

Wise Owl

Dell Rapids Quarriers

Dell Rapids Public Schools

Dell Rapids, SD

December 2009

"We promote spirited thinking, responsible citizenship and lifelong learning."



2009 LIONS PEACE POSTER CONTEST RESULTS ARE IN:

1st place Dominic Holmes, 2nd place Greg Kahler, 3rd place Kendra Drew. These posters will be displayed at First National Bank. Congratulations to all the winners and to all who participated. Great Job!

November 16th Bond Election Results

The Dell Rapids School District patrons defeated the bond election to allow the School District to issue \$10.9 million in bonds to build a new elementary school. The vote totals were:

YEA = 1,161 NAY = 783

The election received 59.7% of the vote, and it needed 60% to pass. The election drew 1,944 of our 3,599 registered voters, or 54.02% of the voters went to the polls.

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Quarrier of the Month!

The faculty has selected Courtney Kolbeck as the Dell Rapids High School Quarrier of the Month for October.

Kolbeck is a positive role model for her peers and for younger students at DRHS. Her strong character, hard work, and school spirit make her a very deserving choice for this honor.

Kolbeck has excelled academically by being on the honor roll all four years of high school. Her junior year she was selected as a member of the National Honor Society and attended the Governor's Luncheon her sophomore year. Kolbeck was also a member of the Quiz Bowl team her sophomore and junior years.

She has been involved in Peer Helpers all four years of high school. Kolbeck also had the honor of being selected as a member of the Homecoming 2009 Royalty this fall.

Kolbeck has had great success with her sports career throughout high school.

She was involved in volleyball her freshman and sophomore years, and has been

actively involved in basketball her freshman through junior years. She was part of the team that participated in the State 'A' Tournament her sophomore and junior years.

Coach Jeff Dvorak said, "Courtney is one of the most dedicated players we've ever had. She certainly understands that work ethic and strong character are what leadership is all about, and she shows these in all aspects of her life."

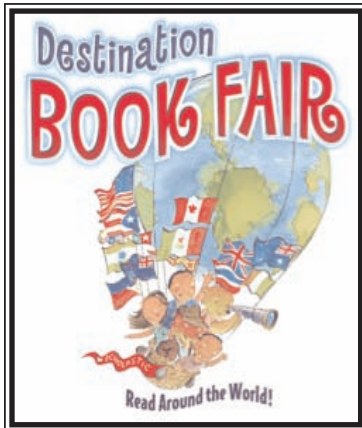
Kolbeck attended YBA (Youth Business Adventure) camp and Girls State the summer before her senior year and also became a member of the Study Buddy program her senior year. She also has become a member of the new Fellowship of Christian Athletes (FCA) program started this year.

Her future plans include attending SDSU to be in the pre-med program and major in either chemistry or biology.

She is the daughter of Tom and Pam Kolbeck. 🦉



ELEMENTARY NEWS



Character Representatives Chosen...

The 4th grade elected Character Representatives from each classroom. These students were picked by their peers based on their good character. Our Character Representatives are Matt Gillogly, Elijah Wilber, Tiffanie Dorale, Amanda Tomes, Kaylee Hennen, Shaylee Hoff, Sydney Cook and Joey Abbott (not pictured). The group will work together to encourage our elementary school to keep showing good character! 🦉



Destination Book Fair at the Elementary School Library was a huge success again this year. Thanks to hard-working volunteers and the generosity of the Dell Rapids community, the school library earned over \$3500 in books! Patrons also donated over 60 books to classroom libraries. *A big thank you goes to all of Dell Rapids for such strong support of children's reading.* 🦉



Character Counts Hall of Fame...

Our Character Counts Hall of Fame is quickly filling up. Nearly 100 students have been caught showing off their good character. Our drawing winners are Kali Graham (4Ko), Tyler Wood (2An), Madi Peters (3Mg) and Peyton Gleason (1J). Thank you to all the students who show good manners, treat others with kindness and work hard at school! 🦉

SNOW BIZ

There's no business like "snow" business! Just ask weatherman Storm Watch. An overnight Nor'easter has dumped buckets and buckets of fluffy white precipitation, and it's everywhere!



Elementary Christmas Concert
December 3, 2009
2:00 PM & 7:00 PM at the Elementary Gym.



math maniac of the week

Dell Rapids Community Haven

HAVEN'S INCLEMENT WEATHER POLICIES

Please be aware of our policies in regards to the cold and snow:

***If the Dell Rapids School District announces NO SCHOOL for the day, there will **NOT** be Haven programming.

***If the Dell Rapids School District announces a LATE START, the Haven **Before School Program WILL begin at 8:00 a.m.** and run until the announced start time.

***If the Dell Rapids School District announces EARLY DISMISSAL, there will **NOT** be Haven programming **After School**.

Tune into the local radio and television stations for school announcements.

A Place For YOUTH!

THANK YOU to everyone who purchased Butter Braid Bread from our recent fundraiser. We raised over \$3,000 to purchase supplies for the children in our program. We couldn't have done this without the continued support of our community!

Dell Rapids Elementary is proud to announce that Tayte Gleason was chosen as the Math Maniac of the Week. Tayte earned over 1,000 points in a week on the Voyager Math Live website. He was put into a drawing with thousands of other kids from across the country. He was chosen and awarded a certificate, a backpack and a big Congratulations!! Tayte is in Mrs. Gruis' 3rd grade class. 🦉

Christmas for Our Kids

“Christmas for Our Kids” is a community project that was started by Sue Horstmeyer some 20 years ago. The project is now spearheaded by the local ESA women’s organization. Because of the generosity of the Dell Rapids community, we are able to ensure a merry Christmas for all of our Dell Rapids kids.

The “Christmas for Our Kids” project works like this:

- Families in need are identified through anonymous referrals. Self referrals are welcome as well.
- Referred families are contacted and kid’s “wish lists” are requested.
- These “wish lists” are filled through donations and delivered to families prior to Christmas.

Here are some ways that you or your group can help ensure another successful “Christmas for Our Kids” project:

1. Contact Brenda O’Hara with family referrals now or anytime before Christmas – Home 428-6032, Cell 201-6571, brendaohara@siouxvalley.net.
2. You or your group can adopt a child or family and purchase gifts from their “wish lists”. Or, be anonymously matched up with a child or family and have fun shopping.
3. Monetary donations can be dropped off or mailed to “Christmas for Our Kids”, First National Bank, 312 E. 4th Street, Dell Rapids, SD 57022.
4. Donations of new, unwrapped gifts can also be dropped off at First National Bank and placed under the Christmas tree. Gift ideas include toys, books, games, and gift cards.

We hope to have all donations collected by December 15th so that gifts can be sorted and delivered to the families prior to Christmas. As we enter the holiday season please consider being part of this Dell Rapids tradition. If you have any questions please contact Brenda O’Hara at 428-6032 or brendaohara@siouxvalley.net.

