



Wise Owl

Dell Rapids Quarriers

Dell Rapids Public Schools

Dell Rapids, SD

March 2009

"We promote spirited thinking, responsible citizenship and lifelong learning."



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This monthly publication is now available on the School District Website. If you would like your name removed from the Wise Owl mailing list please call LuAnn Heidebrink at 428-5473 ext. 3 or email her at heideblu@dellrapids.com

Quarrier of the Month

The faculty has selected **Abbie Clauson** as the Dell Rapids High School Quarrier of the Month for January.

Clauson is well-respected and her involvement in extracurricular activities and academic performance are just a few of the reasons why she was chosen for this honor.

"Abbie is a caring, conscientious, hard-working person. She is a joy to have in class," said math instructor Jann Saxon.

Clauson has been very involved while at DRHS. She has been on the Echo staff as well as the yearbook staff for two years.

She also has been a part of Study Buddy for two years and Peer

Helpers all four years in high school, lending a hand to whoever needs it.

Clauson was also a member of Oral Interp her freshman and sophomore years. She participated in chorus her freshman through junior years. She was selected as a member of the Women's Ensemble her sophomore and junior years.

Clauson has been on the Honor Roll all four years, selected to National Honor Society her junior and senior years, and was nominated as the DAR Good Citizen representative.

Guidance counselor and Peer Helper advisor, George Henry said, "The fact that Abbie was selected by the faculty and her classmates as the Dell Rapids High School Representative for the DAR Good Citizen says volumes about her character, citizenship, respect for others, and involvement in our school activities. These are all outstanding examples of how she exemplifies the Quarrier of the Month."

Clauson's future plans are to attend USD in the fall to major in Speech Pathology. She is the daughter of Randy and Shelly Clauson.



Dakota STEP

Dear Parents/Guardians,

During the weeks of March 30–April 17, 2009, your child will be taking the South Dakota



State Test of Educational Progress or Dakota STEP. The Dakota STEP is the assessment system for accountability in South Dakota schools that assesses basic

curricular objectives in reading, language arts, and mathematics. Tests will be given in reading and mathematics for grades 3-8 and 11, in addition science will be tested at grade 5, 8 and 11, as required by the No Child Left Behind Act.

You will be receiving a parent letter and information in the upcoming weeks regarding testing. Please read this information over and help your child to do his or her best to prepare for testing. If you have any questions please contact the school.

Thank You.

The QPA will hold a bowling party for the Elementary and Middle School on March 28th. The Elementary students will bowl in the morning 9–11 and the Middle School in the afternoon 1–3. It will be \$2.00 per game and includes the shoe rental.

A great big thank you to the following who provided food for the teachers during conferences: Brenda O'Hara, Renae Benda, Beth Prasek, Jackie Abels-Ritter, Melissa Goeken, Michelle Heiberger, Lisa Wilber, Tammy Parrott and Sherri Wolles.

Please note the date change this for the March QPA monthly meeting. The March meeting will be held the second Monday, 3/9/09, at 7:00 in the Middle School Commons. Also we need board members for the 2009-2010 school year. We are running short handed this year and to continue we will need more help. If you can not commit to a whole year please consider volunteering for one or two events. The more members the less time commitment time needed. Please call Joni Koster at 428-5730 with any questions.





Music Boosters

March 8th Brings the Music Boosters' Biggest Event

The Music Boosters' Ways and Means committee is preparing to make this spring's Pork Dinner on March 8th a huge success. Because every music student and parent helps, the committee is able to cut every work assignment to a minimum. The new slide show this year for those eating in the Commons is getting a lot of buzz. (Please call or email to share your digital photos of 2008-2009 middle and high school music events.) Also, if your child is a member of the band or 7-12 choir, and you have not received a letter about the annual Pork Dinner, please call Edie Hinricher (428-5878) or Michelle Solberg (428-3642). If you would like to join the Ways and Means committee, Edie and Michelle would love to hear from you.

The Dell Rapids Music Boosters (formerly known as the Band Parents) has been serving the annual Pork Dinner for over 50 years to raise money for music trips, equipment and its upkeep, uniforms, and lesson and camp scholarships. Come share a great meal that benefits the music program for all the students.

Tickets for the Pork Dinner are available in advance at a \$1 discount per ticket from the Dell Rapids High School office (428-5473). Tickets at the door will cost \$5 for kids 4-11, \$7 for Seniors, \$8 for Adults, and free for kids 3 and under. Take-out and delivery are available. For delivery, please call Lynn Kerns 428-5779.

Want some great motivation for working at the Pork Dinner? The destination for the 2010 music trip has been decided—New York City. More details will be coming soon.

Music Boosters awarded a \$75 scholarship to Zane Lodmell for drum lessons. Congratulations, Zane! Scholarships will be available for upcoming summer camps. Watch the Wise Owl or check the website for deadlines.

Up-coming events:

- 3/3 Jazz Competition at Augustana College
- 3/3 Music Boosters meeting
- 3/8 Pork Dinner

3/25 Solo and ensemble contest

4/22 Large group contest

4/23 Spring Concert

4/25 Tae Kwon Do concessions. Call Tina or sign up in the high school chorus room for this last chance to earn money for your student's Individual Account this year. We need close to 30 workers for this event.

Music Booster meetings are the first Tuesday of every month from 7-8 p.m. in the Dell Rapids Middle and High Schools' chorus room. Check the Website for continuing updates. Go to DellRapids.com, click the "Parents-Public" tab, then "Partners" in the drop-down menu, and choose "Music Boosters." Please contact these Board members or your child's director with questions.

Sharee VanVoorst, President and Middle School Band

Director 428-4664

Marcia Lodmell, Vice

President. 428-6010

Or email us at

drmusicboosters@hotmail.com

Congratulations to all of the students who participated in the Region II Solo & Ensemble Contest. Great job!

Sward Picked for All-State Band

Congratulations to Hillary Sward on her selection to the 2009 South Dakota All-State Band.

Hillary is one of sixteen trumpet players selected to the All-State Band based on a live audition performed in front of a judge. A total of ninety trumpet players auditioned this year, the largest number on any instrument. Hillary's selection marks the first time in over seven years that a student from Dell Rapids will participate in the South Dakota All-State Band. Hillary spent countless hours practicing her scales and a solo to prepare for her audition. Mr. Smith also arranged a private lesson for Hillary with Dr. Rolf Olson, Professor of Trumpet Studies at the University of South Dakota. Dr. Olson also happens to be the trumpet adjudicator for the All-State Band Auditions. Hillary also had to play several sight-reading exercises and take a musical terms test as part of the audition process.

In March, Hillary will travel to Rapid City for two and a half days of rehearsal with the "Lewis All-State Band", one of two All-State Large Group Ensembles. The "Lewis Band" will perform in concert on Saturday, March 28th at 4:00 PM (Mountain Time) in the Rapid City Civic Center Auditorium. The "Clark Band" performs at 8:00 PM in the auditorium as well. Tickets may be purchased through the Rapid City Civic Center Box Office. 🦉

The monthly "Wise Owl" newsletter is now on the School District Website. If you are no longer interested in receiving this newsletter in the mail from Dell Rapids School District, please call LuAnn Heidebrink at 428-5473 ext. 3 or email her at heideblu@dellrapids.com to cancel your "subscription."



KINDERGARTEN REGISTRATION



Kindergarten Registration is a unique experience. A team of educators will provide pre-kindergarten screening activities to help parents assess their child's readiness for kindergarten. Kindergarten teachers, speech clinicians, and a school nurse will be present to assist parents. Kindergarten Registration is scheduled for April 23 and 24 at the United Methodist Church (505 E 5th St., Dell Rapids). If your child will be

5 on or before September 1, 2009, you must contact Dell Rapids Elementary School to register your child for the next school year at 428-3192. **It is important to notify the school before March 27, 2009** to insure that there are proper student/teacher ratios and enough materials for your child.

