



# Wise Owl

Dell Rapids Quarriers

Dell Rapids Public Schools Dell Rapids, SD

March 2014

*"We promote spirited thinking, responsible citizenship and lifelong learning."*



MS Principal Fran Ruesink

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## **Attention: Administrative Audiences -**

A monthly report from the DRPSD Administrative offices on school district happenings, updates, and changes.

### **New state test represents next generation of testing**

With the move to new standards in English language arts (ELA) and math, South Dakota also will have a new state assessment. The new assessment will replace the current state test, the Dakota STEP, in the areas of ELA and math. South Dakota will continue to use the Dakota STEP for its science assessment.

Referred to as Smarter Balanced, the new assessment will be administered in the 2014-15 school year. For the 2013-14 school year, South Dakota is one of just several states across the nation that plans to administer the new test to all of its students in grades 3-8 and 11. This first year there will be no individual student or district data reported to parents or schools.

Like the Dakota STEP, the Smarter Balanced assessment will be taken by students in the grades previously noted. Like the Dakota STEP, Smarter Balanced covers the subject areas of English language arts and math. Unlike the Dakota STEP, students will take the test completely online. And, unlike the Dakota STEP, the new test will include more short answer and essay questions, as opposed to just multiple choice questions.

While this new format will challenge our students (and our teachers to prepare them), it offers a more authentic assessment of student learning and of students' ability to apply knowledge. Because it is taken online, the results should be available much more quickly as well.

As we move to this new assessment, there will be a natural inclination to make comparisons regarding how students perform on the new test versus how they performed on the Dakota STEP. My recommendation is that you do not make such comparisons since the tests measure performance on different sets of standards. It would not be an apples-to-apples comparison.

There will be some who choose to make comparisons of performance on the new and old tests. If that occurs, the comparison will likely show that proficiency rates, as a whole, have gone down. This happens any time a new test is introduced, as students work towards full understanding of the concepts being measured by the test.

To get a better understanding of what the new test will look like, I encourage you to view sample test items at [www.smarterbalanced.org](http://www.smarterbalanced.org).

The *Wise Owl* will only be mailed by request. The monthly *Wise Owl* and school cnaendars will be published for viewing online at [www.dr-k12.org](http://www.dr-k12.org). Persons wanting to continue to receive a printed copy by mail must contact Wendy Anstine at 428-5473, Opt. 2, or e-mail Wendy at [Wendy.Anstine@k12.sd.us](mailto:Wendy.Anstine@k12.sd.us) to be included on the new mailing list.

# Thoughts On Common Core

## A column by Gov. Dennis Daugaard:

Even before the legislative session began, South Dakotans were talking about Common Core. Last year, after a few media outlets released some unsettling reports, groups across the state gathered to discuss the new standards and learn more.

I can understand why people may be inclined to be wary of the standards. A general opposition to federal interference in education and a strong belief in local control of our schools have led many to question Common Core. Given the past few decades of federal intrusion into education and the growth of the federal government, an inclination toward suspicion is perfectly reasonable.

But that's not what's happening here.

The Common Core State Standards were not written by the federal government and are not required by the federal government. South Dakota receives no federal funds that were contingent on adopting the Common Core standards. The standards are the product of a state-led effort by governors and chief education leaders to provide a clear and rigorous set of academic standards.

The standards, adopted by South Dakota in 2010, lay out expectations in math and English only. They are broad benchmarks that students should be meeting at each grade level. The standards are not a curriculum and do not require schools to use or study any particular books. All curriculum decisions remain with local schools and teachers.

There have been many bills introduced this legislative session because of concerns with Common Core – and I support some of those efforts. Senate Bill 63, for example, prohibits the state from sharing individual student data with the federal government. I agree that individual student data should remain confidential, and I hope we will all work together this year to protect our students.

I hope you will read the standards for yourself before drawing conclusions on Common Core. You can find the standards at [commoncore.sd.gov](http://commoncore.sd.gov) by clicking on "What are the standards."

We need to have content standards. We need standards that are rigorous. We need our students to learn English and math, and we also need them to learn how to think independently and solve problems in real-world situations. These were the goals of those who wrote, evaluated and adopted the Common Core standards. I support those goals and believe the new standards will bring us closer to achieving them.

## Mark Your Calendar!!

The DRHS Pep Band was selected as "Band of the Day" for the Final Session of the State A Boys Basketball Tournament held in Sioux Falls. The pep band will perform on Saturday, March 22, between games held that day. The band will receive a plaque from the South Dakota Activities Association to commemorate their performance at the State A Boys Basketball Tournament. The plaque will be presented during the telecast of the tournament.

# SCHOOL BOARD

- Tom Morris ..... 428-4884
- Steve Stofferahn..... 428-4897
- Jody Schumaker..... 428-4557
- Troy Randall..... 428-4660
- Matt Weiland ..... 428-3570

## ADMINISTRATION

- Summer Schultz, Superintendent... 428-5473
- Kimberly Kludt, HS Principal.....428-5473
- Francis Ruesink, MS Principal. 428-5473
- Barb Littel, Business Manager.. 428-5473
- Jay Nelson, Elementary Principal..428-5473
- Jeff Krumm, Technology Director ... 428-4909
- Jeff Dvorak/AD..... 428-5473

- #1 District Office, #6 Elementary, #5 MS,
- #2 HS, #7 Bus Barn,
- #8 Lunchtime Solutions.

[www.dr-k12.org](http://www.dr-k12.org)

## MEETINGS

The Board of Education meetings are held on the second Monday of every month, and fourth Monday of every month, except July and December. BOE meetings begin at 7 p.m. and are held in the Distance Learning Room at the High School. Agendas can be obtained from the Superintendent's office on the Friday before any meeting. The Dell Rapids Tribune publishes the minutes of each regular and special meeting. Agendas and minutes are also posted on the school website.

## McKillip selected as January Quarrier



Tia McKillip

This senior has been described by the staff as “A respectful and caring young lady. She is welcoming to everyone and has a positive outlook on life.” This student is also very generous with her time and is always willing to help anyone who asks. The January

Quarrier of the Month is Tia McKillip.

McKillip works very hard on her academics. She has been on the Honor Roll all four years of high school, was inducted into the National Honor Society her junior year and is a current member during her senior year, and was selected as a Girls State Representative her junior year. McKillip has been a member of the Study Buddy Program for the past two years, was in Oral Interp her freshman year and was selected the 2013 Homecoming Queen by the student body. She has held class offices in being the Vice-president her junior year and is the current senior class Secretary/Treasurer.

She is also very active as a cheerleader for Dell Rapids High School. She has been a Wrestling Cheerleader for four years in which she has participated as Captain for the past three years. She was a member of the Competitive Cheer squad the last three years. She was also awarded the ‘Most Improved Cheerleader’ her sophomore year, the ‘Coaches Choice Award’ and the ‘Most Valuable Cheerleader’ her junior year, as well as lettering all four years of her participation in the cheer squads. McKillip also par-

ticipated in volleyball her freshman year.

McKillip is not afraid to try something new and joined the school newspaper staff her senior year where she is a part of the reporting staff. “Tia has a natural talent for writing and makes people very comfortable when she gets information for her stories. I wish she would have joined our staff earlier with her talents but she is a very viable part of it now and we are all the better with her ability and style,” said advisor Kerri Kirschenmann.

Not only does McKillip volunteer her time around the school helping others being a TA and helping work with the young cheerleaders who participate in the Youth Cheerleading Camps, but she volunteers every Sunday at the Avera NICU where she is sharpening her skills for a possible future.

“I feel honored to receive Quarrier of the Month. I have always strived to be a role model at DRHS so it feels great to know the teachers view me as a positive representation of our school,” said McKillip.

McKillip’s future plans include attending a four year college and perhaps majoring in the Pharmacy area. Congratulations on this honor and best of luck in your future. McKillip is the daughter of Tammy McKillip.

