 10-23, 2014

**For any other testing or scholarship information, contact Mrs. Jennifer Ruesink, Guidance Counselor, at 428-5473 - Opt. 1 at the Dell Rapids High School.**

Please contact Guidance Counselor Jennifer Ruesink to provide her with an updated e-mail address for your high school student. Having this information will allow for quick communication to inform parents of upcoming standardized assessments, scholarship information, financial aid information, and post-high planning guidelines.

You can contact Mrs. Ruesink at Jennifer.Ruesink@k12.sd.us or call the high school office at 428-5473, Opt. 1.



## CHRISTMAS FOR OUR KIDS



“Christmas for Our Kids” is a long standing community project started by Sue Horstmeyer and currently spearheaded by the local ESA women’s organization. Because of the generosity of the Dell Rapids community, we are able to ensure a Merry Christmas for all of our Dell Rapids kids. Last Christmas the ESA elves were able to deliver gifts to 81 children from 30 families in the Dell Rapids area. Those kids truly had a Merry Christmas because of your kindness.

The “Christmas for Our Kids” project works like this:

- Families in need are identified through anonymous referrals. We may all know a family in our community that is going through tough times and could use our help to provide those extras over the holi days. Self referrals are welcome as well.
- Referred families are contacted and kid’s “wish lists” are requested.
- These “wish lists” are filled through donations and delivered to families prior to Christmas.

Here are some ways you can help ensure another successful “Christmas for Our Kids” project:

1. Contact Brenda O’Hara with family referrals now or anytime before Christmas – Home 428-6032, Cell 201-6571, brendaohara@outlook.com .
2. You or your group can adopt a child or family and purchase gifts from their “wish lists”. You will be anonymously matched up with a child or family and have fun shopping.
3. There will be two angel trees set up with specific gift requests. Stop by Avera Hospital or First National Bank and take an angel tag from the tree, do your shopping, and return the unwrapped gift with the tag attached under the tree.
4. Monetary donations can be dropped off or mailed to “Christmas for Our Kids”, First National Bank, 312 E. 4th Street, Dell Rapids, SD 57022.

We hope to have all donations collected by December 15th so that gifts can be sorted and delivered to the families prior to Christmas. As we enter the holiday season please consider being part of this Dell Rapids tradition. If you have any questions please contact Brenda O’Hara at 428-6032, 201-6571, or brendaohara@outlook.com .

## Thank you, Dell Rapids!

The Book Fair was a huge success again this year. Thanks to the Dell Rapids community, we were able to buy over 300 new books for our school libraries.



## Drama Department Casts Fall Play in "Kill Me, Deadly!"

As fall sets in many student's mind drift toward the area of fine arts and this year's fall play holds the promise of a top rated performance.

"I'm very pleased that we had so many people that were interested this year. I think we have a new cross-section of new comers and veterans – all the way from freshmen to seniors," said Director Sharon Mitchell. Over thirty students tried out this year.

The play is called "Kill Me, Deadly" and is about a man named Charlie Nickels (Michael Mitchell) who has a hard life as a gumshoe in the seedy underbelly of Los Angeles, and things are only made harder by the murder of a client and the theft of her 300K diamond. With the help of his wise-cracking secretary, Ida (Kendra Drew), Charlie seeks out the many suspects: swarmy bookworm Clive (Tad Lacey), equestrian beauty Veronica (Jessica Tisher), snooty butler Wilson (Alec Riswold), sensitive muscle Louie (Tyler Gee), and mob boss Bugsy Siegel (Austin Domel). At the

center of the case is femme fatale Mona (Jill Nelsen), a nightclub singer who captures Charlie's affections... and suspicions.

Packed with romance, intrigue, and murder, this detective noir is a smart parody that will keep you guessing until the end. The play will premiere on Nov. 18-19 at 7 PM at the MS Commons.

Students involved in the play created "Creepy Hallows" once against this year. Students and community members took a walk through their haunted trail and were spooked by local actors. The event was held Oct. 25-26, 2013, from 7:00-10:00 PM. All proceeds went to the Drama Department.



(Left): Michael Mitchell and Kendra Drew work on timing and lines for the upcoming play "Kill Me, Deadly!". I promises to be a great production.

## Oral Interp performs well



Taiven Logan and Kendra Drew consistently are a 'Duo' to deal with at Oral Inter Competitions.

Dell Rapids students interested in fine arts have had many different opportunities to get involved already this year. Nearly 50 students are members of Oral Interp this year. There are seven categories students can perform in: Drama,

Humor, Serious Prose, Poetry, Oratory, Readers Theater, and Duet Acting.

"Meets are the most fun. You get to meet all of the people and get to know them. I've met so many friends at Oral Interp it is unreal," said Taiven Logan. "Plus, Oral Interp is the only place it is socially acceptable to talk to walls!"

This year's first Oral Interp meet kicked off in Harrisburg, Tuesday, Oct. 1. Prize winners were Taiven Logan who achieved Third place in Drama and Kendra Drew who scored Third place in Humor. On Oct. 6, students traveled to Milbank to compete. Taiven Logan, Kendra Drew, Brooke Kaiser, Bryan Schull, Jill Nelson, Cassidy Dearduff, Jayme Damm and Alexis Damm all earned Superior ratings. Both Logan and Drew also achieved Superior Plus ratings. Many other students earned excellent and excellent plus rating on the day so congrats to all! The next meet in Brookings was on Oct. 28, and brought home awards in First Superiors from Kendra Drew (Humorous), and Taiven Logan and Kendra Drew in a Duet; Superiors were awarded to

Brooke Keiser, Avery Pankonen, Taiven Logan, and Jill Nelson. Next competitions will be in Lennox and Sioux Falls Washington on Nov. 6th and 8th respectively.

## Thank-You!!

A special 'Thank-you' to all who came out and supported the "Creepy Hollows" event. A very special "Thank-you" to the Nelson family for allowing their home to be invaded by ghosts and other creepy visitors to make this fundraiser possible.