As parents/guardians, you can plan for this registration by making sure all of your child's immunization records are up-to-date with your

family doctor and providing the school with a copy of the state immunization certificate, including kindergarten shots. You will also need to bring a **certified** copy of your child's birth certificate and social security number. Once the school has the names of all the students planning to attend kindergarten in the 09/10 school year, you will be notified by mail as to a specific appointment time for your child's screening. 🦉

DRHS Musicians Perform as Pep Band at SDSU

On Jan. 10, 2009, the Dell Rapids High School Jazz Band, along with a few additional band students, traveled to Brookings to perform as the pep band entertainment at a double header basketball game between the South Dakota State University Jackrabbits and the IUPUI Jaguars.

The DRHS band received this invitation from SDSU earlier this year. Director Brian Smith decided this would be a great opportunity for the jazz band to get some performing in before contest. The students practiced before school three days a week for just over a month. Some crowd favorites as well as some non-traditional pep band songs were played, includ-

ing: "Dude Looks like a Lady," "Blues Brothers Review," "Groove Is In the Heart," "Gonna Fly Now," "25 or 6 to 4," "Final Countdown," and "Gimme Some Lovin" just to name a few.

The pep band included three trumpets: Hillary Sward, Kenny Grovenberg and Sam Hinricher; two percussionists: Joci Hansen and Zane Lodmell; three trombones: Michael Luke, Cheryl Wilke, and Tim Domel; five saxophones: Liz Martinson, Breona Dobesh, Katrina Mohror, Samantha Stykel, and Nicole Snyder; playing keyboard was Lana Snoozy, bass guitar was Sam Everist and guitar was Joey Delange. Together these students did a wonderful job performing and entertaining a rowdy college fan

crowd.

"It was a great experience to play for such a large crowd at two NCAA Division I basketball games. We received a warm reception from the crowd, and the Dean of College of Fine Arts even came over to tell me how good he thought the band sounded! We also received a thank you note signed by the Assistant Athletic Director and all the members of the Men's Basketball team. In addition, we received a \$250 stipend for playing at the games," said Smith.

The jazz band will continue to practice and enjoyed performing for this event. Keep up the good work! 🦉

Annual Pork Dinner & Concert

SUNDAY, MARCH 8 – 11 a.m.–1:30 p.m.

Dell Rapids Middle School Commons

Save \$1! Advance tickets available at the office – call 428-5473

Take-out & delivery available – call 428-5779

Tickets at the door: \$5/Kids 4–11; \$7/Seniors; \$8/Adults; Kids 3 & under, free





Hair-Raising Experience for DRMS 5th Graders

On Thursday, January 29th, the DRMS fifth grade students ventured to Sioux Falls for a day of educational fun and first-hand learning experiences. The students loaded buses right away in the morning and traveled to the Washington Pavilion of Arts and Sciences. There, the students were ushered into a cinedome movie entitled, "Hurricane on the Bayou." Students have been focusing on a weather unit in science, including severe weather patterns. The movie corresponded quite well with the science unit. The tale unfolded accompanied by lively jazz music characteristic of Louisiana and the deep south. The story began with possible human interventions that may have contributed to the catastrophic devastation of Hurricane Katrina and concluded with actual photos of the storm's damage and how



it touched the lives of so many. When asked about the movie experience fifth grader Josh Parrot stated, "I thought it was a very good movie. I thought it actually showed the true power of a hurricane and how it can affect the lives of thousands of people."

Following the movie, students were able to explore the science center and "play" while focusing on various scientific themes. Kiah Schumacher commented, "I learned how some everyday things work. My favorite part was the tornado tube where we actually got to feel what winds are like in a tornado." Students were allowed to experience the science displays on all three floors and then ate sack lunches right at the facility.

To conclude the afternoon, students visited the Old Courthouse Museum and were privileged to listen to speaker Jim Two Crows Wallen. The fifth grade students just finished reading the novel, *The Sign of the Beaver*, in which the main character learns to



fend for himself and trap animals in the Maine wilderness in 1768. Wallen's presentation reiterated many of the elements in the novel, as well as added a unique perspective on fur-trading years ago in the Rocky Mountains. Nadine Hegge recalled, "I learned how the fur-trappers survived in the mountains and how he makes his own clothes." Following the presentation, students loaded the buses once again and headed back to Dell Rapids to conclude a busy day of first-hand learning and fun. 🦉



Family Fun Night!



Mark your calendars for Tuesday, March 24 for Title 1 Family Night, 6:30-7:30 p.m. in the elementary school library. Diana Borgum, the story lady, will be entertaining us. Also, bring one or two gently read children or adult books for a book exchange. Hope you all can make it for an amazing night of enjoyment.



One-Acts Take 3rd at Competition

On January 28, 2009, the DRHS one act cast traveled to the University of Sioux Falls to perform their play, "Law and Order: Fairytale Unit", in front of judges for a shot to continue on to the state competition.

In the play, Detective Rella and Detective H.D. are on the hunt for the culprit who destroyed the three pigs' homes. Throughout the investigation they run across a few interesting characters including Jack and Jillian (Ian) and Hansel with a cross-dressing Gretel. After B.B. Wolf is caught for destroying the pigs' homes, the trial begins. During the trial, the prosecution realizes that it is not B.B. Wolf who destroyed their homes, but it was the three pigs that staged the destruction of their own homes knowing they could easily frame the convicted wolf and collect the insurance money they so desperately needed. In the end the three pigs are sent to prison and B.B. Wolf walks away a free wolf.

Although they did not take top honors at the competition, they did an outstanding job, placing third out of five schools competing for their chance at state. The top two schools qualify for state, with the third place school as the alternate. Ben Mitchell also received an "Outstanding Performer" award.

One-act director Sharon Mitchell had nothing but the best to say of her cast. "In addition to being a very fun play—and not just for Law and Order fans—one of the greatest elements of this year's one-act was the varied cast. We had seasoned veterans and students brand new to the stage, from freshman to seniors. It was great to have a large cast with a lot of energy and talent. I'm very proud of them."

Cast members included: Sam Everist, Laine Mitchell, Paige Bunkers, Zach Gunn, Kiira Anderson, Tanisha Daugaard, Taylor Huska, Amanda Kahler, Ben Mitchell, Michael Mailey, Alysha Solberg, Deidra Hauge, Zach Rogen, Hillary McQuade, Erin Koens, Cheryl Wilke, Jacie Nelson, Callan Martin, Hillary Sward, Rachel Hansen, Samantha Avery, Joci Hansen, Ann Pierson, Breona Dobesh, Lana Snoozy, Leah Berre, Molly Miller, Elizabeth Martinson, and Whitney Rowe. 🦉

Booster Club Notes

As the basketball seasons draws to a close for both the girls' and boys' teams, the Booster Club would like to wish them the best of luck in their post season tournaments. Go Quarriers! Watch for all the wrestling and basketball district, region and state results in next month's Wise Owl.

Spring will be here before you know it so it's time to start thinking about golf and track. Good luck to the golf and track teams as they get ready to start their seasons!

Planning Ahead

The Dell Rapids Booster Club will be nominating new board members in March and April. If you are interested in being on the board, please contact a current board member. It is a great opportunity to get involved in our school events and Quarrier athletics.

Mark May 3rd on your calendar for the Spring Athletic Awards Banquet,

it will be here before you know it! Join us for a night of recognition of the accomplishments of our Quarrier athletes, see the senior athletic video and enjoy an ice cream sundae.

It's not too early to start thinking about summer camp scholarships. Scholarships are available for all 2009-2010 high school athletes who will be attending individual athletic instruction camps. Watch upcoming issues of the Wise Owl for more information on the application process. 🦉

2008-2009 Booster Board Members:

Dean & Shelley Kommes
Tracy & Kris Langer
Jerry & Michelle Bunkers
Roger & Deb Koens
Scott & Jan Mandel
Gregg & Laurie Huewe
Kevin & Jeanine Schnieders
Dwight & Linda Gerber
Dean & Elaine Hammer

National FCCLA Week

Dell Rapids members of the SD Association of Family, Career, and Community Leaders of America (FCCLA) joined more than 220,000 members nationwide in celebrating National FCCLA Week February 8-14, 2009. This year's theme was "Motivation in Motion." During National FCCLA Week, members planned and carried out activities to address teen and societal concerns and show how Family and Consumer Sciences education can help them achieve the ultimate leadership experience.