## Middle school announces February Students

Dell Rapids Middle School would like to announce and congratulate the Students of the Month for February.

These individuals have demonstrated positive behavior reflective of the Pillars of Character: trustworthiness, responsible, respectful, fair, good citizenship, and are caring individuals.

Thanks to Lunchtime Solutions, Pizza Ranch and the Video Plus, Students of the Month recipients will receive gift certificates for these places!

Congratulations to (Pictured right): 5th Graders Sadie Schmitt and Olivia Downs; 6th Graders Logan Visser and Gabriella Russ; 7th Graders Keegan Miller and Jayda Knuppe; and, Lisa Dawn Rieffer and Regan Stone (\*\*Keegan Miller is not pictured).



**Post Prom**

Thank you to junior and senior parents who have donated their time, money and food to help support the Post Prom Committee concession stands. These events have been successful and will help provide a fun and safe party to follow Prom 2014.

Thank you also to the local businesses and parents who have sent cash and prizes for the students at the post prom party. Without the generous work and donations of the community, this event would not be possible. Thank you.

For the night of Prom, April 12, 2014, the Post Prom Committee has planned an evening full of food, entertainment, prizes and fun. Parents, please encourage all juniors and seniors and their dates to attend. They do not need to attend the Prom in order to participate in the post prom party; however, only those registered for the party will be allowed to attend any of the post prom activities. Students can register for the post prom party in the high school office. An informational parent letter and permission forms can be found on the school's website under News & Bulletins. In order to register, students must pay the \$25 registration fee and turn in the required permission forms. The deadline to register is April 4, 2014.



**School Board News**

One school board position will be up for election on April 8, 2014. The three-year position, with duties to be assumed on July 14, 2014, will be vacant due to the expiration of the present term of Tom Morris. Nominating petitions, along with information on how to circulate a petition, are available in the school district business office at 1216 N. Garfield Avenue. Petitions may be picked up and circulated between January 31st and February 28th, and must be filed with the business manager no later than February 28, 2014 at 5:00 p.m. To vote in this election, residents of the school district must be registered to vote by March 24, 2014.

Serving as a school board member is a challenging job that requires leadership, vision, and dedication. It is one of the most important responsibilities a citizen can undertake. School board members shape the future of the community and society by establishing educational goals that help students reach high levels of achievement. Some of the most important duties of the school board are to advocate on behalf of all students, policy-making, hiring and evaluating the superintendent, planning and goal setting, maintaining fiscal responsibility,

Parents, PLEASE ENCOURAGE YOUR STUDENT TO SIGN UP EARLY! All Dell Rapids High School juniors and seniors who attend the post prom party will have their name entered once to win a grand prize worth more than \$300. If students are signed up before March 14, they will receive 10 extra chances at the drawing. All juniors and seniors attending the post prom party - and their dates - will be eligible to win additional prizes from a long list of generous donors. All students who pay the \$25 registration fee are guaranteed to receive a \$25 gift card.

Parents and guardians will also be needed to assist with the post prom party. The event will be held at DRHS this year. Please contact one of the committee members if you would like to volunteer.

- Janine Brust
- Kim Gullickson
- Cathy Boever
- Jan Siemonsma
- Tania Blanco
- Michelle Knuppe
- Robin Wiebenga
- Tammie Broin

ity, and providing safe, secure school facilities.

To be eligible to serve on a South Dakota school board, one must be at least 18 years old, a resident of the school district, and an eligible voter of the school district.

**Athletic Booster Bullets:**

- \* Booster Club to replace ice machine for our athletes
- \* March 2nd – Wrestling welcome home – 7:00 pm Middle School Commons
- \* March 8 – March Madness 5th and 6th Grade Basketball tournament

**School Bus Drivers Wanted**

- Activity Bus Drivers** - part time...transporting students to and from athletic events - \$11.25/hour
- Substitute Route Bus Drivers** - \$18.60/hour
- Substitute Special Education Bus Drivers** - \$11.25/hour
- After School Haven Bus Driver** - pay scale to be determined

\*\*If interested, applications may be picked up at the Dell Rapids School District Business Office or you may call (605) 428-5473, Opt. 1.

## Ag In Action

The Fundamentals of Ag Mechanics students are analyzing the basic principles of electricity. The students will apply the concepts of electricity when they wire simple switches and outlets on mock walls in the shop. Alternate energy sources will be the next unit following electricity.

The Wildlife and Fisheries students are finishing up identification of large and small mammals. They will now differentiate between the various species of upland game birds, duck, geese, swans and cranes. They will investigate the general description, the habitat, feeding habits and life cycle of the various species.

The Introduction to Agriculture, Food and Natural Resources students have completed their small wood projects and have now returned to the classroom for a unit on international agriculture. The students will analyze commodities produced in other countries, how they are traded and how that affects us as consumers. This unit will be followed by an introduction to animal science exposing them to the various terms and production practices used in raising animals.

The Advanced Ag Mechanics students have been busy constructing their own projects utilizing their skills developed in other shop classes. This class will end with the culmination of the third quarter which is March 14. The 4th quarter class will be Ag Power Technology. This class will consist of students analyzing various engine information in the classroom before going to the shop to work on engines. The classroom instruction will include safety, tools, fasteners, principles of operation, 2 and 4 cycle engines, engine performance, emission controls, carburetion, ignition systems, lubrication systems, cooling systems and preventative maintenance and troubleshooting.

The FFA chapter sponsored a 3-point shot event on February 7th to help raise funds for the Cystic Fibrosis Foundation. The event brought in \$435 with the FFA chapter matching that amount for a total donation of \$870. Three local members attended the FFA Night with the SDSU Jackrabbits on Feb. 15. Those in attendance were Mason Hollaren, Elijah Johnson, Austin Machmiller. On Wednesday, Feb. 19 a training session was held at Mitchell Tech. to prepare students for the FFA events this spring. The two areas that were covered were Ag Mechanics in which Elijah Johnson participated and Milk Quality and Products which had Mason Peter, Tanner Heim and Justin Huss attending. National FFA Week was held February 15 – 22 with a variety of events being held throughout the week. Various parts of the FFA emblem were hidden in the high school for students to find and claim a prize. Muffins were provided for staff members to show appreciation for all that they do to support the agriculture program and the FFA organization. FFA members could drive tractors to school to show their ties to production agriculture. Students could wear camouflage one day and hats another day. The ag students had the ability to participate in agriculture Olympic activities. The games were set up to test their skills in different agriculture areas. Cody Nielsen pounded in 9 nails in 30 seconds to win the nail pounding event. Derek Halvorson used a hand saw to cut off a 2 X 6 board and had the fastest time of :29.00 seconds. Michael Mitchell was able to fasten 10 nuts onto a bolt in 30 seconds which won the event and Austin Kramer was able to milk out 5 ½ cups of water from a mock cow to win the cow milking event. FFA Trivia questions were in the daily announcements for students and staff to answer and win prizes. Beau Carpenter, Reice Tiernan, Elijah Johnson and Courtney Wolles were the winners of the trivia. The

FFA members are ready to start competing in the spring career development events. Those events areas include: Agricultural Business Management; Agricultural Mechanics; Agronomy; Dairy Cattle Evaluation; Floriculture; Food Science and Technology; Horse Evaluation and Selection; Livestock Evaluation; Meats Evaluation and Technology; Milk Quality and Products; Natural Resources; Nursery/Landscape; Range Plant Identification and Vet. Science. The career development events that members can attend are: March 11 at DeSmet; March 19 at Flandreau; March 26 at Lennox; March 28 at Little International in Brookings and March 31 at Tri-Valley. The members will pick a specific event to participate in and compete with other FFA members from the surrounding area. The four members from our chapter who do the best at the various events will then be the team to compete at the State FFA Convention on April 6-8. The skills developed by participating in these events can lead to a challenging and rewarding career.