Is Your Child Bundled Up?

As cold weather approaches, more layers of clothing will be needed to stay warm and participate in recess and outdoor activities. *If your child needs hats, gloves, boots or coats, please feel free to contact Erin at 428-3192 or Erin.Kane@k12.sd.us.*

WEATHER DISMISSALS

When bad weather or other emergency conditions require that the schools be closed or that classes be started late or dismissed early, information will be immediately available by: 1). on the Dell Rapids Information Line by dialing 428-4040 (ext. 4, #2); 2). our emergency communication system (for those who have signed up); and 3). from the following media sources:

- BROADCAST/CABLE:**
- KELO TV, TV CHANNEL 11/3
 - KSFY TV, TV CHANNEL 13/9
 - KDLT TV, TV CHANNEL 5/5
 - KTTW TV, TV CHANNEL 17/4
 - KELO AM, RADIO 1320

- KELO FM, RADIO 92.5
- KSOO AM, RADIO 1140
- KKLS, RADIO 104.7
- KIKN FM, RADO 100.5
- KJAM FM, RADO 103.1

When inclement weather threatens, our goal will be to make early morning decisions about the cancellation or postponement of school by 6:00 AM. Students and parents should call the information line or listen to the media listed above. Decisions that will be made will follow three categories: No School; School Starting Late (in hours) or Buses will be running snow routes only. If any variation is heard from these announcements the information should be verified by calling the Dell Rapids Information Line and choosing option (4) and then option (2) from the district menu.

Snow routes will only be used when absolute-ly necessary, and it will be announced EACH time they are used. For instance, it should not be assumed that just because snow routes were used in the morning that they will be used in the afternoon. When the decision is made to utilize the snow routes, this decision will apply to EVERY bus route regardless of the conditions present on a particular bus route. Weather and road conditions can vary greatly across the district, and it is simply impossible to run some buses on snow routes and others on regular routes. There is too much confusion.

SCHOOL BOARD

- Alan Blankenfeld 349-8034
- Steve Munk 428-5842
- Brian Davis 428-5375
- Cindy Schuch 428-0147
- Troy Randall 428-4660

ADMINISTRATION

- Tom Ludens, Superintendent . . . 428-5473
- Bruce Olson, HS Principal/AD . . . 428-5473
- Francis Ruesink, MS Principal . . . 428-5473
- Barb Littel, Business Manager . . . 428-5473
- John Jewett, Elementary Principal/
Technology Director 428-5473
- Steven Helgeland, Special Ed
Director. 428-5473 Ext. 1

Phone options: Elementary #1; Middle School #2; High School #3; School Events, Cancellations/Postponements #4; Bus Barn #5; Lunchtime Solutions #6; Immediate Assistance, dial 0.

www.dr-k12.org

MEETINGS

The Board of Education meetings are held on the second and fourth Mondays of the month from September through June and the second Monday of the month in July, August and December. The first BOE meeting of the month begins at 7 p.m. and the second meeting of the month begins at 5:30 p.m. They are held in the Distance Learning Room at the High School. Agendas can be obtained from the superintendent’s office on the Friday before any meeting. The *Dell Rapids Tribune* publishes the minutes of each regular and special meeting. Agendas and minutes are also posted on the school website.

Need an idea for a Christmas gift?

The Dell Rapids FCCLA Chapter is selling *Quarrier pillows*. For more information contact *Bev Rieck*, advisor, or any member. There is one on display in the middle school trophy case and one in the high school office.



HONOR ROLL

...what an honor

DRHS Term I Honor Roll

GOLD

Zachery Barber
Alyssa Broin
Brittany Brown
Ben Dipple
Jada Entringer
Weston Hansen
Sam Hinricher
Corynn Hof
Hunter White
Kristi Hoffman
Jessica Houser
Chelsey Huffman
Alex Kannenberg
Courtney Kolbeck
Cole Langer
Colin LeBrun
Jordan Lindberg
Zane Lodmell
Samantha Mathis
Mallory Mergen
Jacob Morris
Chad Munk
Kelly Nemmers
Ryan Nichols
Trevor Peter
McKenzie Rinehart

Riley Rinehart

MacKenzie
Schildhauer
Aundrea Schlaikjer
Cheyenne Schumaker
Nicole Snyder
Samantha Stykel
Abby Utech

SILVER

Shelby Bailey
Gabi Berre
Shelby Bierema
Aaron Blake
Miranda Broin
Paige Bunkers
Aaron Crisp
Brianna Davis
Josh DeVos
David Dusing
Tye Dybedahl
Julie Eddy
April Erdman
Danyelle Ernesti
Haley Fiedler

Alyssa Frantz
Austin Gee
Darrian Grassi
Brett Gruis
Emily Haak
Hannah Hammer
Rachel Hansen
Nicole Hanzlik
Cierra Hauf
Steven Hoffman
Morgan Hoglund
Kody Jensen
Dane Jorgensen
Emily Kerns
Lucas Knopf
Bryce Koch
Nathan Koens
Matt Kolbeck
Garrett Kommes
Ted LaCoursiere
Paige Lampe
Dylan Lautt
Lane LeBrun
Megan Leebens
Monica Lindholm
Dylan Ljunggren
Michael McGee

Riley Miller
Laine Mitchell
Katrina Mohror
Tyler Morris
Ashley Munk
Tanner Munk
Dezi Palmer
Amanda Peterson
Lexie Pierson
Wyatt Redetzke
Danielle Richter
Kelsi Ritter
Megan Rueb
Michael Schmidt
Krista Schnieders
Greg Schwebach
Phillip Schwebach
Levi Sell
Brodie Sharp
Karlie Solum
Ashley Stanton
Brittini Steineke
Matea Strong
Atalie Swanson
Lexy Utech
Aaron VanBallegooyen
Nicole Wrage
Cassidy Wright

BRONZE

Andrew Andersen
Alex Baatz
Channing Barber
Julia Brust
Michael Carpenter
Glenda Danielson
Joey DeLange
Rachel Devlin
Karen Eddy
John Elverson
Jackson Entringer
Kaitlin Franka
Ryan Fuglsby
Kenny Grovenburg
Joci Hansen
Margo Hegge
Austen Hof
Taylor Huewe
Jerica Johnson
Erica Jurgensen
Ben Kahler
Nic Kahler
Taylor Lautt
Evan Leebens
Megan Lemme
Dylan Lesselyoung
Michael Luke
Callan Martin

Brielle Mears
Malinda Miller
Connor O'Hara
Austin Posey
Nicole Rice
Aaron Riswold
Whitney Rowe
Marisa Rueb
Alex Rueckert
Sam Rus
Shaylea Schreurs
Danielle Schuch
Ashley Schultz
Scott Selken
Nick Siemonsma
Ramzee Spiegelberg
Nicole Springman
Kassandra Steineke
Hillary Sward
Connor VanDuyn
Ashley VantHul
Megan Welbig
Morgan Wiebenga
Brady Wrede
Brad Zwart