This is the second year that "Creepy Hollows" has been sponsored by the Nelsons and has helped to raise money which is donated to the Dell Rapids High School Drama Department for props, equipment, and other play purchases.

Come watch the plays to see what it allows the actors to do.

## Peer Helpers receive training

On Monday, Oct. 21, 2013, at 8:30 A.M., students involved in the Dell Rapids High School Peer Helper program got on a bus and headed to their annual training seminar. The six students from each grade traveled to Brandon Valley High School where they joined other schools for a day long event of simulated experiences to make them better 'student' counselors for their peers. These helpful instructions are set up in the form of group question and answer sessions, and role playing tactics to allow for a more realistic look at how to help others cope.

Students participated in a breakout session where they got to know one another through small activities. This involved getting into groups and discussing the problems each school faced, noticing the similarities and differences. The number one problem in each group ended up being suicide and depression.

Once this was established, the students took a lot of time to figure out ways to make these numbers decrease. The students also were asked to identify the qualities of a good Peer Helper. The qualities that were most important including: paying attention, showing that they are listening, and noticing small changes in people they see in the halls.

TED, a nonprofit program that gives lectures on important topics in a way to spread ideas worth hear-

ing, presented a video demonstrating how a small act of kindness is all a person needs sometimes.

Senior Peer Helpers, Tad Lacey and Lexi Snyder, presented a skit demonstrating a process to help a student in need such as: noticing the problem, giving advice while not telling them what to do, and following up with the student.

"I liked going to another school to see what other peer helpers do in their own school and the type of problems they have," said Snyder.

Guidance Counselor Jennifer Uesink said, "Peer Helpers are the eyes and ears to identify students in crisis. They are an important group of students in our school to help support and provide encouragement to students. They help identify students in need and seek out ways to connect those students to resources and positive adults.



Stephanie Dennis, Trevor Pulscher, Michael Mitchell, and Lexi Snyder work diligently to get their scene-río done.

## Academic Quiz Bowl teams compete

Dell Rapids High School proudly announces it is Quiz Bowl season again! This year there are 10 participants to make up the teams for competitions.

The students have had a couple of practices usually on either Wednesday or Thursday mornings before school with Advisor Mary Haas to prepare for the start of the season.

On Tuesday, October 15, 2013, the DRHS Quiz Bowl Team traveled to Brookings, SD, for their first competition. Dells brought out their two teams strong and ended up placing Team 1 in 14th, and Team 2 in 17th.

"For our first meet, I was pleased with how everything went. Brookings is usually the hardest and just so happens to be the first competition of the year," said Haas. Brookings did have an advantage by coming in with 5 total teams. Out of those 5 teams, 4 of them placed in the top 4.

"We are going better than expected and are looking forward to upcoming competitions," said senior Tad Lacey.

Next Quiz Bowl meet will be held on Monday, Nov. 11, 2013 at Tri-Valley, and Sioux Falls Roosevelt on Nov. 18, 2013.

Best of luck to you all and we know you will make Dell Rapids High School proud.

## Athletic Booster Notes!!

### CONGRATULATIONS TO:

- \*\*Boy's State 'A' Champion Golf Team
- \*\*Lexi Snyder and Zane Schumaker for their State Cross Country qualifications
- \*\*Competitive Cheer's 4th Place Grand Champion Award and 3rd Place Division Award

### **Good luck to:**

- \*\*DRHS football players as they head into the playoff rounds

### **\*\*Check out:**

The new trophy case in the middle school commons if you have not done so already. They look great and exhibit Quarrier Pride!

### **Looking for Christmas Gifts??**

- \*\*Check out our new Quarrier wear selection online at <http://www.dakotasportsconline.com/>, under Web Stores. You may see some new items out there!



**Secretary's Column**  
**By Dr. Melody Schopp**  
**Department of Education**

Long road ahead for Common Core, but we're on the right path

In recent weeks, we have seen some pushback related to the Common Core State Standards. Speaking with my counterparts around the country, this is not unusual. Other states are experiencing it, too.

As we move forward with implementing the new standards in South Dakota, I firmly believe that we are doing the right thing for our students. The new standards in English language arts and math are rigorous; they will challenge students to think deeply and critically. They represent a shift from a focus on memorization and testing, to a focus on deeper learning and students' ability to apply knowledge and skills to real-world situations.

Through the Common Core process, South Dakota was able to join together with other states to create a strong set of expectations for what students should know and be able to do in the two critical areas of ELA and math. While we would have been able to do the work on our own, we have a much stronger product because we were able to band together with experts in other states to do this work. Furthermore, in developing the standards, the education community listened to the needs of the business community to create a set of expectations that make sense in today's world. Ultimately, the standards were designed with the end result of career readiness in mind and should prepare our students for postsecondary education and work in the unique environment of the 21st century.

Unfortunately, there is a lot of misinformation out there regarding the standards, how they were developed and what they mean for students. The misinformation ranges from people thinking the standards are part of a federal mandate to the notion that the standards involve some sort of huge collection of student data. Of course, neither is true.

Below are links to several resources that we have put together to help people understand what the Common Core standards are and what they mean for students.

- Common Core: The Basics
- [http://doe.sd.gov/pressroom/educationonline/2013/jun/documents/CC\\_FactSheet.pdf](http://doe.sd.gov/pressroom/educationonline/2013/jun/documents/CC_FactSheet.pdf)
- Fact vs. Fiction
- [http://doe.sd.gov/pressroom/educationonline/2013/jun/documents/Myths2\\_FactSheet.pdf](http://doe.sd.gov/pressroom/educationonline/2013/jun/documents/Myths2_FactSheet.pdf)
- Shifting to the new standards
- [http://doe.sd.gov/pressroom/educationonline/2013/jun/documents/Shifts\\_FactSheet.pdf](http://doe.sd.gov/pressroom/educationonline/2013/jun/documents/Shifts_FactSheet.pdf)
- Frequently Asked Questions
- [http://doe.sd.gov/pressroom/educationonline/2013/jun/documents/CC\\_Q&A.PDF](http://doe.sd.gov/pressroom/educationonline/2013/jun/documents/CC_Q&A.PDF)

South Dakota is well on the road to implementation of the new standards. As a state, we have been training teachers since 2011. Districts also are actively engaged in the work of delving into the new standards and helping teachers understand the instructional practices and strategies that support the type of learning purported through the Common Core standards.