Ag Olympics involves everyone (Left): Ismael Lucero pounds in nails; (Below): Michael Mitchell saws a board with a hand saw.



(Left): Hannah Fiedler milks water out of a mock cow during game at FFA Week activities.

## The ACT Test Dates For 2014

### Test Date:

April 12, 2014

### Registration Deadlines:

Regular Deadline: March 7, 2014

Late Fee Deadline: March 8-21, 2014

### Test Date:

June 14, 2014

### Registration Deadlines:

Regular Deadline: May 9, 2014

Late Fee Deadline: May 10-23, 2014

### Upcoming 2014-15 Dates:

September 13, 2014

October 25, 2014

December 13, 2014

February 7, 2015

April 18, 2015

June 13, 2015

More information to follow as it is available.

**For any other testing or scholarship information, contact Mrs. Jennifer Ruesink, Guidance Counselor, at 428-5473 - Opt. 2 at the Dell Rapids High School.**

Please contact Guidance Counselor Jennifer Ruesink to provide her with an updated e-mail address for your high school student.

Having this information will allow for quick communication to inform parents of upcoming standardized assessments, scholarship information, financial aid information, and post-high planning guidelines.

You can contact Mrs. Ruesink at [Jennifer.Ruesink@k12.sd.us](mailto:Jennifer.Ruesink@k12.sd.us) or call the high school office at 428-5473, Opt. 1.

## Sixty Music Students heading to Chicago April 24-27

The Chicago trip is fast approaching. We have 60 combined band and chorus students; 8 chaperones and 2 directors heading to Chicago on April 24. We will be returning later in the evening on the 27th. The students will be performing their spring concert on April 24 and leaving that night for the trip. A quick 10 hour motor coach ride and we will be in the windy City of CHICAGO.

The students and parents have worked hard over the years in raising money for this trip. At least 80% of the student's funds come through fundraising efforts with the remaining 20% through payments from the parents. If you have supported a music student by purchasing a fundraising item, supported the Music department during a concession stand or attended our music dinner we want to THANK YOU! For supporting the students in reaching their fundraising goals.

The Chicago trip will be a performance and cultural experience. Both the Chorus and Band are scheduled to perform at the Field Museum. The sites and activities they will experience are Willis Tower, Medieval Dinner Theater, Blue Man Show, Navy Pier, and the Lincoln zoo. They will also be taking a walking tour through Millennium Park and checking the sites of Lake Michigan.

We have sent home informational packets with each of the students. If you did not get one please contact Shelly Nelsen. This packet contains important information and forms that need to be completed and returned to us in order for your child to go on the trip.

All payments for the trip and t-shirts must be paid in full by April 1, 2014. We have a financial obligation to pay the travel company our last payment.

Please contact the trip committee chair Shelly Nelsen 360-4472 with any questions or concerns.

## Kindergarten Registration and Screening

Dell Rapids Elementary School will conduct Kindergarten Registration and Screening on Thursday, March 27 and Friday, March 28, 2014. You may go to the Dell Rapids School homepage (<http://dr-k12.org/>) and look for the KIndergarten Registration link to sign up for a screening time.

Children who are 5 years of age on or before September 1, 2014 are eligible for kindergarten. Dell Rapids Elementary School offers Kindergarten and K-Prep programming.

If you have any questions, please call the Elementary School office at 428-5473, Ext. 6, or direct emails to [jody.stone@k12.sd.us](mailto:jody.stone@k12.sd.us).

## FCCLA Week

National FCCLA Week was celebrated during the week of February 9-15. This year's theme was "Exceeding Expectations." The local Dell Rapids FCCLA (Family, Career and Community Leaders of America) Chapter planned and carried out several activities and projects during the week.

On Sunday, bouquets of flowers were given to the seven local churches, the Dells Area Rehab Center and Orchard Hills. Tray favors were made and delivered to residents of the nursing home and assisted living, participants of the Meals on Wheels, and local hospital patients. FCCLA emblems were hidden in the middle school and high school areas and students who found them won a prize. One day was set aside for staff appreciation day

where staff members received a small gift and a note of appreciation for what they do for us during the year.

For the state and national project "Share Our Strength," three baskets were assembled and raffle tickets were sold. Winners were announced at the home basketball game on Thursday night. Several local businesses and individuals gave generous donations for the baskets. Proceeds from this project were donated to the Dell Rapids food pantry.

FCCLA: The Ultimate Leadership Experience is unique among youth organizations because its programs are planned and run by members. It is the only career and technical in-school student organization with the family as its central focus. Participation in national programs and chapter activities helps members become strong leaders in their families, careers, and communities.

## District III FCCLA Meeting

The District III FCCLA Meeting was held on Wednesday, January 29, at the Reformed Church in Dell Rapids. Seven chapters were in attendance for the meeting. The theme for the meeting was "Unleash Your Superpowers with FCCLA!"

The day opened with the first general session. Here is where candidates for district officer presented their speeches. Stephanie Dennis ran for office and was installed as secretary for the 2014-15 year during the closing session in the afternoon.

Several members from the Dell Rapids chapter prepared and presented Illustrated Talks. Those receiving a Gold rating were Brandi Miller, Mathe Bandiaky, and Grace Tisher. They will advance to state competition in April. Those receiving a Silver rating included Katie Jaycox, Tim Jaycox, Madi Peters, Maria Jackson, Hunter Garry, and Gabe Skonseng. Several other members attended and helped with serving concessions or serving as doorkeeper, timekeeper, or voting delegate.

(Right): Illustrated Talk participants were (front row-from left): Mathe Bandiaky, Tim Jaycox, Katie Jaycox, Gabe Skonseng, and Madi Peters; (back row-from left): Brandi Miller, Grace Tisher, Hunter Garry, and Maria Jackson.



(Second from left): Stephanie Dennis being installed the Secretary for the 2014-15 organization year. Congratulations Stephanie on your office.



## South Dakota ACTE Programs

In the 2012-13 school year, there were 563 approved CTE (Career and Technical Education) programs, several at Dell Rapids High School, encompassing all 16 career clusters in the state of South Dakota. These programs provide students with: academic subject matter taught with relevance to the real world; employability skills from job-related skills to workplace ethics; career pathways that link secondary and post-secondary

education; and, education for additional training and degrees, especially related to workplace training, skills upgrades, and career advancements.

These courses must address and meet state standards as outlined by the Department of Education, the instructor must be CTE certified and an active local advisory board must meet to review curriculum, equipment and CTSO opportunities.

All CTE data supports a higher graduation rate than the overall state rate, and since 2008, over 75 percent of CTE graduates planned to further their education and skills by attending a post-secondary institution. Congratulations to DRHS FACS director Bev Rieck who serves as the SD ACTE President for providing this opportunity to our kids.

## Foreign exchange student at DRHS



Mathe Bandiaky

Entering the second semester of the 2013-2014 school year a new foreign exchange student, Mathe Bandiaky, has started classes at Dell Rapids.

Bandiaky is from Senegal, Africa, and lives in a big town called Ziguinchor. She has three sisters and one brother all brought up by her mom and dad. For fun she enjoys hanging and talking with her friends and playing the game of soccer, she also likes to dance. At home she helps around the house doing dishes, cleaning and laundry.

For her, this weather is a drastic change, it is much warmer where she comes from and it took her time to get used to the coldness. "If it were this cold back home, people would not walk the streets

or even be outside," Bandiaky said.

Bandiaky actually began her journey in America in Sioux Falls, S.D., and attended Washington High School for the first semester. At semester she changed families and moved in with senior Brandi Mitchell's family near Renner, S.D. She really likes her new family and is happy she is able to stay with them.

At Dell Rapids High School she is currently taking U.S. Government with Jeff Welbig; Study Hall, and Speech class with Jeff Dvorak; and Art class with Rick Mott. Her favorite class is art because she really likes the teacher; he is nice and makes her feel welcome.