The Dell Rapids chapter promoted FCCLA in a positive way at the school and in the community. We began the week with a delivery of a small bouquet of flowers to the seven local churches in gratitude for their commitment to helping families. Then, there was a "Can you guess it?" jar that held a certain number of Hershey kisses for the middle school and high school. Valentine's baskets were raffled off to raise money for our chapter projects. One of the national projects that we promoted was the Feed the Children program. The other project that the funds raised will be used for is the serving of breakfast at the Banquet in Sioux Falls the first part of March. We also raised money by hosting a hat day for the middle school and an 80's workout dress up day in the high school. Towards the end of the week, we held a staff appreciation day that invited them to have pie and coffee after school. This was a great idea for thanking the staff for taking care of the students and their education. Valentine's Day tray favors were also made and given to the residents of Terrace Manor Nursing Home, Orchard Hills Assisted Living, Trent Assisted Living, and the Meals on Wheels participants. Saturday was designated as family day.

FCCLA is a dynamic and effective national student organization that helps youth become leaders and address important personal, family, work, and societal issues. This organization is unique in that its programs are planned and run by student members. It is the only career and technical student organization with the family as its central focus. Participation in national programs and chapter activities helps members become strong leaders in their families, careers, and communities. 🦉



7th Grade girls and boys cheerleaders: back row – Chandler Derschan, Taiven Logan; front – Jayme Damm, Shelby Donaldson, Mikayla Wilson.

MS Basketball Cheerleaders Wrap Up a Great Season

DRMS 7th and 8th grade basketball cheerleaders ended their season with the last home game on February 17th, when the Quarriers played Canton.

Jayme Damm, Haley Donaldson, Chandler Derschan and Mikayla Wilson made up the 7th grade squad. They were full of spirit and energy at each game and did a fabulous job as first-year members of MS cheerleading. They also served as valuable members of the pep rally that took place on January 28th in the MS commons.

The 8th grade squad was also full of pep and spirit. Darrian Grassi, Laura Payne, Jese Nelson, Cheyenne Schumaker, Paige Lampe, Alex Baatz, Nicole Hanzlik and Kaitlyn Drew did a fabulous job of getting the crowd involved and cheering their teams to victory. The 8th grade girls organized and executed the pep rally which turned out to be quite a success. Way to go girls!

Ms. Brockhaus would like to thank the girls for a fun and wonderful season and wish them the best of luck in their future endeavors.

For any 7th or 8th grade cheerleader who has not turned in their uniforms please do so ASAP. You may bring them to Ms. Brockhaus' classroom before or after school. Have a wonderful rest of the year! 🦉



8th Grade boys cheerleaders: Laura Payne, Paige Lampe, Brittany Kuper & Darrian Grassi.



8th Grade Girls Complete Season

Congratulations to the 8th Grade Girls Basketball team upon completion of their 2008-2009 season. The girls worked very hard and had many close games. The team finished with a record of 4-7, with most of their losses having a 4 point or less margin. Great job girls!

Back row, Left to right: Coach Mathiason, Kelsi Ritter, Hutten Ellison, McKenzie Rinehart, Aleza Kirschenmann, Amanda Peterson (Stats) Middle Row: Margo Hegge, Cassidy Wright, Jessica Houser, Mackenzie Schildhauer, Lindsey Wilke Front Row: Corynn Hoff, Rachel Devlin, Morgan Hoglund, Karen Eddy.



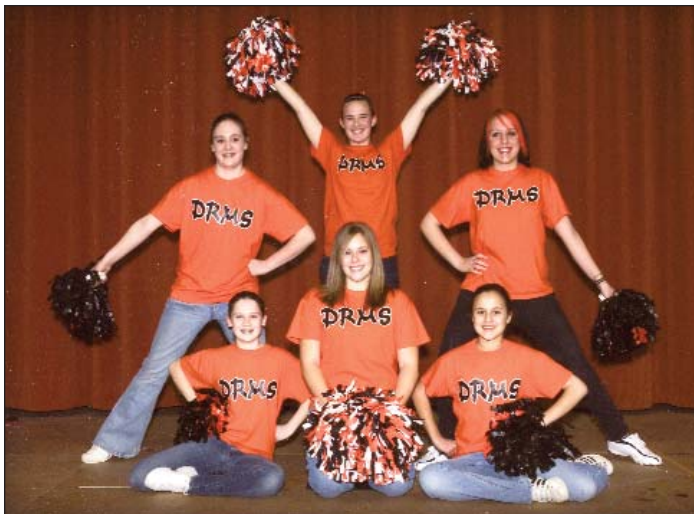
7th Grade Girls Finish Season

This years players bottom left to right: Courtney Sorsen Stats, Victoria Murphy, Alexis Ruth, Alex Van-Overbeke, Alex Roemen, Courtney Wolles, back left to right Coach Stanford, Karlie Leighton, Maria Nagel-hout, Lexi Snyder, Jordan Stone, Mikaela Adams, Amanda McKee, stats, not pictured Natasha Reit, stats.

VALENTINES FOR VETS

The Dell Rapids Middle School Student Council members delivered valentines to veterans at the V.A. hospital in Sioux Falls on February 11th. Students distributed over 300 Valentines to those who have served our country. Thank you for your hard work and honoring our veterans.





8th Grade girls basketball cheerleaders – back row (l-r): Kaitlyn Drew, Nicole Hanzlik, Alexandria Baatz; front row: Jese Nelson, Brielle Mears, Cheyenne Schumaker.

Tibke Signs Letter of Intent

Isn't it really great when you turn on the TV and there is a game on? It is great...but it is even better when you know somebody who plays for that team.

Senior Kyle Tibke signed a letter of intent on Jan. 22, 2009, to run for the University of Sioux Falls Cougar track team. Tibke is very thrilled about going. Coach Fiedler is also in high spirits as he sees one of the Dell Rapids elite move on to bigger and better things. Even though Tibke is unsure of what he will major in, he is still enthusiastic on the scholarship.

"I am very excited and happy for Kyle, that he is going to run at USF and that we will have the opportunity to see him run at college. I think he has the ability and work ethic to have an exceptional career at USF," said track coach Doug Fiedler.

Summer School Session Planned

The Sioux Falls School District will be offering summer school classes again this coming summer. The first session runs from May 26 to June 19 and the second session runs from June 22 to July 17th. Classes are scheduled from 8 a.m. to 12 noon five days a week. The cost is \$195 per half credit. Registration forms are available on line at www.sf.k12.sd.us. The registration deadline is April 23 for the first session classes and May 21 for the second session.

Also, Volunteers of America through Reach High, will be offering summer school classes as well.

Their sessions run from June 1st to June 19th and July 6th to July 24th. Students attend class from 8:00 to 3:00 Monday through Thursdays and the cost is \$195 per half credit. For more information, contact Reach High at 367-4293.

Registration forms for both programs are also available in the high guidance office.

Meghan Paul Signs Letter of Intent

Right now is the time for seniors to be choosing their plans after high school. One senior, Meghan Paul, made that decision final by signing her letter of intent to Northern State University on February 14, 2009. Paul will be throwing shot-put for the Women's Track and Field team. She is thrilled about the opportunity for the scholarship and to throw at the college level.

Paul said, "I chose Northern State University because they seem to have a great throwing program. I am excited to see how far they push me."

Paul placed fourth at the state level her freshmen year. She was the state champion her sophomore and junior years and is looking for another state championship this upcoming season.

Signing a letter of intent ensures that the student will attend that university for one year. The university in return helps the student-athlete financially. Once a letter of intent is signed, other colleges can no longer try to recruit that student.

We wish Meghan the best of luck on her endeavors.

Quad State Honor Band

On Jan. 26, 2009, several DRHS band students traveled to Vermillion for the Quad State Honor Band held on the USD campus. Participants included: Jadin Wendland, Rachel Hanson, Kenny Grovenberg, Hillary Sward, and Trevor Johnson. They helped to make up part of the Concert Honor Band and the Honor Symphonic Band.