DRMS Term I Honor Roll

6th Grade

GOLD

Hoglund, Ty
Parrott, Joshua
Prasek, Samuel
Stofferahn, Mikaela
Welbig, Hannah
White, Sam

SILVER

Adams, Mara
Adams, Sutton
Benda, Joshua
Brewer, Ciera
Dearduff, Cassidy
DeLange, Theodore
DeVos, Alexa
Erickson, Demi
Fiedler, Hannah
Geraets, Ryan
Gottsch, Elizabeth
Gronli, Brooke
Hauf, Kelcie
Hegge, Nadine
Holmes, Dominic
Hyde, Kenydie
Klein, Eric
LaCoursiere, Henry
Lesselyoung, Drew
Miles, Megan

Mogen, Brett
Morris, Lindsey
Opland, Erica
Reider, Samantha
Riswold, Justin
Schumacher, Kiah
Stelzer, Zachary
Wright, Cordell

BRONZE

Donaldson, Orion
Drew, Kendra
Eddy, Brent
Ellison, Griffin
Hollaren, Mason
Johnson, Elijah
Jorgensen, Karlie
Kahler, Gregory
Koster, Brianna
Machmiller, Austin
Miller, Makaylah
Randel, Trey
Schmit, Sydnee
Schrade, Zachary
Shellum, Cody
ThoresonBruhn,
Jasmine
Tiesen, Alicia

7th Grade

GOLD

Tisher, Jessica
Wilke, Melanie

SILVER

Baatz, Shelby
Boever, Matthew
Boyle, Emily
Broin, Austin
Carpenter, Beau
Dearduff, Meg
Gilligly, Benjamin
Gleason, Casey
Haak, Sarah
Hammer, Benjamin
Huss, Hannah
Jensen, Morgan
Jurgensen, Riley
Karst, Adam
Langer, Grant
Link, Lauren
Lueders, Angel
Meyer, Justin
Munk, Bailey
Nelson, Jase
Nemmers, Roman
Sachen, Desaray
Schmidt, Riley
Schumaker, Zane

VanBallegooyen,
Devin
Welbig, Brittney
Wiebenga, Andrew
Wrage, Shelby

BRONZE

Brown, Taylor
Brust, Joel
Eulberg, Austin
Halvorson, David
Hanzlik, Trevor
Hennen, Ty
Jorgensen, Matthew
Knappe, Trent
Leeper, Heaven
Nelsen, Jill
Peterson, AJ
Roemen, Micah
Schumacher, Pierce
Siemonsma, Brittney
Snoozy, Luke
Tiernan, Reice
Weber, Devon

8th Grade

GOLD

Adams, Mikaela
DeNoon, Jonathan
DeNoon, Matthew
Gleason, Jackson
Hinricher, Benjamin
Kangley, Sarah
Luke, Mallory
McKillip, Tia
Mitchell, Michael
Nagelhout, Maria
O'Hara, Shane
Schumacher, Zane
Snyder, Alexandra
Solberg, Tanner

SILVER

Apland, Cody
Damm, Jayme
Derschan, Chandler
Ernesti, Nicholas
Gee, Tyler
Habeger, Jacob
Huewe, Jacob
Lacey, Tad
Leighton, Karlie
Leighton, Kutler
Logan, Taiven
Murphy, Victoria
Reit, Natasha
Riswold, Alec

Roemen, Alexandra
Schroeder, Zachary
Schultz, Kelsey
Skinner, Sheridan
Spielmann, Cheyenne
Stone, Jordan
Tomes, April
White, Zach
Wolles, Courtney

BRONZE

Baumberger, Lyndsey
Bortnem, Gage
Damm, Alexis
Lambert, Jessica
Mitchell, Brandi
Nichols, Brett
Sorsen, Courtney
Stanton, Keegan
Viotor, Madeline

Middle School Messages

Sixth Grader Accepted into '10 Honor Chior

Congratulations to 6th grader Mikaela Stofferahn. She has been accepted into the Elementary Festival Honor Choir 2010. Mikaela auditioned via a CD which was sent to the judges in October. After listening to 450 audition CD's, the judges narrowed the number of singers to 185, which is normally 130-150 singers.

The Choir will rehearse one day during the annual Music In-Service that is held at SDSU, and perform later on that same day. Mikaela will be learning six songs for the performance, including one in German and one in Spanish.

Way to go, Mikaela!!!



Students of the Month for November

Left to right, top row: 8th, Jessica Lambert, Kahler Berven
 next row down: 7th, Jakob Schreier, Ty Hennen
 next row: 6th, Jasmine ThoresonBruhn, Jace Blair
 front row: 5th Mikayla DeNoon, Janae Hahn



DRMS Quiz Bowl

Dell Rapids Middle School hosted a Quiz Bowl competition on Thursday, October 29. There were a total of 24 teams competing, including students from Dell Rapids, Dell Rapids St. Marys, Brookings, Brookings Home School Alliance, Chester, Greater Sioux Falls Home School Association, West Central, Howard, Brandon Valley, Beresford, and Mitchell Christian. The top three teams were awarded a team trophy and individual medals. Brookings #2 ended the competition in first place, finishing only two points ahead of Brookings #4. Dell Rapids St. Marys finished in third place. Students who

participated for DRMS included: Jackson Gleason, Tad Lacey, Shane O'Hara, Michael Mitchell, Jordan Stone, Jessica Tisher, Ben Hinricher, Sarah Kangley, Lexi Snyder, Taiven Logan, Aubrey Kimball, Maria Nagelhout, Chandler Derschan, Courtney Wolles, Casey Gleason, Matthew Dorale, Jacob Ritter, Roman Nemmers, and Meg Dearduff.



The Quiz Bowl team would especially like to thank all of the workers who volunteered their time to help make the Quiz Bowl run so smoothly. Great job to all of the students who participated!

1. South Dakota Opportunity Scholarship

\$5000 over Four Years

Must attend a South Dakota college or technical school

Must complete the Regents Scholar Curriculum with a cumulative GPA of 3.00 or better, an ACT score of 24 or higher and no grade below a C in the core classes.

The Regents Scholar Curriculum is –

- 4 credits of English
- 3 credits of social studies
- 4 credits of math
- 4 credits of science
- 1 credit of computer science
- 1 credit of fine arts
- 2 credits of the same foreign language

Deadline – September 1 of the year you will be starting college

Application is available at –

www.sdbor.edu/SDOpportunityScholarship.htm

2. Dakota Corps Scholarship Program

Pays full tuition and fees

Must attend a South Dakota college or technical school

Must go into a critical need occupation after graduation from college

Critical need occupations include – teaching k-12 music, special education, foreign lan-

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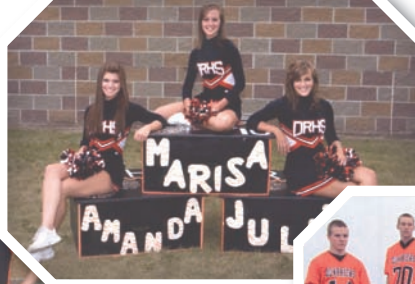
Thank You

Thanks to the seniors that participated in fall sports. We appreciate all you do!