We warmly welcome Bandiaky and hope she enjoys her stay.

## Oral presenters take on 'Poetry Out Loud'



(From left): Bryana Schull and Taiven Logan

South Dakota has had very good results in the national 'Poetry Out Loud' contest in Washington, D.C. In the last nine years, Dell Rapids High School has had seven students become final-

ists; six were awarded \$1000 each and one placed Second and was awarded \$10,000. This year DRHS had two capable students try out in Taiven Logan and Bryana Schull.

"I think Poetry Out Loud will put an interesting twist on what we already do in oral interp. There is a poetry category, but what's different about POL is that when evaluating, judges put much more emphasis on the memory and staying true to the author's words and intent. It's a different focus than the one we use during oral interp which is basically a performer's interpretation of the work. I don't know that one is better than the other, I just like that we recognize there's a difference." I'm looking forward to getting more and more students interested in POL. There are a lot of opportunities, especially in scholarship," said Sharon Mitchell.

The national contest is run by the National Endowment for the Arts through all states art agencies. To participate in the contest, students must prepare two memorized poems for the school contest selected from the PoetryOutLoud.org website. The winner of

the school contest needs to record their poems on a DVD and send to the state. Judges then evaluate the DVD's and the student with the highest cumulative score moves on to state.

This year Logan recited "Across the Bay" by Donald Davie and "Ode" by Arthur O'Shaughnessy; Schull recited "Stopping by Woods on a Snowy Evening" by Robert Frost and "The Arrow and the Song" by Henry Wadsworth Longfellow.

"Poetry Out Loud' was a great experience. I loved being a part of it. It was hard trying to find a poem at first and then I found out that the trick isn't to just to find some poems and memorize them, you have to find poems you instantly connect with. When you have a few, then you start to analyze them to find out who is speaking and to whom they are speaking," said Logan. "You make it seem like you are not reciting poetry, but talking to someone."

This year's selected Dell Rapids High School representative is Taiven Logan. The state competition will be in Sioux Falls on March 17, 2014.

## Outstanding Actor Awards presented



(From left): Seniors Alec Riswold, Taiven Logan and Michael Mitchell

Congratulations to Alec Riswold, Taiven Logan and Michael Mitchell on receiving 'Outstanding Actor' awards for their performances in the One Act Play held on Jan. 30, 2014.

Riswold and Logan have won this honor in the past and this is Mitchell's first award.

Thank you seniors for all you have done for the Fine Arts Department all these years.

### Dell Rapids students enjoy military music



The SGT. Rock Band kept the students spirits up with up with high energy music, songs, and crowd participation the day before Spring Break.

On Wednesday, Feb. 12, 2014, Dell Rapids high school and middle school students received some special visitors. The 147th Army Band, SGT ROCK, performed some of today's pop music, as well as some classic rock hits in an assembly. They are also a part of the regular Army and informed everyone of what they do for their unit and civilians daily.

Using their fun-filled and exciting music to entertain units of soldiers, SGT ROCK keeps up the spirits of the military. Playing at different Forts, all around the country, SGT ROCK has become a popular music ensemble. They also

play at tons of other events, like Hot Harley Nights, Mount Rushmore, the South Dakota Governor's Inaugural Ball, and even some international audiences.

The horn line, keyboard player, drums, bass, and lead singers completely amazed the crowd. Their songs got everyone clapping and singing along. During the performance, they handed out care packages and t-shirts, making the students even more excited. They did a good job of entertaining everyone and nobody wanted to see them go. "The assembly was really fun, SGT ROCK really enjoyed what he was doing and made it exciting for everyone. We all enjoyed listening to them," said senior Alec Riswold.

What got the crowd going was that the band was not only good at what they were singing, but they played songs that were attention-getting because they were from the student's generation. They performed songs like, "Treasure" by Bruno Mars, "Counting Stars" by One Republic, and others that are well-known among the student body and young teenagers all around.

It almost felt like a real concert, the singers and musicians really got into the whole show, trying to interact with the students.

Many students said it was one of the best assemblies this year.

### USF singers perform at high school

On Wednesday, Jan. 30, 2014, a small group of University of Sioux Falls singers came to Dell Rapids High School after calling choir director Ginny Ziebarth to see if they could perform for the high school choir.

The USF choir enjoys going around to surrounding schools in what they refer to as a "mini-tour." DRHS was more than happy to have them here to observe their talents and to even get an inside look into what being part of a college choir could be like.

The singers performed four songs for the choir as an a capella, where no accompaniments are used, and the singers make every instrumental noise using their voices. This takes incredible skill to not only sing, but to make the sounds of an actual instrument. "The students were a high-energy group who were very fun to watch," said Ziebarth.

The USF choir and the DRHS choir also performed "Some Nights" by FUN together. Ziebarth had a chance to put the USF conductor, Dr. David DeHoogh-Kliwer, on the spot by having him perform a solo for everyone. The director performed the song, "Give a Man a Horse He Can Ride" by James Thomson and everyone who heard this said he had an incredible voice without having any practice with the song.

"The group was very refreshing to watch along with being a friendly and talented bunch who seemed to really be enjoying what they were doing," said Ziebarth.

The high school choir really enjoyed this company and would be glad to have them back anytime to sing.

### Region music competition held at Augustana

On Monday, Feb. 3, members of the high school band attended the SD Region II Instrumental and Ensemble contest at Augustana College. (trumpet), Melanie Wilke (trumpet), Mikaela Stofferahn (French Horn), Brett Mogan (trombone) and Taiven Logan (tuba) played "The Liberty Bell March"

Erica Opland received by John Phillip Sousa and a perfect score and Superior rating for her flute with 27 out of 30 points. The final trio on the day on themes from Bizet's in Damm, Wilke, and Stof-Carmen". "The contest ferahn performed Trumper's Lullaby" and received a 31 top Superior rating. "There were few rough patches, but I'm pleased with how the piece turned out," said Smith.

The Brass Quartet consisting of Jayme Damm turned out," said Smith.



## Senior Rinehiller gains mat win 100



Brock Rinehiller takes down a competitor earlier in the season and continued his success to earn 100 wins as a senior

With wrestling season coming to an end, one Dell Rapids High School senior wrestler received his 100th win on Feb. 15, in Dakota Valley.

Brock Rinehiller has been hooked

on wrestling ever since he was in Kindergarten when he started in the Pee Wee wrestling league.

"I chose wrestling because it was something different that not everyone did, and I liked that," said Rinehiller.

Rinehiller wrestled for Chester until his freshman year, then became a part of the DRHS team through a coop wrestling effort and transferred his senior year to Dell Rapids to continue his success under Head Coach Craig Jorgensen.

"Brock has put many hours into the sport of wrestling and has accomplished something that is not easy to do; 100 wins means you have made the long haul and have been successful. Brock is a leader of our team and wrestlers look up to him," said Jorgensen.

Even though receiving 100 wins is a huge accomplishment, Rinehiller believes he can do better, and that there is more than 100 to win. Now that he has accomplished 100 wins, Rinehiller's next goal was to qualify for state to make his senior year a very memorable one, and he did.

Congratulations Brock and all the other wrestlers at your state competition on Feb. 28-March 1, 2014 in Rapid City.

## Power Lifters set the bar high



DRHS Power Lifters show the successful and fun day they had as a team at the SF O'Gorman meet.

The Dell Rapids Powerlifting Team traveled to O'Gorman on Saturday, Feb. 1, 2014.

Placing on the day for the girls in a split category division were: Courtney Wolles (2nd), Taiven Logan (4th), and Jill Nelsen with a tie and a Co-Record for Deadlift with 335 lbs. Successful for the boys were: Jonathan DeNoon (132) placing 3rd, Matthew DeNoon (132) placing 2nd, and Ty Hennen (220) placing 2nd. The overall effort of the team allowed them to place Third on the day.