The day mainly consisted of practicing the selections that were chosen for each band. The Honor Concert Band performed: "Flourish for Wind Band" by Ralph Vaughan Williams; "Australian Up-Country Tune" by Percy Grainger/Bainum; "Emblem of Unity" by J.J. Richards/ Swearingen; and "Chorale and Shaker Dance II" by John Zdechlik.

The Honor Symphonic Band performed: "South Dakota Rhapsody" by David Holsinger; "Uncle Henry" by Howard Akers/Reeves; "Intermezzo from Carmen" by Georges Bizet/ Sharp; and "A Young Person's Guide to John Williams" arranged by Bocook.

Wendland, Hanson, and Grovenberg were part of the Concert Honor Band directed by Kenneth Drobank of the University of South Dakota, while, Sward and Johnson were members of the Honor Symphonic Band directed by the University of South Dakota's Professor Emeritus, Dr. Lawrence Mitchell.

"I think the students had a good experience performing with their respective bands. The Symphonic Band, the one Trevor and Hillary were part of, performed extremely difficult music. I was very impressed with their performance at the concert that night. I know the students enjoyed performing with other high-caliber musicians such as themselves," said advisor Brian Smith.



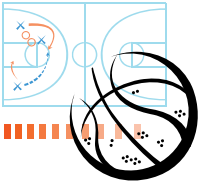


March Madness

March 2009

Did you know?

Between birth and old age, you will walk about 70,000 miles. Walking is one of the best activities you can do to keep you heart and lungs healthy!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 March is basketball month.	2 The height of the basketball goal is 10 feet. <u>Do 30 pretend jump shots.</u>	3 Dribble with your right hand 50 times then dribble with your left hand 50 times.	4 James Naismith was the inventor of the basketball. <u>Cross body dribble 100 times.</u>	5 Dribble with your right hand 75 times then dribble with your left hand 75 times. Good job! You're improving!	6 Tennessee women's coach, Pat Summit has over 900 wins. <u>Dribble around the body 25 times.</u>	7
8 	9 Basketball became an Olympic sport in 1936. <u>Dribble with the right hand 100 times.</u>	10 Michael Jordan scored 16 points in his first pro game. <u>Do 30 pretend jump shots.</u>	11 Wilt Chamberlain scored 100 points in one game. <u>Stand on one leg and dribble 75 times.</u>	12 The indentations on a basketball are called pebbles. <u>Pretend to do 15 lay-ups.</u>	13 Basketball was brought to women in 1892. <u>Dribble with the right hand 100 times.</u>	14
15 	16 The "Dream Team" won an Olympic gold medal in 1992. <u>Stand on one leg and dribble 75 times.</u>	17 Kareem Abdul Jabbar has 38,387 lifetime points. <u>Dribble with the left hand 100 times.</u>	18 A double team is when two players guard one opponent. <u>Practice the defensive slide.</u>	19 The US won the first gold medal in Olympic basketball. <u>Cross body dribble 100 times.</u>	20 The first basketball goals were peach baskets. <u>Dribble with the left hand 100 times.</u>	21 Physical Education class teaches basic basketball skills.
22	23 A soccer ball was used in the very first game. <u>Dribble with the right hand 100 times.</u>	24 Due to his hang time, Michael Jordan is called his "Airness." <u>Cross body dribble 100 times.</u>	25 A free throw is an uncontested shot after a foul. <u>Invent a new basketball move.</u>	26 A shot in the "paint" means a shot was taken inside the key. <u>Do 30 pretend jump shots.</u>	27 Lynette Woodard was the first female Globetrotter. <u>Dribble with the left hand 100 times.</u>	28
29	30 At 13 years old, Shaquille O'Neil was 6'6" tall. <u>Dribble with the left hand 100 times.</u>	31 An assist is a pass that results in points being scored. <u>Dribble around the body 25 times.</u>				

Connecting Kids certificates have been distributed to our school by the *United Way*. This program is for those who are in need of financial assistance in order to participate in a youth activity. It is intended for children who are in kindergarten through eighth grade in Lincoln, McCook, Minnehaha and Turner Counties. Each child is permitted to use only one certificate per calendar year.

The following is a list of some of the camps and activities which may qualify for assistance.

- | | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> - Alpine Society (Winter Skiing) - American Lung Association (Asthma Camp) - Brandon Area Soccer Association - Boy Scouts (Camps) - City of Canton (Summer Recreation and Swimming) - Dakota Gold USA (Soccer) - Dakota Spirit - Great Plains Zoo (Summer Camps and Classes) - Inspiration Hills (Journey Camp) - Lincoln High School (Summer Sports Camp) - Multicultural Center (Karate) - Roosevelt High School (Summer Sports Camp) - Singing Boys of Sioux Falls | <ul style="list-style-type: none"> - Sioux Empire Baseball Association - Sioux Empire Fast Pitch Softball Association - Sioux Falls Figure Skating - Sioux Falls Girls Chorale - Sioux Falls Parks and Recreation (Summer Activities) - Sioux Falls Soccer Association - Sioux Falls Tennis Association - Sioux Falls Youth Hockey Association - Siouxland Heritage Museum (Pioneer Day Camp) - The First Tee of South Dakota (Golf) - Washington High School (Summer Sports Camp) - Washington Pavilion (Camps and Classes) |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

Please contact Ms. Coble at the Middle School at 428-5473 if you are interested in getting more information or have questions about the program.

AG IN ACTION

The Ag III/IV classes have just finished up their individual projects in the shop and are now returning to the classroom to cover a unit on wildlife. This unit consists of identification of various species of wildlife including their tracks, population density, habitat requirements and taxidermy. Agricultural machinery will be the next unit of instruction which includes selection, cost and maintenance.

Livestock nutrition is the topic being covered by the Ag II students. They have been exposed to the basic nutrient requirements of animals and how to balance the ration according to the animal's needs. Following the nutrition unit, common livestock diseases will be discussed along with methods to prevent and treat those diseases.

The welding students are working on finishing up their individual metal projects as this class will end on March 10. The Small Engine class will start on March 11 with the start of the fourth quarter. The students will go through various engine information in the classroom before going to the shop to work on engines. The classroom instruction will include safety, tools, fasteners, principles of operation, 2 and 4 cycle engines, engine performance, emission controls, carburetion, ignition systems, lubrication systems, cooling systems and preventative maintenance and troubleshooting.

The FFA chapter just finished celebrating National FFA Week. The chapter sponsored an Agriculture Trivia quiz that was available to all students and staff. Rolls were provid-

ed for staff members to show appreciation for all that they do to support the agriculture program and the FFA organization. FFA members could drive tractors to school to show their ties to production agriculture. The ag students had the ability to participate in agriculture Olympic activities. The games were set up to test their skills in different agriculture areas. March is the busiest month of the year for the FFA members because they are working to sharpen their skills to compete at the State FFA Convention. The career development events that members can attend are: March 4 at Tri-Valley, March 10 at DeSmet, March 16 at Flandreau and March 27 at the Little International at SDSU in Brookings. The members will pick a specific event to participate in and compete with other FFA members from the surrounding area. 🦉

What's Happening at the Elementary?

The elementary students have been busy with classroom guidance lessons. The kindergarten is learning about poison safety. 1st and 2nd grade are working on solving problems and being good friends. They have reviewed and practiced how to stop, think and choose what is best. 3rd and 4th grade continue to work in their Life Skills booklets. They are now discovering the dangers of smoking and will be having a drug

and alcohol presentation from Carroll Institute.

This month, Kids' Circle is excited to celebrate Read Across America Day and the birthday of Dr. Seuss. Each group will travel together between stations and enjoy stories about the featured character trait – Responsibility! Our pledge is, "I will be prepared for class. I will complete my work on time. I am responsible." 🦉

Vocal Festival

On Jan. 10, 2009, two gifted vocalists traveled to Decorah, Iowa to perform at the 59th Annual Dorian Vocal Festival.

Zach Rogen and Zach Gunn were recommended by their choral director, Ginny Ziebarth, to participate at this festival. Both boys were selected and left on Jan. 10, to attend the festival at Luther College. This year was Rogen's second year and Gunn's first year.