SENIOR ATHLETES



Volleyball: Front Row:
Danielle Schuch,
Ashley Munk
Back Row: Karlie
Solum, Shelby
Bierema, Joci Hansen



Cheerleading:
Amanda Kahler,
Marisa Rueb, and
Julie Eddy

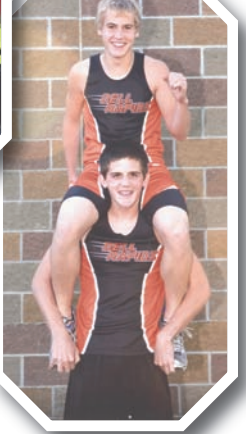
Golf: Jadin Wendland



Cross Country:
Evan Leebens
and Connor
O'Hara



Football: Front: Travis Delker, Pat Curry
Josh Fiedler, Sebastien Holmes, Jordan Munk, Tyler Morris, Evan
Murphy, Aaron Crip Michael Carpenter
Back Row: Caleb Buysse, Scott Selken, Cade Buysse, Landon Lueders,
Matt Dunbar, Grant Siemonsma



FCCLA News

On October 4 and 5 FCCLA Leadership Weekend was held in Huron. Attending the Rookie Camp session were Chandler Derschan and Courtney Sorsen. They gained general knowledge about FCCLA and ideas they could use in our chapter in their workshops.

On October 26 the Dell Rapids Chapter hosted the District III Rally. Since Whitney Rowe, district co-chairman, is from our chapter hosting this event is a responsibility of that office. The four officers were in charge of a workshop and attendees rotated between them.

A Halloween safety skit was presented to the four sections of first graders by two members. For Halloween tray favors were made and distributed to residents of Terrace Manor, Orchard Hills, Trent Assisted Living, participants of the Meals On Wheels program, and hospital patients. Door hangers for Thanksgiving were made and given to the same people.

National Family Month is in November so a family gathering is scheduled for later this month. Other activities were also planned. 🦉

WENDLAND SELECTED AS WENDY'S HEISMAN WINNER

Dell Rapids High School is extending special congratulations to Jadin Wendland, who was recently named School Winner for the prestigious Wendy's High School Heisman Award. To be eligible for this award, students must exhibit excellence in academics, athletics, and community/school leadership.

The Wendy's High School Heisman program, awarded in conjunction with the collegiate Heisman, celebrates the achievements of the nation's top high school seniors both in and out of the classroom.

Just as the collegiate Heisman is known for being the top award in college football, the Wendy's High School Heisman award is known for being the most prestigious award at the high school level. The award encourages future leadership by recognizing well-balanced lifestyles at an early age.

Created in 1994, WSHS has set the standard for high school student-athletes and gained tremendous prestige in its own right. To date, more than 188,000

high school students have represented their schools and been touched by the Heisman glory.

The program consists of six stages of awards – applicants, school winners, state finalists, state winners, national finalists and national winners. Entries are initially evaluated by ACT Assessment during the Applicant, State Finalist and State Winner phases and then passed on to a distinguished panel of judges. Known for the ACT college entrance exam, ACT is a nonprofit organization offering educational measurement and research services.

Twelve National Finalists will be invited to participate in Heisman weekend festivities during an all-expense paid trip to New York City on Dec. 11. ESPN will feature all 12 National Finalists during the national telecast of the college Heisman Memorial Trophy presentation.

Congratulations to Jadin Wendland and good luck in the next round! 🦉



On October 28th, Casey Boever, Kelly McKay, Nick Siemonsma, Patrick Bent, Jackson Entringer and Dylan Lesselyoung attended the Ag/Power Sports Camp at Mitchell Technical Institute. These young men had the opportunity to learn more about the Ag Technology, Crop Production and Livestock Production classes offered along with the newer program of Outdoor Power



and Recreational Vehicle Technology. They also went out to the land lab which is the 85 acres managed by the Mitchell Tech agriculture students.

Financial analysis is the unit the Ag III/IV students are just finishing up. Shop projects will then become the major focus of the students. They will be utilizing skills they have developed in previous years in agriculture classes to design and construct projects in the shop. This class is a half-block (skinny) and will continue next semester.

Bat racks for the new baseball field dug outs and various other projects have been worked on by the Ag Manufacturing class. This group of students will be finished at the

end of the semester, but a new group of students will begin with the start of the new semester.

The Ag I students have finished up the unit on crops and are now going over forestry and will continue with fish and wildlife to finish up the natural resources

curriculum. This agriculture course will be finished up by going over international agriculture and agricultural careers.

Welding projects are being worked on now by the Welding students. They have completed all of the required welds and developed their skills enough to construct personal metal projects. This class will end at the end of the semester.

The FFA Chapter had another successful fruit sale and we would like to thank everyone who supported this fundraiser. Thirty-six people sold items for a grand total of \$13390 with Jordan Munk being the top salesperson with an individual total of \$1980. The money raised is used to pay for the various FFA events and activities throughout the year. The items should be in the second week of December, at which time it is sorted through and the students who sold it will then deliver it. The Jackrabbit Invitational Leadership

event was held Nov. 5 in Brookings with Jordan Munk placing 7th in Ag Broadcasting and Caleb Buysse placing 6th in his group of Job Interviewers. Pat Curry placed 2nd in Extemporaneous Speaking, Jordan Munk placed 4th in Ag Broadcasting and Caleb Buysse participated in Job Interview at the district leadership career development event on November 16 at West Central. Pat advances on to the State FFA Leadership Career Development Event in Pierre on December 6 & 7 with Jordan being an alternate if one of

AG IN ACTION



the top three in the district cannot attend. The senior members can apply for their State FFA Degree, with the applications being reviewed on Jan. 20 and they can also

apply for FFA scholarships through the State and National FFA, with the application due Feb. 15. The Sioux Empire Winter Show, Jan. 27- 31, will also have various events available for members to participate in. ❧

On Wednesday Nov. 5, and Thursday, Nov. 6, 2009, seniors from Dell Rapids High School were given the chance to experience a day in the work field. With the help of George Henry, the seniors have been preparing for their job shadow experience their junior year by taking career exploration through a series of ability and interest tests, Career Cruising, and the Discover program. Senior year entailed creating a resume and cover letter that would eventually be sent to their business contact person where they would be shadowing to determine future career choices.