"The meet went very well with many lifters hitting personal records and even meet records. I believe we have a solid team this year and hopefully Dells can have a good showing at the Madison meet in a month." said coach Alex Hanson

The next meet for the team will be the State Meet the first weekend of March at Madsion, S.D.

## Congratulations Habeger and Nielsen



Jacob Habeger and Cody Nielsen both signed letters of intent to play football at the collegiate level.

Both boys were part of Quarrer football all four years of high school.

Habeger will be playing for Dakota State University in Madison, and Nielsen will be playing for South Dakota School of Mines and Technology in Rapid City.

# SPORTS

# Dell Rapids Community Haven

## A Great Place For YOUth!

### JOIN IN THE SUMMER FUN!

We have an exciting summer planned with lots of activities to keep your school-age child busy during those long summer months. Haven's Summer Programs will be held at the Old Elementary School.

**Registration forms will be available at the beginning of April to enroll in Summer Haven or in the Summer Recreation program.**

As always, enrollment will be on a first-come, first-serve basis.

The 2014 Summer Tuition fees are based on Full Day & Half Day Rates:

FULL DAY	HALF DAY (6hrs or less)
\$20	\$12

There is a \$15 Registration fee per child (\$20 after April 30).

Reduced rates are available for those who qualify for free or reduced lunch through the Schools.

Give us a call for more information at 366-8612  
We look forward to another year of FUN IN THE SUN!

**Attention parents:** Haven is available for drop in sessions (\$5.00 per session) as long as you call ahead and are pre-registered. Plan for those unexpected events and enroll your child in Haven today! CALL US AT 366-8612

### **HAVEN'S INCLEMENT WEATHER POLICIES...UPDATED**

**Please be aware of the recent changes made to our inclement weather policies. Haven will be open normal hours of operation on "late start" and "early dismissal" days.**

\*\*\*If the Dell Rapids School District announces a LATE START, the Haven **Before School Program** **WILL OPEN at 6:45 a.m.** and run until the announced school start time. A cold breakfast will be served through the school for \$1.30. The fee for a late start day will be 2 sessions.

\*\*\*If the Dell Rapids School District announces EARLY DISMISSAL, due to inclement weather, the **After School Program** **WILL BE OPEN UNTIL 6:00 p.m.** The after school fee for early release days will be determined based on the number of hours of operation (typically 2 sessions).

\*\*\*If the Dell Rapids School District announces NO SCHOOL for the day, there will **NOT** be Haven programming. In the event that a late start day turns into a snow day, Haven staff will notify parents and arrangements will need to be made for students to be picked-up from the elementary school as soon as possible. Please have a back-up plan ready!

The Dell Rapids Community Haven exists because no child should have to be home alone.

We are a non-profit organization dedicated to providing a safe, supervised, and positive environment for students in grades K-7.

#### PROGRAMS OFFERED

Before School: 6:45-8:15 a.m.

After School: 3:15-6:00 p.m.

Summer: 6:45 a.m.-6:00 p.m.

Summer Recreation

#### WHAT DO WE DO?

- \*Arts & Craft Projects
- \*Sports & Physical Activities
- \*Board & Card Games
- \*Field Trips \*Food Fun
- \*Indoor & Outdoor Games
- \*Multicultural Activities
- \*Special Events \*Visitors
- \*Community Service Projects
  - \*Homework Help
  - \*Much, much more!



**PLEASE JOIN US FOR A  
COMMUNITY NIGHT  
FUNDRAISER AT THE  
PIZZA RANCH  
MONDAY, MARCH 31<sup>st</sup>  
5-8pm!**

Haven will receive 10% of all buffet & dine-in sales on this evening. Get out of cooking & join us in support of Haven's Before/After School & Summer Programs!

# Breakfast MENUS

## DELL RAPIDS ELEMENTARY SCHOOL

### Breakfast Choices

Available every day, breakfast includes:

- Breakfast entrée or Choice of cereals with toast
- Fruit
- Milk choices



**Fruit Available Every Day**

### Milk and Exercise

Milk's powerful nutrients can recharge your body after a workout. Milk has carbohydrates to help refuel the body; protein to help reduce muscle breakdown and stimulate growth; and fluid and electrolytes to aid in rehydration. Drinking milk after resistance training has been shown to increase your body's ability to make new muscle. All the more reason to drink milk!



### Breakfast Meal Prices & Extras

Elementary School Breakfast	\$1.30
Adult Breakfast	\$1.65
Extra Milk	\$ .45

Breakfast is served every day from 8:00 to 8:25 am

Menus are subject to change without notice.



## BREAKFAST MENU - MARCH 2014

Mon	Tues	Wed	Thurs	Fri
3 Cinnamon Tastry Fruit Milk Choices	4 Breakfast Biscuit Sandwich made with a Fresh Baked Biscuit ☺ Fruit Milk Choices	5 Pancakes with Syrup Fruit Milk Choices	6 Breakfast Pizza Fruit Milk Choices	7 Fresh Baked Cinnamon Roll ☺ 100% Fruit Juice Milk Choices
10 Pancake Sausage Stick Fruit Milk Choices	11 Homestyle Sausage Gravy over a Fresh Baked Biscuit ☺ Fruit Milk Choices	12 Homestyle Granola Bar ☺ Fruit Milk Choices	13 Breakfast Pizza Fruit Milk Choices	14 Fresh Baked Cinnamon Roll ☺ 100% Fruit Juice Milk Choices
17 <b>NO SCHOOL</b>	18 Breakfast Biscuit Sandwich made with a Fresh Baked Biscuit ☺ Fruit Milk Choices	19 Homestyle Breakfast Burrito ☺ Fruit Milk Choices	20 Waffles with Syrup Fruit Milk Choices	21 Fresh Baked Cinnamon Roll ☺ 100% Fruit Juice Milk Choices
24 Cinnamon Tastry Fruit Milk Choices	25 Homestyle Sausage Gravy over a Fresh Baked Biscuit ☺ Fruit Milk Choices	26 Fresh Baked Fruit Muffin ☺ Square Fruit Milk Choices	27 Breakfast Pizza Fruit Milk Choices	28 Fresh Baked Cinnamon Roll ☺ 100% Fruit Juice Milk Choices
31 Breakfast Pizza Fruit Milk Choices			If there is a late start due to weather, break- fast will not be served.	<b>Entrée Notes:</b> ☺ Homestyle/Scratch ALL entrées comply with USDA Whole Grain Rich standards.

Questions, Comments - Contact Deb Emmert, Food Service Director at (605) 521-8277 or deborah@lunchtimesolutions.com

Applications for Free and Reduced price meal are available in all building offices  
The USDA is an equal opportunity provider and employer.



## DELL RAPIDS MIDDLE/HIGH SCHOOL

### Breakfast Choices

Available every day, breakfast includes:

- Breakfast entrée listed on menu or Choice of cereals with toast or Mon. Biscuit with Sausage Gravy
- Tues. Breakfast Pizza
- Wed. Breakfast Sandwich
- Thurs. Biscuit with Sausage Gravy
- Fruit
- Milk choices



**Fruit or Juice Available Every Day**

Start your day off right

### Milk and Exercise

Milk's powerful nutrients can recharge your body after a workout. Milk has carbohydrates to help refuel the body; protein to help reduce muscle breakdown and stimulate growth; and fluid and electrolytes to aid in rehydration. Drinking milk after resistance training has been shown to increase your body's ability to make new muscle. All the more reason to drink milk!



### Breakfast Meal Prices & Extras

MS/HS Student Breakfast	\$1.30
Adult Breakfast	\$1.65
Extra Milk	\$ .45

Breakfast is served every day from 7:50 to 8:25 am

Menus are subject to change without notice.