Ziebarth was not present at the concert but traveling with these DRHS representatives were their families. They arrived at noon where they registered and then practiced as part of the Chamber Choir which included 100 students.

The following day the rest of the vocalists arrived making the total for the Festival Choir to be 1,350 students. Participants were outstanding junior and senior vocalists from high schools in Minnesota, Iowa, Wisconsin, Illinois and South Dakota. From the 1,350 students selected to attend almost 500 chose to audition for the spots as soloists. Neither Gunn nor Rogen chose to audition although they have excellent voices.

All soloists, choirs, and ensembles practiced non-stop for three days. Finally, all their hard work paid off. On Jan. 12, the Festival Choir sang
(Continued on page 12)

Wear Green for Responsibility on Monday, March 2nd!

CHARACTER COUNTS drawing winners are (from left) Shelby Apland, Matthew Benda, Brian Kangley and Nick Hoffman.





SCHOLARSHIP UPDATE

1. SOUTH DAKOTA OPPORTUNITY SCHOLARSHIP

\$5000 over Four Years

Must attend a South Dakota college or technical school

Must complete the Regents Scholar Curriculum with a cumulative GPA of 3.00 or better, and

ACT score of 24 or higher and no grade below a C in the core classes. The Regents Scholar Curriculum is –

4 credits of English

3 credits of social studies

4 credits of math

4 credits of science

1 credit of computer science

1 credit of fine arts

2 credits of the same foreign language

Deadline – September 1 of the year you will be starting college

Application is available at –

www.sdbor.edu/SDOpportunityScholarship.htm

2. SIOUX FALLS AREA COMMUNITY FOUNDATION SCHOLARSHIPS

This Foundation administers many scholarships, some of which Dell Rapids students are eligible to apply for. Most of these scholarships have a March 15th and are available on line at www.sfacf.org. The following are available for Dell Rapids High School students with some just for *Dell Rapids students. These scholarships are also available on Mr. Henry's website.

Altrusa Scholarship

\$500

Must attend a technical school, have a 3.00+ GPA, and demonstrate financial need.

AXA Advisors Sioux Empire Scholarship

\$500

Must attend a four year college, demonstrate diligence, determination to overcome challenges, and willingness to undertake unusual responsibility in pursuit of a worth, nonacademic personal achievement.

Cogley-Buffington Scholarship

\$1000

Must attend a four year college, have a 3.50+ GPA, demonstrate financial need, participate in extra-curricular and community activities, and have an interest in and understanding the role of business in American society.

Dakota Gold Student Athletic Scholarship

\$250 and \$500

Must have participated in Dakota Gold, Sioux Falls Soccer Association, have a 3.00+ GPA, and demonstrate leadership through his or her soccer team.

Dale Lokke Law Enforcement Scholarship

\$400

Must attend a South Dakota college or university, have participated in extra-curricular and community activities and demonstrate an ability to succeed in a career field.

Davenport, Evans, Hurwitz Scholarship

\$1000 and \$2500

Must have high academic achievement based on GPA, class rank, and ACT.

Must attend college in South Dakota

Must demonstrate a strong desire to pursue and meet educational goals.

*David Schmidt Scholarship

\$1000

Available only to Dell Rapids High School Students

Can not be ranked in the top 10% of graduating class.

Preference is given to students who may not receive any other scholarship.

David Profflet Scholarship

\$500

Given to South Dakota high school graduates who plan to attend Augustana GPA 3.00+, show character traits such as courage, determination and ability to overcome adversity.

Fred and Marie Christopherson Scholarship

\$2500

Must attend a four year college in South Dakota

GPA 3.9+ and ACT score of 28+

*Gloria Beck Scholarship

\$500

Available to only Dell Rapids High School Students

Preference is given to students who plan to attend Augustana College. If no student attends Augustana, preference then is given to students attending a private college.

*Jeremy Baum Hope Scholarship

\$1000

Must be a Dell Rapids area student.

Given to students who have developed a motivation to succeed late in life or after high school making the applicant ineligible for most scholarships.

*Jerry Hoftiezer Memorial Scholarship

\$500

Available only to Dell Rapids High School students.

Must attend a four year college, involved in school and community activities, have a 3.00+ GPA, and have taken or will complete five math courses, including AP calculus.

Joe Foss Scholarship

\$1000

Must have GPA of 3.5+, ACT score of 21+ and demonstrate characteristics of an American patriot.

Junior League of Sioux Falls Scholarship

\$500

Applicant must be female, reside in Minnehaha or Lincoln Counties, have ACT of 23+, and attend a college or technical school.

Kiwanis Clubs of Sioux Falls Scholarships

\$750

Must be a graduating senior from a Minnehaha or Lincoln County high school, who plan to attend a South Dakota college or university, have a GPA of 3.00+ and ACT of 23+, and be a child or grandchild of a Sioux Falls Kiwanis Club member.

Sally Bertina Meyer Scholarship

\$8002

Must reside in Minnehaha County and attend Minnehaha County high school.

Must have a GPA of 3.00+ and show an interest in the out of doors.

*Trent Area Scholarship

\$250

Must live in the Trent area as bounded on the south by the Moody County line, on the north by SD Highway 34, on the east by the SD state line, and on the west by the Colman Road.

*Wyatt Ammon Memorial Scholarship

\$500

Must attend either DRHS or St. Marys High School, must demonstrate originality and an interest in seeking personal challenges. Applicants may be evaluated according to special circumstances, motivation to pursue goals, and the inspiration for those goals.

4. ASSOCIATED GENERAL CONTRACTORS OF SOUTH DAKOTA HIGHWAY-HEAVY-UTILITIES CHAPTER (AGC) SCHOLARSHIP.

(4) \$1000 - \$2500

Must pursue a highway-heavy-utilities construction career at a college or technical school

Students are required to obtain a signature from an AGC Member Sponsor

Application and sponsor list is on line at – www.sdagc.org

Deadline – May 1

5. RICHARD HAGEN-MINERVA HARVEY MEMORIAL SCHOLARSHIP

\$1000

This scholarship is for enrolled members of Tribes whose reservation is located in whole or part in the State of South Dakota

Must attend college or technical school in South Dakota

Application is online at <http://doe.sd.gov/scholarships/hagen/index.asp> or in the guidance office.

Deadline – March 13

6. SOUTH DAKOTA CLEAR AIR CHOICE SCHOLARSHIP

\$250 - \$500

Must submit personal essay on the topic of biodiesel.

For more information contact Lindsey McKenzie at lmckenzie@americanlungsd.org

Deadline – April 30

7. ROBERT C BYRD HONORS SCHOLARSHIP

(17) \$1500

Must have a GPA of 3.5 or higher & an ACT score of 30 or higher.

Scholarships are awarded to 17 applicants with the highest ACT score and grade point average.

Application is in the guidance officer or on line at –

<http://doe.sd.gov/scholarships/byrd/index.asp>

Deadline – March 20

8. UNITY LODGE SCHOLARSHIP

Amount varies

Based on financial need

Must have a Masonic Temple connection

Must stay in South Dakota

Application is available at – <http://www.unity130.com>

Deadline – April 15

9. BETTER BUSINESS BUREAU SCHOLARSHIP

(3) \$2000

Open to juniors and seniors

Awarded to students who demonstrate personal integrity, humility, courage, compassion, and respect for others.

Applications are available on line at – www.southdakota.bbb.org and the link is

(Continued on page 12)



March 2009

"Creating Pathways to Brighter Futures."

-Carroll Institute Mission Statement

Project Awareness Newsletter



Carroll Institute

310 S. 1st Ave, Sioux Falls, SD 57104 www.carrollinstitute.org

MySpace and Facebook and Twitter! Oh My!

Social Networking!



myspace

BLOGS

CHAT ROOMS

MySpace, Facebook, Twitter. Your preteens and teens know all about these social networking sites, but do you? The Sioux Falls School District is offering a **FREE** class! Even the most technology challenged parents can learn from a panel of community experts about the practical uses and the pitfalls of these sites.