Seniors Job Shadowing

Dell Rapids High School Seniors have been given the opportunity to job shadow for the past 30 years. Up until the last two years, the job shadow program has been coordinated with 10 other schools encompassing around 250 students job shadowing in the surround area. Due to retirement of the job shadow coordinators, Henry has taken the liberty of placing Dell Rapids seniors in jobs for the past two years. With the help of Marne Leighton, she and Mr. Henry call businesses in the surrounding areas, confirm dates, arrange times, distinguish dress code, lunch plans, and then later provide follow-up phone calls. Without the hard work and dedication of Henry and Leighton, the seniors would not be able to experience a days work in their occupation of choice.

Once the resumes and cover letters have been sent out, the seniors wait anxiously for the day they have been assigned to shadow. There are vast ranges of occupations offered to the students in engineers, teachers, business managers, chefs, veterinar-

ians, social workers, photographers, architects, police officers, graphic designers, wildlife biologists, construction management, and various health fields. Dell Rapids had a large number of students interested in the health field, but due to the H1N1 breakout, shadow placements were hard to come by.

Michael Carpenter had a very informative job shadow experience that will be a contributing factor in his decisions of college and occupation. Carpenter shadowed a civil engineer at City Hall in Sioux Falls for the City Engineers Office. "My favorite part of job shadow experience was when I was taken out to a couple of open projects to see the what the job entailed and what kind of work I would be doing in this field."

The goal Henry has been trying to accomplish by the job shadow experience is ultimately to give students a look into life after high school. The experience gives each student the chance to ask their contact person questions pertaining to their specific occupations. They received answers containing information on a little history of the career field, roles and responsibilities, personal attributes, career ladder, education requirements and opportunities, technology used, related jobs and careers, where to learn more about the career, the experiences needed, money questions, and personal questions.

The overall experience from the senior class was very positive; many students learned a lot of things about themselves and many made some vital decisions concerning the paths that they will be taking after graduation. With the help of the job shadow experience, the seniors of Dell Rapids High School are now ready to take the next step, with confidence, toward their futures. ❧



Sward invited to Macy's Parade Celebration

Hillary Sward, a talented senior trumpet player at Dell Rapids High School, has had a love for band for the past eight years since she began playing in the fifth grade. In the high school, Sward has been a member of marching, jazz, and concert band at which many of these performances she was chosen to play trumpet solos. She is a dedicated musician who with years of practice has gained many honors. A few honors include: being a member of East Central Honor Band, Quad State Band, All-State Band, and Midwest Ambassador of Music tour in Europe this past summer. All of these honors have helped prepare this trumpet player for an even bigger experience which will take place on Thanksgiving Day. Sward will be marching in the Macy's Thanksgiving Day Parade on Nov. 26, 2009, with the Macy's Great American Marching Band (MGAMB).

Earlier this year Sward was accepted to be a member of the All-State Band. Little did she know that one day she would receive a letter from MGAMB asking her to submit an application to be in the marching band because of her outstanding accomplishment of being a member of the South Dakota All-State Band. All she had to do was send in her application and wait to hear if she was accepted. Her dedication to music paid off when she received her acceptance and with her natural ability to play music, she found she did not have to send an additional audition tape. She was accepted on merits from her All-State audition.

Honoring America's finest high school musicians, this band will be composed of selected students from each of the 50 states. The musicians will be under the direction of Dr. Jon Woods of Ohio State University, and Auburn University's Dr. Richard Good. She, along with 185 other musicians will be complemented by approximately 50 flags and dancers choreographed by Greg Lagola of the famed Cadets Drum Corp of Pennsylvania.

This prestigious band will take an honor position among the gigantic helium balloons, impressive floats carrying celebrities, and the nation's top marching bands. Stepping-off from Central Park, the band will be cheered on the by the 2.5 million spectators lining the parade route. Arriving at Macy's Herald Square, the band will perform for celebrity hosts, a grandstand audience, and more than 50 million TV viewers watching the broadcast live on NBC.

When asked what she is looking forward to most, Sward

said, "As weird as it sounds, I am looking forward to being surrounded by extremely talented

musicians. I love playing music for Dell Rapids but this will be much different. In New York, I see it as a challenge to see how hard I will have to push myself to keep up with the other participants."

Sward plans to continue with music as she plans to attend South Dakota State University in Brookings next fall to be a member of "The Pride of the Dakotas" while pursuing a career in music education. Look for her on Nov. 26, 2009, at 9:00 a.m. on NBC as she and the MGAMB lead the opening of the parade. The Echo Staff would like to wish her the best of luck in this once in a lifetime experience! 🦉

High School

Congratulations...

Congratulations to Josh Fiedler, Jordan Munk, Aaron Crisp, Pat Curry, and Travis Delker who were named to the All Conference FB Squad. Grant Siemonsma, Greg Schwebach, and John Elverson were named to the Honorable Mention All Conference FB Squad.

Congratulations to Aaron Crisp and Pat Curry who were named to the All State FB team.

Great Job Everyone!



DRHS host FCCLA District III Rally

The Dell Rapids FCCLA chapter hosted the District III FCCLA Rally on Oct. 26, 2009 from 4:00-7:15 p.m. Every year the Vice-President hosts the event in their district. Whitney Rowe is this years Vice President. The chapter helped organize decorations, necessities for workshops, and dinner for the guests. There are eight schools that make up District III including: Baltic, Canistota, Colman-Egan, Dell Rapids, Flandreau, Madison, Tri-Valley, and West Central.

District III has four officers and each

officer came up with an idea of a workshop ranging from an Interview Survival Kit to a Scavenger Hunt. Each group of members rotated so every member had the opportunity to see the workshops.

The reason for our district doing a rally was to help FCCLA members get to know each other. Workshops visited throughout the rally were to help the members gain new ideas for projects and more information about FCCLA which is especially important for new members. "The rally was successful.

Everyone left with some ideas for a project and/or activity they could use for their own chapter," said advisor Bev Rieck.

Overall the District III FCCLA Rally was a great success and the officers accomplished their goals with the workshops. FCCLA members left with new ideas and a great deal of information in mind. 🦉

Happenings

SNOWBALL DANCE

Winter Formal (semi-formal)

December 4th, 2009

*Doors open @ 7:30pm • No Returns
Doors close @ 8:30pm with No Entry after 8:30.*

Tickets sold in advance, available in the office, starting Nov. 16th thru Dec. 3rd.

- Couples: \$15
- Singles: \$10

Dress Preferences

- Girls wear either a dressy outfit or dress.
- Boys wear dress pants or khaki pants with a dress shirt AND TIE. Jackets & vests would be nice, but are optional.

Dancing Regulations

There will be no inappropriate dancing or moshing. Students dancing in this manner will be asked to stop & subsequent inappropriate dancing will result in being removed from the dance.

*Current DRHS students may purchase their tickets (one for you, one for a guest). NO REFUNDS.
Current DRHS students and their guest under the age of 21 may attend. NO EXCEPTIONS.
Guests are expected to adhere to all the rules and regulations that the DRHS students must follow.