The Common Core is the right path for today's students. Thank you for your work to ensure that South Dakota students have access to high quality standards and instruction!

### **20,000 TEACHERS on the COMMON CORE**

The third edition of Primary Sources is in final preparations and features 20,000 of our nation's public school teachers sharing their thoughts on teaching in an era of change. In advance of the full report, teachers' views are now available on the Common Core State Standards, a set of clear, consistent guidelines for what students should know and be able to do at each grade level in math and English language arts to ensure they are prepared for success in college and careers. (<http://www.scholastic.com/primarysources/2013preview/index.htm>).

### **FCCLA sells "Big Soo Coupon Books" as Fundraiser**

The FCCLA Chapter is fundraising and selling "Big Soo Coupon Books". The book includes coupons for Pizza Ranch in Dell Rapids, buy one get one free, many restaurants in Sioux Falls and around the area, and coupons for shopping and entertainment. Deadline is November 22, 2013.

For more information or you want to take a look at the book, contact any of the following officers: Beth Bruggeman, Kelcie Hauf, Lexi Snyder, Morgan Kistler, Stephanie Dennis; or adviser, Ms. Beverly Rieck at Dell Rapids High School at (605) 428-5473, Opt. 1.

## Red Ribbon Week makes impact on DRHS students

Students and members of the community celebrated Red Ribbon Week on Oct. 21-25. This event was promoted citywide and throughout Dell Rapids Public and St. Mary's schools.

Red Ribbon Week started in remembrance of Special Agent Enrique Camarena who was tortured and brutally murdered by drug traffickers. He gave his life to fight against drugs, and soon after his death, people started wearing Red Ribbons to symbolize their commitment to help reduce the demand for drugs in their communities.

The act of wearing Red Ribbons took on national significance and grew into what is now known as the Red Ribbon Campaign. During this week, children and adults all over the country wear Red Ribbons, and take pledges and participate in activities that show they are committed to leading a drug-free lifestyle.

Everyone had the opportunity to "Paint the town Red." Students could get involved by celebrating with dress up days, wearing red ribbons, and answering the daily trivia questions to win prizes. Some students also shared this message with the community on Monday, Oct. 21 by putting anti-drug messages on sidewalks and many business windows downtown.

Monday classrooms were filled with kids dressed in red to start off a week filled with fun dress up themes. Tuesday students could "Sock It to Drugs" by wearing their craziest pair of socks. On Wednesday the hallways were filled with students wearing hats to "Put a Cap On Drugs." Everyone could "Make It a Goal To Be Drug Free" on Thursday by coming dressed in Quarrier wear. Friday students showed that "Being Drug Free is No Sweat" by wearing sweat suits.

In South Dakota the percentage of teens who used tobacco, alcohol, or other drugs has decreased sufficiently in the last two decades. The percentage of students who had ever tried smoking was 75 percent in 1997, and then decreased to only

48 percent in 2011. In 1999, the percentage of students who had consumed alcohol on one or more days during their life was at 84 percent; but in 2011 it had decreased to 69 percent. This week was designed to get students thinking about the frequency and consequences of risky behaviors, and to inform them that not everybody is doing these things. The media can portray drinking and drug use as something fun and not harmful, but students deserve to know the truth and get the real facts about it.

"I hope students see the reality of what drug use causes rather than believing all the hype about what using is like. I want kids to think twice and don't start, and if they have already experimented hopefully they'll see the negative impact and stop," said Principal Kimberly Kludt.

Around the halls students read signs that give "101 other things to do" than consuming alcohol or using drugs. The goal was to inform students of ways they can replace these things with positive activities.

There will be another upcoming awareness activity in December to prevent students from drinking and using drugs. 3-D week will inform students of drunk and drugged driving consequences.



Joel Brust and Dominic Stahl display their headwear on the day to help support the Red Ribbon Week; Stahl was a winner on the day for his unique hat.

## Congratulation State 'A' Champion Golfers

Earning a spot on the gym wall for championship banners is a time honored tradition for Dell Rapids sports and this year's golf team became a part of that tradition on Tuesday, Oct. 8, 2013, by beating Parkston by one stroke for their fourth state title in school history.

Leading the Quarriers was Adam Karst placing Second individually shooting a 151 (73/78) just three strokes being Aberdeen Roncalli's Michael Duch. Others placing in the top 20 were: Zach Schroeder tying for 14th with 167 (80/87), and Devon Weber with a 171 (86/85) to help the Quarriers. Ty Hogland finished in 21st with a 173 (84/89) and Eighth Grader Mason Schmitt at a 71st tie with 193 (98/95).

Great job on a strong and successful year!





**Middle school sports end strong seasons**

The 7th grade girls volleyball team had a successful 2013 season. The girls played hard throughout the season winning 10 of the 14 A matches. Both the A and B teams worked hard and fought hard each and every match. The season highlight for the girls was getting 2nd Place at the first ever Dak 12 North Tourney.

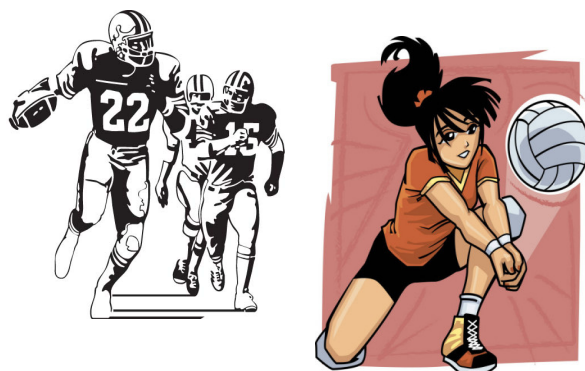
2013 7th Grade Volleyball team was (from left-standing): Coach Mike Putnam, Jayda Knuppe, Sydney Eichinger, Emma Paul, Raigan Schmidt, Jancie Schoeberl, and Wlylsue Schultz; (from left-kneeling): Ashlee Lambert, Alexis Ehrmantraut, Kelsey Keating, Amber Kruse, Hannah Fletcher, and Maria Jackson; (from left-sitting): Amber Baker, Brooke Klein, Ravyn Hoffman, Ella Lueders, and Alanna Hann.