This **FREE** class will be held **March 12, 7-8:30pm**, at the Instructional Planning Center, 201 E 38th Street. To register, call Community Education at 367-7999 or register online at:

<https://commed.sf.k12.sd.us>

Course Code: 09WPERS911

What can Parent's/Guardians do if they suspect underage or illegal use of drugs or alcohol?

- ♣ Ask to use their car without previous warning. Cars can be a 'personal storage' unit or bedroom.
- ♣ Make sure you have an extra key to their car.
- ♣ Drop by the place they say they will be.
- ♣ Re-charge their phones in your bedroom every night. They will be less likely to join in unfavorable conversations or plan unacceptable activities if they know you may be checking.
- ♣ Make sure their cell phones are on and charged before they leave the house.
- ♣ Have your child call you ½ way through the evening.
- ♣ Ensure they are socializing in public places ~ not someone's house.
- ♣ Have your child wake you up if you are sleeping after they've come home: smell their clothes, look into their eyes, and ask them how they spent their evening.
- ♣ Talk to them about your concerns ~ be specific about what you have seen and how you feel.
- ♣ Always know who is in your child's immediate social circle. Notice changes within that circle.
- ♣ Watch your child to see how family issues affect them.
- ♣ Seek professional Mental Health or Chemical Dependency assessments.
Don't tell yourself "it's just a phase".



For more great ideas, please go to www.timetoact.drugfree.org



What's **New** in the Cafeteria:

I would like to offer further information regarding the benefit of filling out a Free or Reduced Lunch Application. Students who qualify for free or reduced lunch also receive free or reduced breakfast. Cost of reduced breakfast is only 30 cents. We serve a well balanced breakfast every day that is a bargain for all students. Since breakfast is the most important meal of the day, please send your student(s) to the cafeteria to enjoy one of our breakfast entrees.

The first day of Spring is March 20th. We will be celebrating spring with a picnic lunch menu at school that day. I would like to welcome parents to come and have lunch with their child(ren) to celebrate Spring. Hope to see you then!

The best way to encourage healthy behaviors in children ...

Children imitate adults and look to them to learn proper behavior. To create healthy attitudes toward eating, try preparing food with your children. Family meals also are a great opportunity to reinforce good habits and offer children well-balanced meals. I would like to welcome parents (for \$2.75/per meal) to come and have lunch with their child(ren) to celebrate Spring.

Take the following quiz to help

determine if you are a healthy role model for your children.

- Do you snack all day?
- Do you eat in front of the TV?
- Do you eat whenever you are bored or under stress?
- Do you eat dessert at every meal?
- Do you skip breakfast?
- Do you have sodas rather than low-fat milk or water with your meals?
- Do you diet all the time and have a fear of food?

If you answered "yes" to more than three of these questions, you may be sending an unhealthy message to your child about food.

WATER IS GOOD FOR EVERYBODY AND EVERY BODY

Water is the most essential nutrient for your body. No wonder, since we are made up of at least 50% of water. Because of this, proper hydration is crucial to helping your body function at its highest performance level. Water helps regulate and maintain body temperature. Water transport nutrients and oxygen and removes waste products and toxins. It moistens and lubricates your mouth, eyes, nose, hair, skin, joints and digestive tract. So drink up and stay hydrated with water.

Rhonda Galles
Lunchtime Solutions, Inc.
Area Manager
rgalles@lunchtimesolutions.com
605-670-9502

Vocal Festival

(Continued from page 9)

"Toccata of Praise," "My Sheppard Will Supply My Need," and "Let All the World in Every Corner Sing." Then the outstanding soloists performed followed by the smaller, Chamber Choir singing "Afternoon on a Hill," "Adorable Flujo," and "Great and Glorious." The men sang "O Captain! My Captain" and the women also sang their own piece. Finishing off the night was a special treat in a performance from the Luther College Nordic Choir directed by Craig Arnold.

"It shows our school is well rounded and we excel not only academically and athletically but also in the fine arts. When we have a four year All-State honor choir member like Zach Rogen and then he gets an honor like this, not only does it speak well for his accomplishments but also for our school and the vocal program. I am very impressed with the attendance of men who join choir," said Principal Bruce Olson.

Congratulations to such gifted men who represented DRHS with such ease and class that they deserve an encore. 🦉

SCHOLARSHIPS

(Continued from page 10)

under the "announcement" section of the website's homepage.
Deadline - March 6

10. US BANK INTERNET SCHOLARSHIP PROGRAM

(30) \$1000

Monthly random drawings

Program runs from October through February

Apply on line at - usbank.com/studentbanking

11. AMERICAN YOUTH CANCER SURVIVORS SCHOLARSHIP PROGRAM

Must have been diagnosed with cancer before the age of 21

Must be under the age of 25

Application available in the guidance office

Deadline - March 15

12. HOME BUILDERS ASSOCIATION OF THE SIOUX EMPIRE SCHOLARSHIP

(5) \$1000

Awarded to students pursuing careers in the construction industry and who enroll in an approved post-secondary program.

Application is available in the guidance office.

Deadline - April 6

13. MINNESOTA TIMBERWOLVES FASTBREAK SCHOLARSHIP

(5) \$2000

Application is online at: <http://www.timberwolves.com/community> - Found under the "community" tab and the "education" tab.

Deadline - March 6

14. MICHAEL ENTRINGER SCHOLARSHIP

\$1000

Must be a graduating senior in the Region II basketball area

Must have participated in school sports for two or more years and exhibited good sportsmanship. These sports include as athletes, cheerleaders, student managers, and statisticians.

Application is available online - or in the guidance office

<http://entringerclassic.k12.sd.us/>

Deadline - March 1

15. ASSOCIATED GENERAL CONTRACTORS OF SD/CONSTRUCTION INDUSTRY SCHOLARSHIP

\$500 to \$3500

Applicant must declare a major in "construction management, civil engineering or other state approved program that is directly related to the commercial building construction industry."

Applicants must document their desire to obtain a career in commercial construction with priority to stay in South Dakota.

Applicant must request and submit a sponsorship letter from a current AGC of SD Building Chapter member.

Based on scholarship, activities, honors, employment history, and career information.

Application is available in the guidance officer or online at -

www.sdbuildingchapter.org

Deadline - March 13

16. *GOLDEN WEST SCHOLARSHIP

(45) \$1000 - one for a Dell Rapids High School graduate.

Must reside within one of the Golden West telephone service areas

Merit based scholarship - ACT score, academic record, activities, leadership, character

Applications available in the guidance office and on Mr. Henry's website.

Deadline - March 15

(Continued on page 16)



The Dell Rapids Power lifters have been training hard this year and their hard work definitely paid off and was very well recognized at the O'Gorman Power Lifting Meet that was held on January 31, 2009.

The five DR lifters who participated in the meet were Brandon Carpenter who took 1st place in his weight class of 132. Sebastian Holmes and Michael Carpenter took 2nd place in their weight classes of 148 and 220 pounds respectively. They were followed by Greg Schwebach and Brandon Koch with 3rd place in their weight classes of 198 and 220 pounds respectively. The team itself took 3rd place. The Dells lifters were coached by Tony Schwebach and Alex Hanson.

POWER LIFTING

Schwebach is a senior this year, "Everyone placed in the top three is very impressive and getting third as a team with half of a team is amazing. We have some strong guys and it's nice to see our power lifting program grow."

The DR lifters next meet is a state meet which is in Madison on Saturday, March 7, 2009. We encourage you support them by attending the meet.