## BREAKFAST MENU - MARCH 2014

Mon	Tues	Wed	Thurs	Fri
3 Cinnamon Tastry Fruit Milk Choices	4 Breakfast Biscuit Sandwich made with a Fresh Baked Biscuit ☺ Fruit Milk Choices	5 Pancakes with Syrup Fruit Milk Choices	6 Breakfast Pizza Fruit Milk Choices	7 Fresh Baked Cinnamon Roll ☺ 100% Fruit Juice Milk Choices
10 Pancake Sausage Stick Fruit Milk Choices	11 Homestyle Sausage Gravy over a Fresh Baked Biscuit ☺ Fruit Milk Choices	12 Homestyle Granola Bar ☺ Fruit Milk Choices	13 Breakfast Pizza Fruit Milk Choices	14 Fresh Baked Cinnamon Roll ☺ 100% Fruit Juice Milk Choices
17 <b>NO SCHOOL</b>	18 Breakfast Biscuit Sandwich made with a Fresh Baked Biscuit ☺ Fruit Milk Choices	19 Homestyle Breakfast Burrito ☺ Fruit Milk Choices	20 Waffles with Syrup Fruit Milk Choices	21 Fresh Baked Cinnamon Roll ☺ 100% Fruit Juice Milk Choices
24 Cinnamon Tastry Fruit Milk Choices	25 Homestyle Sausage Gravy over a Fresh Baked Biscuit ☺ Fruit Milk Choices	26 Fresh Baked Fruit Muffin ☺ Square Fruit Milk Choices	27 Breakfast Pizza Fruit Milk Choices	28 Fresh Baked Cinnamon Roll ☺ 100% Fruit Juice Milk Choices
31 Breakfast Pizza Fruit Milk Choices			If there is a late start due to weather, break- fast will not be served.	<b>Entrée Notes:</b> ☺ Homestyle/Scratch ALL entrées comply with USDA Whole Grain Rich standards.

Questions, Comments - Contact Deb Emmert, Food Service Director at (605) 521-8277 or deborah@lunchtimesolutions.com

Applications for Free and Reduced price meal are available in all building offices  
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DELL RAPIDS ELEMENTARY SCHOOL



LUNCH MENU - MARCH 2014

Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Each student is required to have 1/2 cup of fruits or vegetables on their tray.



March Selection: Garbanzo Beans/Chick Peas

Garbanzo beans are packed with fiber and protein! Learn more on the poster in the dining area or at: <http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Nutritional Building Blocks  
Fiber is Important!

One of the goals of the new Healthy Kids Act is to increase the amount of fiber in kids' diets. Fiber is the part of a plant your body can't absorb. *Insoluble fiber* (from wheat, vegetables, nuts, etc.) helps move materials through the digestive system keeping it healthy. *Soluble fiber* (from oats, beans, and some fruits) helps lower cholesterol and slows the absorption of sugar into the blood. So fiber is important in fighting both heart disease and diabetes. It is also a key component in weight loss, making you feel fuller with fewer calories.

Lunch Meal Prices & Extras

ES Lunch	\$2.40	Extra Milk	\$0.45
Adult Lunch	\$3.00		



The USDA is an equal opportunity provider and employer.

Mon	Tue	Wed	Thu	Fri
3 A. Cheeseburger B. Homestyle Chicken Stew over Biscuit C. Sub Sandwich Mixed Vegetables ✓	4 A. Orange Chicken B. Whole Grain Rice C. BBQ Rib Sandwich D. Oriental Salad Breadsticks Steamed Carrots ✓ Fortune Cookie ✓	5 A. Homestyle Taquito B. Hot Dog C. Fajita Salad NEW!! Roasted Garbanzo Beans on the F&V Bar ✓ Fresh Baked Sugar Cookie ✓	6 A. Italian Dunkers with Marinara Sauce B. Grilled Chicken Sandwich C. Sub Sandwich Baked Tator Tots ✓	7 A. Pizza B. Toasted Cheese Sandwich with Tomato Soup C. Combo Sandwich Golden Corn ✓
10 A. Fajita B. Corn Dog C. Sub Sandwich Refried Beans ✓	11 A. Homestyle Beef Chili B. Baked Chicken Nuggets C. Oriental Salad Breadsticks Green Beans ✓ Frosted Cinnamon Roll ✓	12 A. Homestyle Chicken & Noodles (over Mashed Potatoes) B. Breaded Beef Fingers C. Sub Sandwich Mashed Potatoes & Gravy ✓	13 A. Spaghetti with Meat Sauce B. Baked Crispy Chicken Sandwich C. Chef Salad Breadsticks Peas ✓ Gelatin Dessert ✓	14 A. Beef & Bean Burrito ✓ B. Pizza ✓ C. Ham & Cheese Sandwich Steamed Carrots ✓
NO SCHOOL	17 A. Hot Pepperoni Subs B. Cheeseburgers C. Subs Green Beans ✓	18 A. Breaded Pork Patty B. Baked Chicken Nuggets C. Sub Sandwich Mashed Potatoes & Gravy ✓	20 A. Homestyle BBQ Pork Sandwich B. Hot Dog C. Crispy Chicken Salad Breadstick BBQ Beans ✓ Fresh Baked Sugar Cookie ✓	21 A. Pizza B. Egg Saad Sub C. Turkey & Cheese Sandwich Mixed Vegetables ✓
24 Breakfast for Lunch A. Pancakes and Sausage B. Sloppy Joe C. Sub Sandwich Tri-Tator Hashbrown	25 A. Golden Macaroni & Cheese B. Baked Chicken Nuggets C. Oriental Salad Breadsticks Peas ✓ Rice Crispy Treat ✓	26 A. Soft Shell Tacos B. Baked Crispy Chicken Sandwich C. Sub Sandwich Black Beans ✓	27 NEW!! A. Cowboy Beans over a Fresh Baked Biscuit B. Mini Corn Dogs C. Chef Salad Breadsticks Green Beans ✓ Fresh Baked Ranger ✓	28 A. BBQ Rib Sandwich B. Pizza C. Combo Sandwich Golden Corn ✓
31 A. Cheeseburger B. Scalloped Potatoes with Ham C. Sub Sandwich Green Beans ✓		NEW to the Menu! Cowboy Beans - Ground beef with garbanzo beans and 3 others in a tangy barbeque based sauce! Served with a fresh baked biscuit. A new taste you are sure to love!	Applications for Free and Reduced Price meals are available in the school office. Menus Subject to change without notice.	Menu Notes: All breads comply with USDA whole-grain rich standards. Homestyle/Scratch Vegetarian Non-Grain Fiber

Questions or Comments: Contact Deb Emmert, Food Service Director at (605) 521-8277 or [deborah@lunchtimesolutions.com](mailto:deborah@lunchtimesolutions.com)

DELL RAPIDS MIDDLE SCHOOL



LUNCH MENU - MARCH 2014

Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday. Each student is required to have 1/2 cup of fruits or vegetables on their tray.



March Selection: Garbanzo Beans/Chick Peas

Garbanzo beans are packed with fiber and protein! Learn more on the poster in the dining area or at: <http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Other Entrée Choices Available Daily:

D. Deli Wrap Entrées	E. Vegetarian Entrées
M Combo Deli Wrap	M-W Vegetarian Salad
T Fajita Chicken Wrap	T-Th Fruit, Yogurt & F Cheese Plate
W Turkey Deli Wrap	
Th Ham Deli Wrap	
F Grilled Chicken Wrap	(All E. include breadsticks)

Lunch Meal Prices & Extras

MS Lunch	\$2.50	Extra Entrée	\$1.55
Adult Lunch	\$3.00	Extra Specialty	\$1.85
Extra Milk	\$0.45	Pizza	

Additional a la carte items are available for purchase.

Nutritional Building Blocks  
Fiber is Important!