The 8th grade volleyball team finished up their season on October 21st against Flandreau. The girls worked hard all season working on their fundamental skills and showing improvement each game. During the Dakota 12 tournament in Madison, the girls place 2nd; Congrats! They were a hard working group and a fun group to work with. I wish them the best of luck next year!

2013 8th Grade Volleyball team was (from left-standing): Arial Hoffman, Sydney cook, Sydney Stofferahn, Kinsey Carr, and Coach Julie Barber; (from left-kneeling): Hannah Nyman, Paige Schueller, Sheree Lacey, LisaDawn Reiffer, shelby aplan, and Morgan Brown; (from left-sitting): Tiffanie Dorale, Cheyenne Adams, Kiri Scott, and Lydia Symens.



2013 7th Grade football team was (from left-standing): Coach Scott Hedrick, Logan Huffman, Keagan Miller, Logan Heim, Eddy Price, Kenyon Shellum, and Riker Pede; (from left-kneeling): Coach Shannon Tjaden, Nick Boever, Josh Eining, Tate Gleason, Alex Kringen, Ethan Holleran, Tate Kolbeck, and Coach Greg Schwebach; (from left-sitting): Matthew Benda, Maxen Lamer, Peyton Kistler, Will Dearduff, and Jordan Kitto



2013 8th Grade football team was (from left-standing): Coach Scott Headrick, Tyson Dahler, Cole Van Duyn, Jeffrey Schuch, Andrew Hegge, Matt Gillogly, Blake Reider, and Ben Cavigielli; (from left-kneeling): Coach Shannon Tjaden, Nick Palmer, Elijah Story, Adam Nagelhout, Jack Prasek, Carson Rentz, Ethan Faux, and Coach Greg Schwebach; (from left-sitting): Kyle Steineke, Jesse Michel, Riley Anderson, Seth Spielmann, Josh Heinemann, and Austin Vannagen

# Breakfast MENUS

## DELL RAPIDS ELEMENTARY SCHOOL



## BREAKFAST MENU - NOVEMBER 2013

### Breakfast Choices

- Available every day, breakfast includes:
- Breakfast entrée or Choice of cereals with toast
  - Fruit
  - Milk choices



Fruit Available Every Day

### Breakfast is worth waking up for!

Eating breakfast is like rebooting your body every morning. While you have been sleeping, your body systems have all slowed way down. Eating a healthy breakfast is a good way to get your body up and running again. It helps get your brain going and helps your body start burning energy again. If you skip breakfast your body protects itself by storing fat & conserving energy.



### Breakfast Meal Prices & Extras

Elementary School Breakfast	\$1.30
Adult Breakfast	\$1.65
Extra Milk	\$ .45

Breakfast is served every day from 8:00 to 8:25 am

Menus are subject to change without notice.

Mon	Tues	Wed	Thurs	Fri
<b>Entrée Notes:</b> ☺ Homesyle/Scratch ALL entrées comply with USDA Whole Grain Rich standards.	Applications for Free and Reduced price meal are available in all building offices throughout the school year.			1 Fresh Baked Cinnamon Roll ☺ 100% Fruit Juice ☺ Milk Choices
4 Breakfast Pizza Fruit Milk Choices	5 Breakfast Biscuit Sandwich made with a Fresh Baked Biscuit ☺ Fruit Milk Choices	6 Homesyle Breakfast Burrito ☺ Fruit Milk Choices	7 Waffles with Syrup Fruit Milk Choices	8 Fresh Baked Cinnamon Roll ☺ 100% Fruit Juice ☺ Milk Choices
11 Cinnamon Toasty Fruit Milk Choices	12 Homesyle Sausage Gravy over a Fresh Baked Biscuit ☺ Fruit Milk Choices	13 Fresh Baked Fruit BIRTH Sogase ☺ Fruit Milk Choices	14 Breakfast Pizza Fruit Milk Choices	15 Fresh Baked Cinnamon Roll ☺ 100% Fruit Juice ☺ Milk Choices
18 Breakfast Pizza Fruit Milk Choices	19 Breakfast Biscuit Sandwich made with a Fresh Baked Biscuit ☺ Fruit Milk Choices	20 Omelet with Topping Bar ☺ Fruit Milk Choices	21 Pancake Sausage Stack Fruit Milk Choices	22 Fresh Baked Cinnamon Roll ☺ 100% Fruit Juice ☺ Milk Choices
25 French Toast Sticks with Syrup Fruit Milk Choices	26 Homesyle Sausage Gravy over a Fresh Baked Biscuit ☺ Fruit Milk Choices	27 Homesyle Breakfast Burrito ☺ Fruit Milk Choices	28 <b>NO SCHOOL</b>  Happy Thanksgiving	29 <b>NO SCHOOL</b>

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, age, disability, sex, gender identity, religion, marital, and where applicable, political beliefs, marital status, family or parental status, sexual orientation, or if all or part of an individual's income is derived from any public assistance program, or protection genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or call (800) 295-5272 (voice) or (202) 720-6282 (TDD). USDA is an equal opportunity provider and employer.

Questions or comments - Contact Deb Emmer, Food Service Director at (625) 521-5277 or debem@lunchtimesolutions.com



## DELL RAPIDS MIDDLE/High SCHOOL



## BREAKFAST MENU - NOVEMBER 2013

### Breakfast Choices

- Available every day, breakfast includes:
- Breakfast entrée listed on menu or Choice of cereals with toast or Mon. Biscuit with Sausage Gravy
  - Tues. Breakfast Pizza
  - Wed. Breakfast Sandwich
  - Thurs. Biscuit with Sausage Gravy
  - Fruit
  - Milk choices



Fruit or Juice Available Every Day  
Start your day off right

### Breakfast is worth waking up for!

Eating breakfast is like rebooting your body every morning. While you have been sleeping, your body systems have all slowed way down. Eating a healthy breakfast is a good way to get your body up and running again. It helps get your brain going and helps your body start burning energy again. If you skip breakfast your body protects itself by storing fat & conserving energy.