Two Attend Annual National FFA Event

So far this year Dell Rapids chapter of Future Farmers of America has been very busy. As something fun and rewarding, Nicole Wrage and Erica Jurgenson took a long bus ride to Indianapolis, IN, to the FFA National Convention! They took a Prairie Coach bus for the near 12 hour drive to arrive at their adventurous destination.

The girls loaded the bus for their departure at 2:30 a.m. on Wednesday, Oct. 21, 2009, and arrived back at Dell Rapids on Sunday, Oct. 25. Although Wrage and Jurgenson were the only two from Dell Rapids, there were also other kids from different towns who traveled along. While on this trip, they had many opportunities to take part in. While attending nine different sessions, they discussed topics involving "leading the world one step at a time." The attendees learned about "leading out loud" in the world by helping the needy and caring about everyone. They also discussed how to make people feel more welcomed and not to make anyone feel as if they were invisible.

"I learned a lot through all of the sessions and had a lot of fun," said Wrage.

Now how many of you readers have seen Discovery Channel's hit show, Dirty Jobs? Mike Rowe is the host and the one doing all of these "dirty jobs." During the nine sessions everyone attended, Mike Rowe was the speaker. "It was very cool having Mike Rowe as the session speaker," said Jurgenson.

They visited Lucas Oil Stadium, which is a multi-purpose sports stadium in Indianapolis and home of the Indianapolis Colts. This stadium also hosts concerts for people like well-liked Kenny Chesney, who performed there for the first public concert since Sept. 13, 2008.

The Hoiser Race Track is another popular place for horse race fans. Wrage and Jurgenson went and visited the seven-eighths of a mile oval race track and casino. They toured the "state-of-the-art" track and Wrage said, "It was cool."

Wrage and Jurgenson also visited the John Deere plant. They also got to spend some time in the FFA mall where they were able to purchase all kinds of FFA and other dealer merchandise.

Throughout their visit, Wrage and Jurgenson said they had a blast. "With all of the things to do, it was hard to not have fun," said Jurgenson.

Congratulations!



Congratulations to Jadin Wendland who was selected by the faculty and the senior class as our school's D.A.R. "Good Citizen". Other finalists for this honor were Courtney Kolbeck, Danielle Schuch and Ashley Schultz. Congratulations to all of you!



Shelby Bierema was selected to the All Conference VB Team.

Tour of Homes

Junior Class Fundraiser 2009



Brian & Kristie Cook
1001 Westview Dr.

Andrew & Juliann Johnson
1102 N. Orleans Ave



Heath & Kelly Lacey
1111 Wyland Dr.



Tony & Rose Meyer
808 Eagle Run



Kelly & Julie Randall
706 Eagle Run



Tickets:
\$5.00 ea.

December 6th, 2009 • 1-4 P.M.

Please join us afterwards at the museum for refreshments and treats!

Veterans' Day

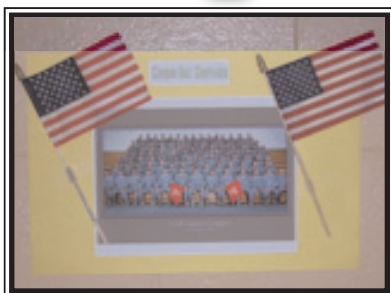
Veterans' Day is a federal holiday celebrated throughout the United States in honor of military veterans who served or are serving our country. Parades and ceremonies are held across America to show respect to the soldiers. Woodrow Wilson announced November 11, Veterans' Days in 1908 in honor of Armistice Day; the day Germany signed peace treaties to end World War I.

Although Veterans' Day is a federal holiday across the nation, here at Dell Rapids High School it is considered more beneficial to stay in school. Mr. Bruce Olson, the Dell Rapids High School principal, commented on Veterans' Day, "I believe it's just as important to teach students about Veterans' Day, which is why we choose to have school. At the high school we usually try to get a military veteran to come and speak with the students; therefore, this year I asked Justin Stanford, an elementary school teacher, who recently returned from Iraq in October 2008."

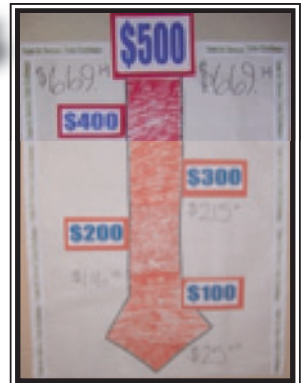
On Nov. 11 at 9:00 a.m. Dell Rapids High School held an assembly lasting approximately 45 minutes. Stanford talked to the students about his experience in Iraq and also showed a picture slideshow. The end of the assembly was opened up to questions that any student may have had. Stanford was more than willing to answer questions and share his knowledge of the military with the kids.

Overall, the assembly was very informative and useful for the students and staff as well. It's very important that everyone understands why Veterans' Day is to be respected and admired. Thank you to all 24.9 million troops who have served or are serving for the United States Armed Forces to protect our freedom. 🇺🇸

Hope for Heroes



The Dell Rapids chapter of ESA sponsored a "Hope for Heroes" Coin Challenge. This national program was started by ESA in 2005 as a way to honor our country's service men and women. Dell Rapids Public students collected money to support the National Guard 211th Engineer Company stationed in Afghanistan. Our elementary goal was \$500. The final amount announced on Friday, November 13th was \$669.14! Thanks to everyone for their support! Our ESA members will purchase gift cards to be sent to service men and women in need. 🇺🇸



Competitive Cheer



Participants on the State Competitive Cheer Team were
 Back Row: Ashley Vant'Hul, Julie Eddy, Amanda Kahler, Samantha Kohonen, Middle Row: Rachel Hansen, Megan Rueb, Marisa Rueb, Second Row, Rachel Hanson, Julia Brust, front: Cheyenne Schumaker. The girls are coached by Magen Richeal. The girls finished their season as State Runner Up placing 2nd overall in point standings in the Class A Division. **Great Job!** 🦉

2009-2010 Booster Board

Members:

Roger & Deb Koens
 Scott & Jan Mandel
 Gregg & Laurie Huewe
 Kevin & Jeanine Schnieders
 Dean & Elaine Hammer
 Pam Schwebach
 Alan & Sheba Schlaikjer
 Jerry & Lynn Kerns
 Jeff Delker
 Del Ray & Kathy Dorale

Congratulations to all the athletes who participated in fall sports and thanks to all who helped celebrate their accomplishments at the fall sports awards night on November 15th. Good luck to all the athletes participating in the winter sports. We look forward to cheering you on!

ATHLETIC BOOSTER CLUB

Football/Cross

Country/Volleyball/Competitive Cheer

Congratulations to the football team on a great season and to the volleyball team for their second place finish in the district tournament. **Congratulations** also to both the boys and girls cross country teams for their 7th and 4th place finishes in the region meet and to Connor O'Hara for his 7th place finish in the state meet. Other state participants were Morgan VanDam, Brittney Schlaikjer and Chandler Derschan. **Great job** competitive cheer team for finishing State Runner Up, placing 2nd overall in point standings in the

Class A Division. Members of the team were Amanda Kahler, Julie Eddy, Marisa Rueb, Samantha Kohonen, Rachel Hansen, Megan Rueb, Rachel Hanson, Julia Brust, Ashley Vant Hul and Cheyenne Schumaker.