Congratulations and keep up the splendid work DR lifters! 🦉



MARCH 2009 ACTIVITIES CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 4:00 PM HS Quiz Bowl - Dell Rapids	3 12:00 PM Band to Augustana Jazz Festival (bus 11:00) 7:00 PM BBB District @ High Seed 7:00 PM Music Boosters Meeting in DRHS Band Room	4 9:00 AM - 3:30 PM Science on the Move @ HS & MS 9:00 AM FFA Career Development Event @ TV 9:00 AM Improv @ Garretson	5 9:00 AM - 3:30 PM Science on the Move @ HS & MS 7:00 PM GBB Region Championship @ Dakota State Fieldhouse/Madison	6 9:00 AM - 3:30 PM Science on the Move @ HS & MS 7:00 PM BBB District Championship @ Elmen Center	7 8:00 AM FFA Advanced Leadership Development @ Chamberlain 9:00 AM Music Boosters Dinner Set-up
8 8:00 AM FFA Advanced Leadership Development @ Chamberlain 11:00 AM - 2:00 PM Music Booster Pork Dinner	9 9:00 AM - 3:30 PM Science on the Move @ HS & MS 7:00 PM School Board Meeting 7:00 PM QPA Meeting @ MS Commons	10 9:00 AM FFA DeSmet Career Development Event 3:43 PM End of 3rd Quarter 7:00 PM BBB Region Championship @ Elmen Center	11	12 1:00 PM GBB State @ Watertown	13 1:00 PM State GBB @ Watertown	14 12:00 PM GBB State @ Watertown
15	16 9:00 AM FFA Flandreau Career Development Event 3:00 PM Academic Conference Quiz Bowl @ SFC	17 4:00 PM MS Quiz Bowl @ Tea (bus 2:45) 4:30 PM HS Quiz Bowl @ Brandon Valley (bus 3:30)	18 9:00 AM Improv performing @ Elem. School	19 8:30 AM Josten's Senior Announcement Delivery in lower hallway 1:00 PM BBB State @ Rapid City	20 1:00 PM BBB State @ Rapid City	21 8:00 AM National Ag Day 12:00 PM BBB State @ Rapid City
22	23 10:00 AM Improv @ Salem (leave time 8:15) 5:00 PM School Board Meeting	24	25	26	27 8:55 AM Holiday - No School 9:00 AM FFA Little International @ Brookings	28
29	30 9:00 AM TR - Dan Lennon Relays @ Vermillion	31 9:00 AM FFA Tri-Valley Career Development Event 3:30 PM Golf @ Garretson Quad 4:00 PM MS Quiz Bowl @ Brandon (bus 3:00)				



March








All Breakfast Meals Include:

Fresh & Canned Fruit
Variety of Cereal
w/Healthy Choice Toast

All Lunch Meals Include:

All You Can Eat
Fruit & Veggie Bar
and Choice of Milk

Dell Rapids Elementary Public School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><u>Dr. Suess Birthday Breakfast</u> A. Breakfast Pizza B. French Toast Sticks w/Syrup <u>Lunch</u> A. Sloppy Joe B. Chicken Quesadilla Triangle Potatoes Blue Fish Jello Birthday Cupcakes</p>	<p><u>Breakfast</u> A. Cheese Omelet B. Breakfast Sandwich <u>Lunch</u> A. Homestyle Cavatini B. Texas Grilled Cheese Sandwich Tomato Soup</p>	<p><u>Breakfast</u> A. Waffles w/Syrup B. Breakfast Pizza <u>Lunch</u> A. Homestyle Chicken on Biscuit B. Hot Dog on a Bun Green Beans</p>	<p><u>Breakfast</u> A. Pancake w/Syrup B. Biscuit w/Sausage Gravy <u>Lunch</u> A. Taco in a Bag B. Chicken Nuggets Corn Chocolate Pudding</p>	<p><u>Breakfast</u> A. Cinnamon Roll B. Breakfast Pizza <u>Lunch</u> A. Pizza B. Healthy Choice Combo Sandwich Cooked Carrots</p>
<p><u>Breakfast</u> A. French Toast Sticks w/Syrup B. Breakfast Pizza <u>Lunch</u> A. Breaded Pork Sandwich B. Homestyle Tater Tot Casserole Baked Beans</p>	<p><u>Breakfast</u> A. Breakfast Sandwich B. Cheese Omelet <u>Lunch</u> A. Homestyle Lasagna B. Corn Dog Green Beans</p>	<p><u>Breakfast</u> A. Breakfast Pizza B. Waffles w/Syrup <u>Lunch</u> A. Homestyle Chili w/Crackers B. New! Popcorn Chicken Cinnamon Roll</p>	<p><u>Breakfast</u> A. Biscuit w/Sausage Gravy B. Pancake w/Syrup <u>Lunch</u> A. Taco Potato Rounds B. Breaded Beef Fingers Corn</p>	<p><u>Breakfast</u> A. Cinnamon Roll B. Breakfast Pizza <u>Lunch</u> A. Pizza B. Healthy Choice Ham/Cheese Sandwich Broccoli</p>
<p><u>Breakfast</u> A. Breakfast Pizza B. French Toast Sticks w/Syrup <u>Lunch</u> A. Hamburger or Cheeseburger on a Bun B. Homestyle Beef Stew Cooked Corn</p>	 <p><u>St. Patrick's Day Breakfast</u> A. Cheese Omelet B. Breakfast Sandwich <u>Lunch</u> A. Irish Beef Sheppard's Pie B. Beef & Bean Burrito Green Beans Green Frosted Sugar Cookie</p>	<p><u>Breakfast</u> A. Waffles w/Syrup B. Breakfast Pizza <u>Lunch</u> A. Homestyle Meatloaf B. Country Fried Steak Mashed Potatoes w/Gravy</p>	<p><u>Breakfast</u> A. Pancake w/Syrup B. Biscuit w/Sausage Gravy <u>Lunch</u> A. Walking Taco B. Fish Nuggets Corn</p>	 <p><u>First Day of Spring Breakfast</u> A. Cinnamon Roll B. Breakfast Pizza <u>Picnic at Lunch</u> Hot Dog on a Bun Chips Baked Beans Choice of Fruit Dessert</p>
<p><u>Breakfast</u> A. French Toast Sticks w/Syrup B. Breakfast Pizza <u>Lunch</u> A. Chicken Strips B. New! Golden Mac-N-Cheese Corn</p>	<p><u>Breakfast</u> A. Breakfast Sandwich B. Cheese Omelet <u>Breakfast for Lunch</u> A. French Toast Sticks w/syrup and Sausage Patty B. Mini Corn Dogs Triangle Potato</p>	<p><u>Breakfast</u> A. Breakfast Pizza B. Waffles w/Syrup <u>Lunch</u> A. Homestyle Spaghetti w/Meat Sauce B. BBQ Rib Sandwich Green Beans</p>	<p><u>Breakfast</u> A. Biscuit w/Sausage Gravy B. Pancake w/Syrup <u>Lunch</u> A. Chile Cheese Fritos B. Pizza Lima Beans</p>	<p>No School!</p> 
<p><u>Breakfast</u> A. Breakfast Pizza B. French Toast Sticks w/Syrup <u>Lunch</u> A. Hot Ham & Cheese Sandwich B. Homestyle Scalloped Potatoes w/Ham Cooked Carrots</p>	<p><u>Breakfast</u> A. Cheese Omelet B. Breakfast Sandwich <u>Lunch</u> A. Salisbury Steak B. Hot Pepperoni Sub Mashed Potatoes w/Gravy</p>	<p><u>Lunch Prices</u> Elementary Paid = \$2.10 MS/HS Paid = \$2.25 Reduced = \$0.40 Free = Free Adult Lunch = \$2.70 Extra Entree = \$1.40 Extra Milk = \$0.40</p>	<p>For questions about the school lunch menus, please contact Rhonda Galles, Area Manager for Lunchtime Solutions Inc. : rhonda@lunchtimesolutions.com or</p>  <p>Lunchtime Solutions, Inc. <i>Creative Solutions to School Food Service</i></p>	