### Breakfast Meal Prices & Extras

MSHS Student Breakfast	\$1.30
Adult Breakfast	\$1.65
Extra Milk	\$ .45

Breakfast is served every day from 7:30 to 8:25 am

Menus are subject to change without notice.

Mon	Tues	Wed	Thurs	Fri
<b>Entrée Notes:</b> ☺ Homesyle/Scratch ALL entrées comply with USDA Whole Grain Rich standards.	Applications for Free and Reduced price meal are available in all building offices throughout the school year.			1 Fresh Baked Cinnamon Roll ☺ 100% Fruit Juice ☺ Milk Choices
4 Breakfast Pizza Fruit Milk Choices	5 Breakfast Biscuit Sandwich made with a Fresh Baked Biscuit ☺ Fruit Milk Choices	6 Homesyle Breakfast Burrito ☺ Fruit Milk Choices	7 Waffles with Syrup Fruit Milk Choices	8 Fresh Baked Cinnamon Roll ☺ 100% Fruit Juice ☺ Milk Choices
11 Cinnamon Toasty Fruit Milk Choices	12 Homesyle Sausage Gravy over a Fresh Baked Biscuit ☺ Fruit Milk Choices	13 Fresh Baked Fruit BIRTH Sogase ☺ Fruit Milk Choices	14 Breakfast Pizza Fruit Milk Choices	15 Fresh Baked Cinnamon Roll ☺ 100% Fruit Juice ☺ Milk Choices
18 Breakfast Pizza Fruit Milk Choices	19 Breakfast Biscuit Sandwich made with a Fresh Baked Biscuit ☺ Fruit Milk Choices	20 Omelet with Topping Bar ☺ Fruit Milk Choices	21 Pancake Sausage Stack Fruit Milk Choices	22 Fresh Baked Cinnamon Roll ☺ 100% Fruit Juice ☺ Milk Choices
25 French Toast Sticks with Syrup Fruit Milk Choices	26 Homesyle Sausage Gravy over a Fresh Baked Biscuit ☺ Fruit Milk Choices	27 Homesyle Breakfast Burrito ☺ Fruit Milk Choices	28 <b>NO SCHOOL</b>  Happy Thanksgiving	29 <b>NO SCHOOL</b>

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, age, disability, sex, gender identity, religion, marital, and where applicable, political beliefs, marital status, family or parental status, sexual orientation, or if all or part of an individual's income is derived from any public assistance program, or protection genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or call (800) 295-5272 (voice) or (202) 720-6282 (TDD). USDA is an equal opportunity provider and employer.

Questions or comments - Contact Deb Emmer, Food Service Director at (625) 521-5277 or debem@lunchtimesolutions.com



**DELL RAPIDS ELEMENTARY SCHOOL**



**LUNCH MENU - NOVEMBER 2013**

**Fruit & Veggie Bar & Milk Choices**

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday. Each student is required to have 1/2 cup of fruits or vegetables on their tray.



**November Selection: Honey**

Honey is much more than healthy sugar. Check out the poster in the dining room or go to:

<http://www.lunchtimesolutions.com/31/farmersmarket.pdf>

**Happy Thanksgiving**

From your Lunchtime Solutions staff: Come have a holiday lunch with your child on Wed. Nov. 20th. Cost is \$3.00 for adults. Please let your school know by Fri. Nov. 15th.

**Lunch Meal Prices & Extras**

ES Lunch \$2.40    Extra Milk \$0.45  
Adult Lunch \$3.00

LSI Lunchtime Solutions, Inc.

Mon	Tue	Wed	Thu	Fri
<p><b>Menu Notes:</b> All breads comply with USDA whole-grain rich standards. Homestyle/Scratch Vegetarian Non-Grain Fiber ✓</p>	<p>Applications for Free and Reduced Price meals are available in the school office. Menus suggest to change without notice.</p>	<p><b>New to the Menu!</b> <b>Pizza Wheels - Nov. 25th</b> Try our new open-faced pizza sandwich: Pizza Sauce with ground beef, topped with Pepperoni slices and cheese on a toasted bun!</p>		<p>A. Sloppy Joe B. Pizza C. Turkey &amp; Cheese Sandwich BBQ Beans ✓</p>
<p>A. Cheeseburger B. Homestyle Chicken Skew over Biscuit C. Sub Sandwich Mixed Vegetables ✓</p>	<p>A. Orange Chicken White Grain Rice B. BBQ Rib Sandwich C. Oriental Salad Breadsicles Steamed Broccoli Fortune Cookie ✓</p>	<p>A. Homestyle Taquito Grande B. Grilled Chicken Sandwich C. Sub Sandwich Baked Tater Tots</p>	<p>A. Hot Dog B. Hot Pepperoni Sub C. Fajita Salad Baked Beans Fresh Baked Sugar Cookie ✓</p>	<p>A. Pizza B. Toasted Cheese Sandwich and Tomato Soup C. Combo Sandwich Golden Corn ✓</p>
<p>A. Fajita B. Corn Dog C. Sub Sandwich Refilled Beans ✓</p>	<p>A. Spaghetti with Meat Sauce B. Baked Crispy Chicken Sandwich C. Chef Salad Breadsicles Peas Gelatin Dessert</p>	<p>A. Homestyle Chicken &amp; Noodles (over Mixed Potatoes) B. Breaded Beef Fingers C. Sub Sandwich Mashed Potatoes &amp; Gravy</p>	<p>A. Homestyle Beef Chili B. Baked Chicken Nuggles C. Oriental Salad Breadsicles Green Beans Frosted Cinnamon Roll</p>	<p>A. Beef &amp; Bean Burrito B. Pizza C. Ham &amp; Cheese Sandwich Steamed Carrots ✓</p>
<p>A. Italian Dunkers with Marinara Sauce B. Cheeseburger C. Sub Sandwich Green Beans ✓</p>	<p>A. Hot Dog B. BBQ Rib Sandwich C. Crispy Chicken Salad Breadsicle BBQ Beans Fresh Baked Sugar Cookie</p>	<p><b>Holiday Menu!</b> A. Sliced Turkey Whole Grain Roll B. Baked Chicken Nuggles Whole Grain Roll C. Sub Sandwich Honey Glazed Carrots Mashed Potatoes &amp; Gravy Holiday Pumpkin Bar</p>	<p>A. Soft Shell Tacos B. Hot Ham &amp; Cheese Sandwich C. Taco Salad Golden Corn ✓</p>	<p>A. Pizza B. Teriyaki Chicken Sandwich C. Turkey &amp; Cheese Sandwich Mixed Vegetables ✓</p>
<p><b>NEWS</b> Breakfast for Lunch A. Pancakes and Sausage B. Pizza Wheels C. Sub Sandwich Til-Tater Hashbrown Peas Rice Crispy Treat</p>	<p>A. Golden Macaroni &amp; Cheese B. Baked Chicken Nuggles C. Oriental Salad Breadsicles Peas Rice Crispy Treat</p>	<p>A. Super Nachos B. Sloppy Joe C. Sub Sandwich Black Beans Cinnamon Breadsicle</p>	<p><b>NO SCHOOL</b></p>	<p><b>NO SCHOOL</b></p>