One of the goals of the new Healthy Kids Act is to increase the amount of fiber in kids' diets. Fiber is the part of a plant your body can't absorb. *Insoluble fiber* (from wheat, vegetables, nuts, etc.) helps move materials through the digestive system keeping it healthy. *Soluble fiber* (from oats, beans, and some fruits) helps lower cholesterol and slows the absorption of sugar into the blood. So fiber is important in fighting both heart disease and diabetes. It is also a key component in weight loss, making you feel fuller with fewer calories.

Mon	Tue	Wed	Thu	Fri
3 A. Cheeseburger B. Homestyle Chicken Stew over Biscuit C. Sub Sandwich Mixed Vegetables ✓	4 A. Orange Chicken B. Whole Grain Rice C. BBQ Rib Sandwich D. Oriental Salad Breadsticks Steamed Carrots ✓ Fortune Cookie ✓	5 A. Homestyle Taquito B. Hot Dog C. Fajita Salad NEW!! Roasted Garbanzo Beans on the F&V Bar ✓ Fresh Baked Sugar Cookie ✓	6 A. Italian Dunkers with Marinara Sauce B. Grilled Chicken Sandwich C. Sub Sandwich Baked Tator Tots ✓	7 A. Pizza Ranch B. Toasted Cheese Sandwich with Tomato Soup C. Combo Sandwich Golden Corn ✓
10 A. Fajita B. Corn Dog C. Sub Sandwich Refried Beans ✓	11 A. Homestyle Beef Chili B. Baked Chicken Nuggets C. Oriental Salad Breadsticks Green Beans ✓ Frosted Cinnamon Roll ✓	12 A. Homestyle Chicken & Noodles (over Mashed Potatoes) B. Breaded Beef Fingers C. Sub Sandwich Mashed Potatoes & Gravy ✓	13 A. Spaghetti with Meat Sauce B. Baked Crispy or Spicy Chicken Sandwich C. Chef Salad Breadsticks Peas ✓ Gelatin Dessert ✓	14 A. Beef & Bean Burrito ✓ B. Pizza ✓ C. Ham & Cheese Sandwich Steamed Carrots ✓
NO SCHOOL	17 A. Hot Pepperoni Subs B. Cheeseburgers C. Subs Green Beans ✓	18 A. Breaded Pork Patty B. Baked Chicken Nuggets C. Sub Sandwich Mashed Potatoes & Gravy ✓	20 A. Homestyle BBQ Pork Sandwich B. Hot Dog C. Crispy Chicken Salad Breadstick BBQ Beans ✓ Fresh Baked Sugar Cookie ✓	21 A. Pizza Ranch B. Baked Breaded Fish Sandwich C. Turkey & Cheese Sandwich Mixed Vegetables ✓
24 Breakfast for Lunch A. Pancakes and Sausage B. Sloppy Joe C. Sub Sandwich Tri-Tator Hashbrown	25 A. Golden Macaroni & Cheese B. Baked Chicken Nuggets C. Oriental Salad Breadsticks Peas ✓ Rice Crispy Treat ✓	26 A. Soft Shell Tacos B. Baked Crispy or Spicy Chicken Sandwich C. Sub Sandwich Black Beans ✓	27 NEW!! A. Cowboy Beans over a Fresh Baked Biscuit B. Mini Corn Dogs C. Chef Salad Breadsticks Green Beans ✓ Fresh Baked Ranger ✓	28 A. BBQ Rib Sandwich B. Pizza C. Combo Sandwich Golden Corn ✓
31 A. Cheeseburger B. Scalloped Potatoes with Ham C. Sub Sandwich Green Beans ✓		NEW to the Menu! Cowboy Beans - Ground beef with garbanzo beans and 3 others in a tangy barbeque based sauce! Served with a fresh baked biscuit. A new taste you are sure to love!	Applications for Free and Reduced Price meals are available in the school office. Menus Subject to change without notice.	Menu Notes: All breads comply with USDA whole-grain rich standards. Homestyle/Scratch Vegetarian Non-Grain Fiber

Questions or Comments: Contact Deb Emmert, Food Service Director at (605) 521-8277 or [deborah@lunchtimesolutions.com](mailto:deborah@lunchtimesolutions.com)



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# LUNCH MENUS

## DELL RAPIDS HIGH SCHOOL



## LUNCH MENU - MARCH 2014



### Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday. Each student is required to have 1 cup of fruits or vegetables on their tray.



### March Selection: Garbanzo Beans/Chick Peas

Garbanzo beans are packed with fiber and protein! Learn more on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

### Other Entrée Choices Available Daily:

#### D. Deli Wrap Entrées

- M Combo Deli Wrap
- T Fajita Chicken Wrap
- W Turkey Deli Wrap
- Th Ham Deli Wrap
- F Grilled Chicken Wrap

#### E. Vegetarian Entrées

- M-W Vegetarian Salad
- T-Th Fruit, Yogurt & Cheese Plate
- & F Cheese Plate (All E. choices include breadsticks)

### Lunch Meal Prices & Extras

HS Lunch	\$2.50	Extra Entrée	\$1.55
Adult Lunch	\$3.00	Extra Specialty	\$1.85
Chef Prepared Meal	\$4.00	Pizza	
		Extra Milk	\$0.45



### Bow Tie Alfredo Shrimp

Chef Keith sautés tender shrimp with celery and onions, then tosses it with creamy alfredo sauce and bow tie pasta.

The entrée is available for \$4.00 and includes the Fruit and Veggie bar and milk choice. You must have money in your account or pay cash to choose this entrée.



Mon	Tue	Wed	Thu	Fri
3 A. Cheeseburger B. Homestyle Chicken Stew over Biscuit C. Sub Sandwich Mixed Vegetables ✓	4 A. Orange Chicken B. Whole Grain Rice C. BBQ Rib Sandwich Breadsticks Steamed Carrots ✓ Fortune Cookie	5 A. Homestyle Taquito B. Hot Dog C. Fajita Salad <b>NEW</b> Roasted Ranch Garbanzo Beans On F&V Bar Sugar Cookie Chef Day	6 A. Italian Dunkers with Marinara Sauce B. Grilled Chicken Sandwich C. Sub Sandwich Baked Tator Tots	7 A. Pizza Ranch B. Toasted Ham & Cheese Sandwich with Tomato Soup C. Combo Sandwich Golden Corn ✓ Pizza Ranch
10 A. Fajita B. Corn Dog C. Sub Sandwich Refried Beans ✓	11 A. Homestyle Beef Chili B. Baked Chicken Nuggets C. Oriental Salad Breadsticks Green Beans ✓ Frosted Cinnamon Roll	12 A. Homestyle Chicken & Noodles (over Mashed Potatoes) B. Breaded Beef Fingers C. Sub Sandwich Mashed Potatoes & Gravy	13 A. Spaghetti with Meat Sauce B. Baked Crispy or Spicy Chicken Sandwich C. Chef Salad Breadsticks Gelatin Dessert	14 A. Beef & Bean Burrito B. Ham & Cheese Sandwich Steamed Carrots ✓
17 <b>NO SCHOOL</b>	18 A. Hot Pepperoni Subs B. Cheeseburgers C. Subs Green Beans ✓	19 A. Breaded Pork Patty B. Baked Chicken Nuggets C. Sub Sandwich Mashed Potatoes & Gravy	20 A. Homestyle BBQ Pork Sandwich B. Hot Dog C. Crispy Chicken Salad Breadstick BBQ Beans ✓ Fresh Baked Sugar Cookie	21 A. Pizza Ranch B. Baked Breaded Fish & Cheese Sandwich C. Turkey & Cheese Sandwich Mixed Vegetables ✓ Pizza Ranch
24 Breakfast for Lunch A. Pancakes and Sausage B. Sloppy Joe C. Sub Sandwich Tri-Tator Hashbrown	25 A. Golden Macaroni & Cheese B. Buffalo or BBQ Chicken Wrap C. Oriental Salad Breadsticks Peas ✓	26 A. Soft Shell Tacos B. Baked Crispy or Spicy Chicken Sandwich C. Sub Sandwich Black Beans ✓	27 <b>NEW!</b> A. Cowboy Beans over Fresh Baked Biscuit B. Mini Corn Dogs C. Chef Salad Breadsticks Green Beans ✓ Fresh Baked Ranger Cookie	28 A. BBQ Rib Sandwich B. Pizza C. Combo Sandwich Golden Corn ✓
31 A. Cheeseburger B. Scalloped Potatoes with Ham C. Whole Grain Roll Green Beans ✓	<b>New to the Menu!</b> Cowboy Beans - Ground beef with garbanzo beans and 3 others in a tangy barbeque based sauce! Served with a fresh baked biscuit. A new taste you are sure to love!	Applications for Free and Reduced Price meals are available in the school office. Menus Subject to change without notice.	<b>Menu Notes:</b> All breads comply with USDA whole-grain rich standards. Homestyle/Scratch Vegetarian Non-Grain Fiber ✓	