Membership Drive

Thank you to all that have joined the Booster Club through our membership drive. It's not too late to join! A family membership is \$20 and an individual is \$10. 100% of all proceeds go directly to Quarrier athletics! Please contact one of the Booster Club Board Members if you are interested in a membership.

As the Weather Grows Colder ...

With winter sports, again comes the Booster Club **beef raffle**. Kevin and Jeanine Schneiders have generously donated a ¼ beef for this event.

Tickets are on sale and available through booster club board members or at upcoming home events. Tickets are \$5 for one or \$10 for 3. The drawing will be held at the basketball doubleheader on February 16th. You need not be present to win.

Congratulations to the latest **football pool winners** Tom Kolbeck, Doug Fiedler and Dean Kommes.

Looking for a Christmas gift for that hard to buy for person? How about some **Quarrier Wear**? Items are available through the middle school office. Gift certificates are also available. Get yours now while supplies last! 🦉

"Empower. Lead. Excel." Those three simple words define Hugh O'Brian Youth Leadership (HOBY). Each year the Dell Rapids High School sends two sophomores to this exciting, fun filled leadership camp.

HOBY 2010

HOBY is designed for high school sophomores to recognize their leadership abilities and apply them to school, at home, workplaces, and in service to their community. Lexy Utech and Emily Haak have been selected to represent DRHS at the 2010 HOBY Seminar. These two young ladies knew what it takes to be a leader.

To be chosen to attend HOBY sophomores were asked to write essays explaining what the most challenging and the most rewarding parts of leadership were. From there the essays are read by the DRHS staff and the top two essays are chosen to attend the seminar. Along with the essay the teachers look for creative problem solving, strong decision-making skills, sensitivity to the needs and concerns of others, and a charismatic personality.

From all of the students Utech and Haak stood out

and were selected to represent our school. "It's good to know that my peers and teachers think I'm a leader in our school," said Emily. "I hope I get to learn a lot and learn how to apply it to my life."

In mid-June 2010, Lexy and Emily will attend HOBY in Mitchell, SD at the Dakota Wesleyan University campus. These girls along with nearly 100 other students of South Dakota will learn some new leadership skills. "I'm excited to meet new people with common interests," said Utech.

Last years attendees were Megan Rueb and Jada Entringer. The two learned many new things about leadership and how to apply them in our school. HOBY helped the girls step up and take more of a leadership role in our community and high school. The same is hoped to come out of this year's representatives.

HOBY is a life changing experience for many sophomores in the nation. The program is creating and discovering many new leaders each year. We wish Lexy and Emily the best of luck in their experience and their knowledge expansions! 🦉



SCHOLARSHIPS

guage, high school math or science or working as a licensed practical nurse, registered nurse, or in allied health care field.

Must have ACT score of 24+ and GPA of 2.8+

Deadline - February

Application is available online at –

www.state.sd.us/dakotacorps/default.html

3. Burger King Scholarship

\$1000

Must have 2.5+ GPA, must work 10 her week, involved in community service, and and demonstrate financial need.

Deadline – Feb. 1

Application is online at –

www.haveityourwayfoundation.org/bksp_application.htm

Access Key BKS

4. AXA Achievement Scholarship

\$10,000 to \$25,000

Based on community involvement, overcoming personal challenges, and leadership.

Deadline – Dec. 15

Application is online at – www.axa-achievement.com

5. Farmers Union Foundation Scholarship

3 - \$500

Parents must be members of South Dakota Farmers Union Based on involvement in school and community activities, need, and involvement in Farmers Union Activities

Deadline – Dec. 1

Application is available in guidance room and online at –

sdfu.org/educationscholarships.html

6. Lucy Hoskings Ayres Scholarship

\$500

Must be the child or grandchild of a veteran of armed conflicts. Veteran refers to former members of the Armed Forces who have been called to armed conflict.

Deadline – Feb. 1

Application is available in the guidance office

7. Miss SouthDakota/Miss South Dakota Teen USA

Information – www.missouthdakotateenusa.com or www.missouthdakotausa.com

Deadline – June

8. Yankton College Scholarship

\$1000

Applicants must either have a family relationship to a Yankton College alumni, former faculty or Staff, or a family friend, teacher, pastor or other person with a connection to Yankton College may recommend the applicant.

Deadline – Feb. 12

Application is available in the guidance office

9. KFC Colonel's Scholarship Program

\$5000

GPA – 2.75+

Must pursue a bachelor's degree at a public institution

Deadline – Feb. 10

Application is online at – www.kfcscholars.org

10. US Bank Scholarship

(40) \$1000

Scholarship awards are selected in monthly random drawings.

Information is available online at – usbank.com/studentloans

11. Amateur Softball Scholarship

\$500

Open to family members who have participated in SDASA softball for a least 3 years.

Deadline – March 1

Application is available in the guidance office

12. Violet Richardson Award

\$500

For young women ages 14 -17 who have volunteered within their school or community.

Deadline – Dec. 1

Application – sisiouxfalls@soroptimist.net

13. AXA Achievement Community Scholarship

\$2000

Based on ambition and drive, determination to reach goals, respect for self, family and community, and ability to succeed in college.

Deadline – Feb. 15

Download application at www.axa-achievement.com

14. Sioux Empire Cornhuskers Scholarship

(6) \$1000

Must be an entering freshman at the University of Nebraska/Lincoln

Based on ACT scores, school activities, scholastic ranking, and community activities

Deadline – Jan. 27

Application available in the guidance office

15. Sioux Valley Energy Scholarship

Total of \$12,000

Must be a son or daughter of a Sioux Valley Energy customer. Based on GPA 3.00+, ACT scores, work experience, school activities, volunteer service.

Deadline – Feb. 1

Application is on line at – www.siouxvalleyenergy.com

16. American Legion Auxiliary Scholarship

(2) \$500

Must be a child or grandchild of a veteran or a child or grandchild of a American Legion Auxiliary member.