Questions or Comments: Contact Deb Emwert, Food Service Director at (605) 521-8277 or debow@lunchtimesolutions.com

**DELL RAPIDS MIDDLE SCHOOL**



**LUNCH MENU - NOVEMBER 2013**

**Fruit & Veggie Bar & Milk Choices**

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday. Each student is required to have 1/2 cup of fruits or vegetables on their tray.



**November Selection: Honey**

Honey is much more than healthy sugar. Check out the poster in the dining room or go to:

<http://www.lunchtimesolutions.com/31/farmersmarket.pdf>

**Other Entrée Choices Available Daily:**

<b>D. Deli Wrap Entrées</b>	<b>E. Vegetarian Entrées</b>
M Combo Deli Wrap	M-W Vegetarian Salad
T Fajita Chicken Wrap	T-Th Fruit, Yogurt & F
W Turkey Deli Wrap	&F Cheese Plate
Th Ham Deli Wrap	
F Grilled Chicken Wrap	(All E. include breadsticks)

**Lunch Meal Prices & Extras**

MS Lunch \$2.50    Extra Entrée \$1.50  
Adult Lunch \$3.00    Extra Specialty \$1.25  
Extra Milk \$0.45    Pizza

Additional a la carte items are available for purchase.

**Happy Thanksgiving**

From your Lunchtime Solutions staff.

Mon	Tue	Wed	Thu	Fri
<p><b>Menu Notes:</b> All breads comply with USDA whole-grain rich standards. Homestyle/Scratch Vegetarian Non-Grain Fiber ✓</p>	<p>Applications for Free and Reduced Price meals are available in the school office. Menus suggest to change without notice.</p>	<p><b>New to the Menu!</b> <b>Pizza Wheels - Nov. 25th</b> Try our new open-faced pizza sandwich: Pizza Sauce with ground beef, topped with Pepperoni slices and cheese on a toasted bun!</p>		<p>A. Sloppy Joe B. Pizza C. Turkey &amp; Cheese Sandwich BBQ Beans ✓</p>
<p>A. Cheeseburger B. Homestyle Chicken Skew over Biscuit C. Sub Sandwich Mixed Vegetables ✓</p>	<p>A. Orange Chicken White Grain Rice B. BBQ Rib Sandwich C. Oriental Salad Breadsicles Steamed Broccoli Fortune Cookie ✓</p>	<p>A. Homestyle Taquito Grande B. Grilled Chicken Sandwich C. Sub Sandwich Baked Tater Tots</p>	<p>A. Hot Dog B. Hot Pepperoni Sub C. Fajita Salad Baked Beans Fresh Baked Sugar Cookie ✓</p>	<p>A. Pizza B. Toasted Cheese Sandwich and Tomato Soup C. Combo Sandwich Golden Corn ✓</p>
<p>A. Fajita B. Corn Dog C. Sub Sandwich Refilled Beans ✓</p>	<p>A. Spaghetti with Meat Sauce B. Baked Crispy or Spicy Chicken Sandwich C. Chef Salad Breadsicles Peas Gelatin Dessert</p>	<p>A. Homestyle Chicken &amp; Noodles (over Mixed Potatoes) B. Breaded Beef Fingers C. Sub Sandwich Mashed Potatoes &amp; Gravy</p>	<p>A. Homestyle Beef Chili B. Baked Chicken Nuggles C. Oriental Salad Breadsicles Green Beans Frosted Cinnamon Roll</p>	<p>A. Beef &amp; Bean Burrito B. Pizza C. Ham &amp; Cheese Sandwich Steamed Carrots ✓</p>
<p>A. Italian Dunkers with Marinara Sauce B. Cheeseburger C. Sub Sandwich Green Beans ✓</p>	<p>A. Hot Dog B. BBQ Rib Sandwich C. Crispy Chicken Salad Breadsicle BBQ Beans Fresh Baked Sugar Cookie</p>	<p><b>Holiday Menu!</b> A. Sliced Turkey Whole Grain Roll B. Baked Chicken Nuggles Whole Grain Roll C. Sub Sandwich Honey Glazed Carrots Mashed Potatoes &amp; Gravy Holiday Pumpkin Bar</p>	<p>A. Soft Shell Tacos B. Hot Ham &amp; Cheese Sandwich C. Taco Salad Golden Corn ✓</p>	<p>A. Pizza B. Teriyaki Chicken Sandwich C. Turkey &amp; Cheese Sandwich Mixed Vegetables ✓</p>
<p><b>NEWS</b> Breakfast for Lunch A. Pancakes and Sausage B. Pizza Wheels C. Sub Sandwich Til-Tater Hashbrown Peas Rice Crispy Treat</p>	<p>A. Golden Macaroni &amp; Cheese B. Baked Chicken Nuggles C. Oriental Salad Breadsicles Peas Rice Crispy Treat</p>	<p>A. Super Nachos B. Breaded Fish Sandwich C. Sub Sandwich Black Beans Cinnamon Breadsicle</p>	<p><b>NO SCHOOL</b></p>	<p><b>NO SCHOOL</b></p>

Questions or Comments: Contact Deb Emwert, Food Service Director at (605) 521-8277 or debow@lunchtimesolutions.com

LSI Lunchtime Solutions, Inc.