**All Breakfast Meals Include:**

Fresh & Canned Fruit
Variety of Cereal
w/Healthy Choice Toast
Choice of Milk

**All Lunch Meals Include:**

All You Can Eat
Fruit & Veggie Bar

Dell Rapids Public School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 <u>Breakfast</u> A. Pancake on a Stick B. Biscuit w/Sausage Gravy <u>Lunch</u> A. Sloppy Joe B. Chicken Quesadilla Triangle Potato	3 <u>Breakfast</u> A. Breakfast Mini Bites B. Cheese Omelet <u>Lunch</u> A. Homestyle Cavatini B. Texas Grilled Cheese Sandwich Tomato Soup	4 <u>Breakfast</u> A. Breakfast Dipper B. Breakfast Wrap <u>Lunch</u> A. Homestyle Chicken & Noodles B. Hot Dog on a Bun Green Beans	5 <u>Breakfast</u> A. Breakfast Pizza B. Breakfast Tac-Go <u>Lunch</u> A. Taco in a Bag B. Breaded Chicken Sandwich Refried Beans Chocolate Pudding	6 <u>Breakfast</u> A. Jumbo Cinnamon Roll B. Biscuit w/Sausage Gravy <u>Lunch</u> A. Pizza B. Oriental Salad
9 <u>Breakfast</u> A. Waffles w/Syrup B. Biscuit w/Sausage Gravy <u>Lunch</u> A. Breaded Pork Sandwich B. Homestyle Tater Tott Casserole Baked Beans	10 <u>Breakfast</u> A. Cheese Omelet B. Breakfast Mini Bites <u>Lunch</u> A. Homestyle Lasagna B. Corn Dog Green Beans	11 <u>Breakfast</u> A. Breakfast Wrap B. Breakfast Dipper <u>Lunch</u> A. Homestyle Chilli w/Crackers B. Chicken Nuggets Cinnamon Rolls	12 <u>Breakfast</u> A. Breakfast Tac-Go B. Breakfast Pizza <u>Lunch</u> A. Taco Baked Potato B. New! Golden Mac-N-Cheese Corn	13 <u>Breakfast</u> A. Jumbo Cinnamon Roll B. Biscuit w/Sausage Gravy <u>Lunch</u> A. Pizza Ranch B. Spicy Chicken Wrap
16 <u>Breakfast</u> A. French Toast Stick w/Syrup B. Biscuit w/Sausage Gravy <u>Lunch</u> A. Hamburger or Cheeseburger on Bun B. Homestyle Beef Stew Cooked Carrots	 St. Patrick's Day <u>Breakfast</u> A. Breakfast Mini Bites B. Cheese Omelet <u>Lunch</u> A. Irish Beef Sheppard's Pie B. Spicy Chicken Sandwich Green Beans Green Frosted Sugar	18 <u>Breakfast</u> A. Breakfast Dipper B. Breakfast Wrap <u>Lunch</u> A. Homestyle Meatloaf B. Country Fried Steak Mashed Potatoes w/Gravy	19 <u>Breakfast</u> A. Breakfast Pizza B. Breakfast Tac-Go <u>Lunch</u> A. Walking Taco B. Fish Sandwich Corn Vanilla Pudding	20 First Day of Spring <u>Breakfast</u> A. Jumbo Cinnamon Roll B. Biscuit w/Sausage Gravy <u>Picnic at Lunch</u> Hot Dog on a Bun Chips Baked Beans Choice of Fruit Dessert
23 <u>Breakfast</u> A. Pancake on a Stick B. Biscuit w/Sausage Gravy <u>Lunch</u> A. Beef & Bean Burrito B. Chicken Nuggets Mexican Rice	24 <u>Breakfast</u> A. Cheese Omelet B. Breakfast Mini Bites <u>Breakfast for Lunch</u> A. French Toast Sticks w/syrup and Sausage Patty B. Mini Corn Dogs Triangle Potato	25 <u>Breakfast</u> A. Breakfast Wrap B. Breakfast Dipper <u>Lunch</u> A. Homestyle Spagetti w/Meat Sauce B. Chicken Teriyaki Sandwich Green Beans Jello	26 <u>Breakfast</u> A. Breakfast Tac-Go B. Breakfast Pizza <u>Lunch</u> A. Chile Cheese Fritos B. Chicken Strips Lima Beans	27 No School 
30 <u>Breakfast</u> A. Waffles w/Syrup B. Biscuit w/Sausage Gravy <u>Lunch</u> A. Breaded Chicken Sandwich B. Homestyle Scalloped Potatoes w/Ham Cooked Carrots	31 <u>Breakfast</u> A. Breakfast Mini Bites B. Cheese Omelet <u>Lunch</u> A. Salisbury Steak B. Hot Pepperoni Sub Mashed Potatoes w/Gravy	<u>Lunch Prices</u> Elementary Paid=\$2.10 MS/HS Paid=\$2.25 Reduced=\$0.40 Free=Free Adult Lunch=\$2.70 Extra Entree=\$1.40 Extra Milk=\$0.40	For questions about the school lunch menus, please contact Rhonda Galles, Area Manager for Lunchtime Solutions Inc. : rhonda@lunchtimesolutions.com or 605-670-9502  Lunchtime Solutions, Inc. <i>Creative Solutions to School Food Service®</i>	



SCHOLARSHIPS

(Continued from page 12)

17. CITI YOUTH LEADERSHIP AWARD

(6) \$1000

Must have completed at least 100 hours of community service within the past 12 months.

Eligible service may include – community, religious, school, or individual efforts to help others.

This service does not include fundraising, lobbying, or any paid service.

Application is available in the guidance office.

Deadline – March 30

ESSAYS/CONTESTS

1. Resource Conservation Speech Contest – Scholarship

\$2300 in scholarships

Any student grades 912 is eligible to apply

Subject – Clean Green Alternative Energy

Sponsored by South Dakota Department of Agriculture and East River Electric Power

Speeches are to be five minutes in length

Contact your local conservation district or the state division in Pierre.

Must be completed by March 21

Contact for more information – pam.bergstrom@state.sd.us

2. Ayn Rand Institute Essay Contests

Total of \$57,000 in prize money

Open for 8-10th graders with March 20 deadline and 11th and 12th graders with April 25 deadline.

See rules and guidelines and to submit your essay go to – www.aynrand.org/contests

3. Miss Prairie Village Pageant

Scholarships and prizes will be awarded

Open to girls 14- 18

Pageant held July 25 and based on talent, personal interview, evening wear and an on state question.

Contact – Bev Mader

1211 SW 1st Street, Madison, SD 57042

605-480-2633 • Jbmader55@yahoo.com

LOCAL SCHOLARSHIPS

The following are local scholarships that will be awarded to someone in the senior class and will become available later this spring. The amounts are from last year and may change this year. These scholarships will be announced so students need to make sure they check the announcements or with Mr. Henry when they become available. These scholarships are available on Mr. Henry's website.

Lions Club Scholarship

\$500

Based on service to the school and the community

Deadline – assigned by the counselor

John Solem Scholarship

\$3000 - \$4000

Based on merit- academics, leadership, service and character

Deadline – assigned by the counselor

Dell Rapids Optimist Club Scholarship

\$300

Based on the optimist creed

Deadline – assigned by the counselor

Dell Rapids Public School Education Scholarship

\$200 - \$500

Must go into the teaching field

Deadline – assigned by the counselor

PEO Scholarship

\$300

For girls only with GPA of 3.00 or higher

Deadline – assigned by the counselor

Henry Speh Scholarship

\$500 - \$1000

Must attend the University of South Dakota

Deadline – must be the application from the USD website and follow their deadlines

Dan Dugaard Scholarship

\$500

Must major in engineering and preference given to students who will attend the University of North Dakota. If we have no engineering students attending UND, students attending another college and majoring in engineering will be eligible.

Deadline – assigned by the counselor

Jay Geraets Scholarship

\$500

Must go into an agriculture related field, coaching or play collegiate sports.

Deadline – assigned by the counselor

Golden West Scholarship

\$1000

Student/parent must reside within the Golden West Telecommunications service area.

Based on ACT score, leadership, extracurricular activities, academic achievement, motivation to succeed, and personal character.

Deadline – March 15

SEARCH SITES

Check out These Scholarship Search Sites: www.fastweb.com
www.collegenet.com/mach25/app
www.eac-easci.org

SCHOLARSHIP TIPS:

Applications should be typed. If need be, fax the application and type. Ask for references in advance... usually one week. Keep a copy of the application form.. could use parts later. Proof read for grammatical and spelling errors.

Current Resident or

Non-Profit
 Organization
 U.S. Postage Paid
 Dell Rapids, SD 57022
 Permit No. 9

Dell Rapids School District 49-3
 1216 N. Garfield
 Dell Rapids, SD 57022