Questions or Comments: Contact Deb Emmert, Food Service Director at (605) 521-8277 or deborah@lunchtimesolutions.com

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## Murphy experienced Legislative Page position



Victoria Murphy

Our very own Dell Rapids High School senior, Victoria Murphy, was granted with the honor of serving as a Legislative Page in Pierre for a two week session. Twenty-three Pages are se-

lected from all across South Dakota so the number of spots is very limited. Murphy worked in Pierre from Feb.10-21, 2014. The selection of Pages is seen as a very important responsibility and only the best applicants are chosen to perform the duties.

In order to become a page, Murphy had to complete a few tasks. She first had to fill out the general application and indicated her interest to work for the Senate. Each applicant is required to be sponsored by a South Dakota Legislator or Legislator-Elect and Tim Rave sponsored Murphy. She also had to acquire two letters of recommendation to submit with her application. Once all applications are received, the President Pro Tempore, who presides over the Senate, selects the Pages who will serve during the specified sessions. Murphy arrived to work each day at 7 A.M. and departed anywhere from 5:30-6:30 P.M. Her tasks included assisting the senators and representatives, handling and delivering mail, distributing calendars and getting bills ready for the next

day, setting up and sitting in on committee meetings, and answering phone calls regarding how a person wants their representative to vote on a specific bill.

“The best part has been associating with the senators and meeting new people,” said Murphy.

Murphy would encourage others to try to become a Page because it is a great experience that many would never get the chance to encounter. She plans to go to school to become a lawyer and knows this will be the perfect background experience she needed.

Congratulations on this experience Victoria. Dell Rapids High School is proud to have such an accomplished student representing our school and walking our halls!



# March 2014



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>March 1</b> 10:00 AM State WR Trny @ Rapid City (TBA) 7:00 PM GBB District 7B Championship
<b>March 2</b> 5:00 PM Booster Club Meeting 7:00 PM Wrestling-Welcome Home in MS Commons	<b>March 3</b> 7:00 PM 8th Grade Registration Parent Night in the Middle School Commons (parents and students are invited) 7:00 PM Music Booster Mtg @ 6:30pm in Band Room	<b>March 4</b> 7:00 PM BBB Region Quarter Finals @ High Seed	<b>March 5</b>	<b>March 6</b> 9:00 AM 5th Grade Living History Fair/MS Commons 9-10am 3:30 PM 5th Grade Living History Fair/MS Commons 3:30-4:30pm 6:30 PM GBB Region Championship @ Tea Area	<b>March 7</b> 5:00 AM FCCLA Serve @ Banquet 7:00 PM BBB District 7B Championship 8:00 PM BBB Region Semi Finals (Elmen Ctr SF)	<b>March 8</b>
<b>March 9</b>	<b>March 10</b> 8:00 AM HS Choir-Region 2 Solo & Ensemble @ Augustana 3:30 PM DRMS Quiz Bowl at TriValley 7:00 PM FFA Chapter Mtg in Ag Classroom 7:00 PM BOE Meeting	<b>March 11</b> 8:00 AM FFA-DeSmet Career Developments Events 7:00 PM BBB Region Championship @ Elmen Ctr SF	<b>March 12</b>	<b>March 13</b> 8:00 AM End of Qtr 3-Middle School 1:00 PM State GBB Spearfish (TBA)	<b>March 14</b> 8:00 AM End of Qtr 3- High School 1:00 PM GBB State Tournament @ Spearfish (TBA)	<b>March 15</b> 1:00 PM GBB State Tournament @ Spearfish (TBA)
<b>March 16</b>	<b>March 17</b> 8:00 AM No School (teacher inservice 8am-4pm) 3:30 PM HS Quiz Bowl- Dak 12 Academic Bow	<b>March 18</b> 7:00 PM "What Your Kids Won't Tell You About Social Media" Presentation for Parents in the Middle School Commons. All parents are invited to attend! (Sponsored by the Connections Group)	<b>March 19</b> 8:00 AM FFA-Flandreau Career Development Events	<b>March 20</b> 1:00 PM BBB State Tournament (Sioux Falls) (TBA)	<b>March 21</b> 1:00 PM BBB State Tournament (Sioux Falls) (TBA)	<b>March 22</b> 1:00 PM BBB State Tournament (Sioux Falls) (TBA)
<b>March 23</b>	<b>March 24</b> 9:00 AM TR @ Dan Lennon Invitational/Vermillion 7:00 PM School Board Meeting - CANCELLED	<b>March 25</b> 4:00 PM DRMS Quiz Bowl @ West Central 7:00 PM HS POPS Concert-MS Common	<b>March 26</b> 8:00 AM FFA-Lennox Career Development Events	<b>March 27</b> 8:00 AM Kindergarten Roundup	<b>March 28</b> 8:00 AM All State Band(TBA) 8:00 AM Kindergarten Roundup 8:00 AM FFA-Little International Event	<b>March 29</b> 8:00 AM All-State Band (TBA)
<b>March 30</b> 10:00 AM SM Carnival (tentative)	<b>March 31</b> 8:00 AM FFA-Tri-Valley Career Development Events 4:00 PM Track @ Vermillion (practice meet)					

**DR QUARRIERS**  
 We promote spirited thinking, responsible

Dell Rapids School District  
 1216 N. Garfield  
 Dell Rapids, SD 57022



Phone: 605-428-5473  
 Fax: 605-428-5609  
 Website: www.dr-k12.org

### **Snyder nominated for Academic All-Star**



Lexi Snyder

Each year the *Argus Leader* sends high school principals a form in which they can nominate one senior to be nominated from their school for the Academic All-State awards. These

students are recognized for their outstanding academics, leadership qualities and community service efforts. The selection was made by teacher vote and his year's representative from Dell Rapids High School is Lexi Snyder.

"Lexi is one of those 'rare' students you meet that is kind hearted and accepting to everyone. It is heartening to see a young lady who is 'others-focused. She has been instrumental in planning and implementing many of our school's community service projects via her involvement in FCCLA, Peer Helpers, and National Honor Society," said Guidance Counselor Jennifer Ruuesink.

A panel of educational professionals and community leaders will meet and select the winners. These winners will be honored in a special section of the *Argus Leader* as well as in video stories. Also, in april 2014, each winner, their parents and school administrators will be honored at a banquet held in Sioux Falls.

"I strive to make a difference by helping others and by being a good role model in hopes others will do the same. It is an honor to be recognized by all the teachers for my dedication and hard work. A lot of time is spent on my studies or helping others," said Snyder.

Academic All-Stars also become eligible to receive scholarships from area colleges and universities. Congratulations Lexi and best of luck with the competition.

Dell Rapids School District 49-3  
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Dell Rapids, SD 57022

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