**DELL RAPIDS HIGH SCHOOL**

**Fruit & Veggie Bar & Milk Choices**

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday. Each student is required to have 1 cup of fruits or vegetables on their tray.



**November Selection: Honey**

Honey is much more than healthy sugar. Check out the poster in the dining room or go to:

<http://www.lunchlinesolutions.com/01/11/NovemberSelection.pdf>

**Other Entrée Choices Available Daily:**

- D. Deli Wrap Entrées**
- M Combo Deli Wrap
- T Fajita Chicken Wrap
- W Turkey Deli Wrap
- Th Ham Deli Wrap
- F Grilled Chicken Wrap
- E. Vegetarian Entrées**
- M-W Vegetarian Salad
- T-Th Fruit, Yogurt & Cheese Plate
- F Cheese Plate (All E. choices include breadsticks)

**Lunch Meal Prices & Extras**

HS Lunch	\$2.50	Extra Entrée	\$1.55
Adult Lunch	\$3.00	Extra Specialty	\$1.85
Chef Prepared Meal	\$4.00	Pizza	
		Extra Milk	\$0.45

**Chef Day Southwest Chicken Linguine**  
 Chef Keith sautés chicken with the best of the southwest - Red Peppers, Onions, Garlic, Cilantro and Chili powder - and serves it over tender linguine.  
 The entrée is available for \$4.00 and includes the Fruit and Veggie bar and milk choice. You must have money in your account to choose this entrée.

**my LUNCHTIME CHOICES!**

**Lunch Menu - November 2013**



Mon	Tue	Wed	Thu	Fri
<p><b>Meal Notice:</b> All breads comply with USDA whole-grain rich standards. Homestyle/Scratch Vegetarian Non-Grain Fiber ✓</p> <p>4. A. Cheeseburger B. Homestyle Chicken Slice over Biscuit C. Sub Sandwich</p> <p>Mixed Vegetables ✓</p>	<p>Applications for Free and Reduced Price meals are available in the school office. Menus Subject to change without notice.</p> <p>5. A. Orange Chicken B. Whole Grain Rice C. Oriental Salad Breadssticks</p> <p>Sliced Ham &amp; Cheese Sandwich Sautéed Broccoli Fortune Cookie</p>	<p><b>New to the Menu! Pizza Whopie - NOV. 25th</b> Try our new open-faced pizza sandwich: Pizza Sauce with ground beef, topped with Pepperoni slices and cheese on a loaded bun!</p> <p>6. A. Homestyle Toppings B. Grilled Chicken Sandwich C. Sub Sandwich</p> <p>Baked Tator Tots</p>	<p>7. A. Hot Dog B. Hot Pepperoni Sub C. Fajita Salad</p> <p>Baked Beans Fresh Baked Sugar Cookie</p>	<p><b>QUARRIERS</b></p> <p>1. A. Sloppy Joe B. Pizza Ranch C. Turkey &amp; Cheese Sandwich</p> <p>BBQ Beans ✓</p>
<p>11. A. Fajita B. Corn Dog C. Sub Sandwich</p> <p>Roasted Beans ✓</p>	<p>12. A. Spaghetti with Meat Sauce B. Baked Crispy or Spicy Chicken Sandwich C. Chef Salad Breadssticks Peanut Caramel Dessert</p>	<p>13. A. Homestyle Chicken &amp; Noodles B. Baked Chicken Sandwich C. Sub Sandwich</p> <p>Mashed Potatoes &amp; Gravy</p>	<p>14. A. Homestyle Beef Chili B. Baked Chicken Nuggets C. Oriental Salad Breadssticks</p> <p>Green Beans ✓ Frosted Cinnamon Roll</p>	<p>15. A. Beef &amp; Bean Burrito B. Pizza Ranch C. Ham &amp; Cheese Sandwich</p> <p>Steamed Carrots ✓</p>
<p>18. A. Italian Dinner with Marinara Sauce B. Cheeseburger C. Sub Sandwich</p> <p>Green Beans ✓</p>	<p>19. A. Hot Dog B. BBQ Rib Sandwich C. Copy Chicken Salad Breadsstick</p> <p>BBQ Beans ✓ Sugar Cookie</p>	<p><b>NoEntry Menu!</b></p> <p>20. A. Sliced Turkey Whole Grain Roll B. Baked Chicken Nuggets Whole Grain Roll C. Sub Sandwich</p> <p>Honey Glazed Carrots ✓ Mashed Potatoes &amp; Gravy Holiday Pumpkin Bar</p>	<p>21. A. Soft Shell Tacos B. Hot Ham &amp; Cheese Sandwich C. Taco Salad</p> <p>Golden Corn ✓</p>	<p>22. A. Pizza B. Teriyaki Chicken Sandwich C. Turkey &amp; Cheese Sandwich</p> <p>Mixed Vegetables ✓</p>
<p><b>NEW!</b> Breakfast for Lunch</p> <p>25. A. Pancakes and Sausage B. Pizza Whopie C. Sub Sandwich</p> <p>TH-Tator Hashbrown ✓</p>	<p>26. A. Golden Macaroni &amp; Cheese B. Burrito or BBQ Chicken Wrap C. Oriental Salad Breadssticks Peanut</p>	<p>27. A. Super Nachos B. Baked Broiled Fish &amp; Cheese Sandwich C. Sub Sandwich</p> <p>Black Beans ✓ Cinnamon Breadstick</p>	<p><b>NO SCHOOL</b></p> <p>28. <b>HAPPY THANKS GIVING</b></p>	<p><b>NO SCHOOL</b></p> <p>29.</p>

Questions or Comments: Contact Deb Emmert, Food Service Director at (605) 521-9277 or [debemert@lunchlinesolutions.com](mailto:debemert@lunchlinesolutions.com)



**LUNCH MENUS**



As the Cross Country season finished at the Region Meet in Flandreau, two runners in Lexi Snyder (13th) and Zane Schumaker (18th) continued on to the State Meet in Rapid

**DRHS State Competitors finish seasons strong**

City, S.D., on Sat. Oct. 26. Other varsity competitors on the day were: (girls) Shaylee Hoff (22nd), Meg Dearduff (37th), Alex Roemen (41st), and Kaylee Hennen (42nd); (boys) Trent Knuppe (30th), Caleb Kirschenmann (31st), Brett Mogan (35th), Michah Roemen (44th), and Jason Cook (45th).

At the State Meet, Snyder placed 64th out of 127 in 17:14.0 to finish off her high school career; and Schumaker placed 51st out of 128 in 18:41.0. Congrats to all on a good year!



The 2013 Competitive Cheer team completed their season at the State Competitive Cheer Meet in Rapid City, S.D., on Friday, Oct. 25, 2013. The Cheering Quarriers participated in the Class 'A' Large Stunt/Tumble division where they placed Third with 180.5 points and placed them Fourth in the Grand Championship round. Congratulations on your strong finish for Dell Rapids High School!

# November 2013



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>Nov. 1</b> 8:00 AM FFA-National FFA Convention-Louisville, KY 9:00 AM All State Chorus (SF Arena) (TBA)	<b>Nov. 2</b> 8:00 AM FFA-National FFA Convention-Louisville, KY 9:00 AM All State Chorus (SF Arena) (TBA)
<b>Nov. 3</b>	<b>Nov. 4</b> 6:00 PM Second Round FB Playoffs-Dells vs. Belle Fourche @ home-NO PASSES-\$7 Adult \$5 Student	<b>Nov. 5</b> 4:00 PM HS-Oral Interp @ Lennox 6:00 PM Region 3A Qtr (Top 2 Seeds)	<b>Nov. 6</b>	<b>Nov. 7</b> 8:30 AM Senior Class Officer w/ Josten's Representative @ 8:30AM 6:00 PM Region 3A Semi (Top Seed)	<b>Nov. 8</b> 8:00 AM FFA-Jackrabbit Invitational Leadership Event-Brookings 4:00 PM HS Oral Interp @ SF Washington	<b>Nov. 9</b> 7:00 PM FB Playoffs (Semifinal Round) (TBA)
<b>Nov. 10</b>	<b>Nov. 11</b> 7:00 PM FFA-Chapter Mtg in Ag Classroom 7:00 PM BOE Meeting	<b>Nov. 12</b> 7:00 PM Region 3A Final (Neutral)	<b>Nov. 13</b>	<b>Nov. 14</b> 7:45 AM Seniors place Order with Josten's-7:45AM 7:30 PM State FB Championships @ Vermillion Dakota Dome(Class A)	<b>Nov. 15</b>	<b>Nov. 16</b>
<b>Nov. 17</b>	<b>Nov. 18</b> 9:00 AM HS Oral Interp-Region Contest @ Brookings 4:00 PM HS Quiz Bowl @ Roosevelt 7:00 PM HS Fall Play	<b>Nov. 19</b> 7:00 PM HS Fall Play	<b>Nov. 20</b>	<b>Nov. 21</b> 9:00 AM State VB @ Aberdeen (TBA) 6:30 PM Mandatory Parent-Athlete Meeting (Winter Sports) for HS & MS athletes in the HS Gym	<b>Nov. 22</b> 8:00 AM FCCLA Cluster Meeting-Omaha (Nov 22&23) 9:00 AM State VB @ Aberdeen (TBA)	<b>Nov. 23</b> 9:00 AM State VB @ Aberdeen (TBA)
<b>Nov. 24</b>	<b>Nov. 25</b>	<b>Nov. 26</b> 4:00 PM HS Parent/Teacher Conferences (4-8pm) 4:00 PM HS Quiz Bowl@ West Central	<b>Nov. 27</b> 1:00 PM Early Dismissal (teacher inservice 1-3pm)	<b>Nov. 28</b> 8:00 AM No School (Thanksgiving)	<b>Nov. 29</b> 8:00 AM No School (Thanksgiving)	<b>Nov. 30</b>

**DR QUARRIERS**  
 We promote spirited thinking,  
 responsible citizenship  
 and lifelong learning.

Dell Rapids School District  
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# Dell Rapids Community Haven

A Great Place For YOUth!



## Get your *delicious* PASTRY PUFFINS NOW!

Haven is selling these flaky, melt-in-your-mouth pastries to raise money for program materials. Each box is 24oz & contains 12 individually portioned Puffins (which are from the same great company as Butter Braids, but are **more convenient to make!**) Puffins come in 8 scrumptious flavors; *Cinnamon, Cream Cheese, Blueberry-Cream Cheese, Strawberry-Cream Cheese, Apple, Cherry, Carmel, & Mozzarella* and sell for **\$11 each**. Puffins are perfect for family get-togethers, holiday events, gifts or anytime you want a delicious treat! Puffins come frozen, and need to stay frozen until ready to use. Puffin products are freezer-to-oven ready, so no need to plan ahead to have a great tasting treat! **Place your order by November 8** with any Haven staff, board member, participating family, or by calling 366-8612. Orders will be ready for pick-up on Wednesday, November 20; in plenty of time for the holidays!

Dell Rapids School District 49-3  
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Dell Rapids, SD 57022

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