Deadline – March 1

Application is available in the guidance office

17. Thelma Foster Scholarship

\$300

Must be a junior member of the American Legion Auxiliary

Based on character, leadership, academics, Americanism, and need

Deadline – March 1

Application is available in the guidance office

ESSAY CONTESTS

1. Ayn Rand Education Essay

Essay contest on Ayn Rand's novels

Open to grades 8th – 12th

For more information visit – www.aynrandeducation.com

SEARCH SITES

Check out These Scholarship Search Sites:

1. www.fastweb.com

2. www.collegenet.com/mach25/app

3. www.eac-easci.org

SCHOLARSHIP TIPS:

1. *Applications should be typed.*

2. *If need be, fax the application and type.*

3. *Ask for references in advance... usually one week.*

4. *Keep a copy of the application form.. could use parts later.*

5. *Proof read for grammatical and spelling errors.*

 **DECEMBER 2009
ELEMENTARY BREAKFAST**

Dell Rapids Public Schools



QUARRIERS

Breakfast Choices
Available every day
Breakfast includes:

- Entrée or choice of cereals & toast
- Fresh or Canned Fruit
- Milk choices



Mon	Tue	Wed	Thu	Fri
	1. Cinnamon Tastry Fruit Milk Choices	2. Scrambled Eggs Tri Tator Hash brown Fruit Milk Choices	3. Biscuit w/Sausage Gravy Fruit Milk Choices	4. Cinnamon Roll 100% Fruit Juice Milk Choices
7. Waffle with Syrup and Sausage Fruit Milk Choices	8. Cheese Omelet Fruit Milk Choices	9. Breakfast Pizza Fruit Milk Choices	10. Biscuit w/Sausage Gravy Fruit Milk Choices	11. Cinnamon Roll 100% Fruit Juice Milk Choices
14. Breakfast Pizza Fruit Milk Choices	15. New to the Menu: Creamy Cinnamon & Sugar Oatmeal Fruit Milk Choices	16. Breakfast Skillet Bake Fruit Milk Choices	17. Biscuit w/Sausage Gravy Fruit Milk Choices	18. Cinnamon Roll 100% Fruit Juice Milk Choices
21. French Toast Sticks with Syrup Fruit Milk Choices	22. Breakfast Sandwich Fruit Milk Choices	23. Breakfast Pizza Fruit Milk Choices	24. No School	25. No School <i>Merry Christmas</i> 
28. No School	29. No School	30. No School	31. No School	

Meal Prices

Student Breakfast \$1.20
Adult Breakfast \$1.45

Free and reduced meal forms can be obtained from all building offices at any time throughout the school year.

Extras Available
Extra Milk \$.40

Breakfast Boosts Brain Power

How totally cool that breakfast fuels kids' brains for school! Several studies suggest that eating breakfast may help children do better in school by improving memory, alertness, concentration, problem-solving ability, test scores, school attendance, and mood. Adult breakfast skippers, take a lesson—eating breakfast may help boost your brain power, too.

New To The Menu 

This month we are featuring a great-tasting new breakfast entrée, "Creamy Cinnamon & Sugar Oatmeal".

This recipe was created by our Culinary Team and includes oatmeal made with milk and sugar for a smooth, creamy texture. Vanilla and cinnamon add comforting flavor. Let us know what you think!

Questions Comments

Contact Rhonda Galles, Food Service Director at 605-670-9502 or rhonda@lunchtimesolutions.com

Breakfast is served every day from 8:15 to 8:55.

 Lunchtime Solutions, Inc.
Creative Solutions in School Food Services

 **DECEMBER 2009
MIDDLE HIGH BREAKFAST**

Dell Rapids Public Schools



QUARRIERS

Breakfast Choices
Available every day
Breakfast includes:

- Entrée or choice of Cereals w/Toast
- Fresh or Canned Fruit
- Milk choices



Meal Prices

MS Breakfast \$1.20
HS Breakfast \$1.20
Adult Breakfast \$1.45

Free and reduced meal applications are available at the school office.

Mon	Tue	Wed	Thu	Fri
	1. Cinnamon Tastry Fruit Milk Choices	2. Scrambled Eggs Tri Tator Hash brown Fruit Milk Choices	3. Biscuit w/Sausage Gravy Fruit Milk Choices	4. Jumbo Cinnamon Roll 100% Fruit Juice Milk Choices
7. Waffle with Syrup and Sausage Fruit Milk Choices	8. Cheese Omelet Fruit Milk Choices	9. Breakfast Pizza Fruit Milk Choices	10. Biscuit w/Sausage Gravy Fruit Milk Choices	11. Jumbo Cinnamon Roll 100% Fruit Juice Milk Choices
14. Breakfast Skillet Bake Fruit Milk Choices	15. New to the Menu: Creamy Cinnamon & Sugar Oatmeal Fruit Milk Choices	16. Breakfast Pizza Fruit Milk Choices	17. Mini Pancake Sausage Bites Fruit Milk Choices	18. Jumbo Cinnamon Roll 100% Fruit Juice Milk Choices
21. French Toast Sticks with Syrup Fruit Milk Choices	22. Breakfast Sandwich Fruit Milk Choices	23. Sausage Gravy over Biscuit Fruit Milk Choices	24. No School	25. No School <i>Merry Christmas</i> 
28. No School	29. No School	30. No School	31. No School	

Breakfast Raffle Contest
Easy to play—Easy to Win

How to play

- Eat Breakfast at Dell Rapids MS/HS
- Your name will be entered into the drawing
- We draw a winner every Friday after Breakfast
- Redeem your prize

Extras Available

Extra Breakfast Entrée \$1.00
Extra Milk \$.40
Bottled Water \$1.75
Nutri Grain Bar \$.75
Assorted Muffins \$.75
Bagel w/ Cream Cheese \$1.00
Sunny Delight Drinks \$1.75
V-8 Splash Drink \$2.00

New To The Menu 

This month we are featuring a great-tasting new breakfast entrée, "Creamy Cinnamon & Sugar Oatmeal".

This recipe was created by our Culinary Team and includes oatmeal made with milk and sugar for a smooth, creamy texture. Vanilla and cinnamon add comforting flavor. Let us know what you think!

Questions Comments

Contact Rhonda Galles, Food Service Director at 605-670-9502 or rhonda@lunchtimesolutions.com


Breakfast is served every day from 8:15 to 8:55.

 Lunchtime Solutions, Inc.
Creative Solutions in School Food Services

Breakfast MENUS


Lunch Menus

Dell Rapids Public School



QUARRIERS

Fruit & Veggie Bar & Milk Choices
 Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Entree Notes:
 Vegetarian
 Homestyle
 Good Source of Fiber

Healthy Cool Choices:
 Sub Sandwiches are available every day.

DECEMBER 2009 LUNCH MENU ELEMENTARY SCHOOL

Mon	Tue	Wed	Thu	Fri
	1. A. Super Nachos B. Cheeseburger or Hamburger Refried Beans ✓	2. A. Sloppy Joe B. Corn Dog French Fries	3. A. Homestyle Chili ✓ B. Crispy Chicken Sandwich Steamed Broccoli ✓ Frosted Cinnamon Roll	4. A. Pizza ✓ B. Beef & Bean Burrito Green Beans ✓
7. A. Taco in a Bag B. BBQ Rib Sandwich Corn ✓	8. A. Homestyle Chicken and Noodles ✓ B. Country Fried Steak with Gravy Mashed Potatoes	9. A. Toasted Cheese Sandwich and Tomato Soup ✓ B. Chicken Nuggets Peas ✓	10. A. Homestyle Spaghetti with Meat sauce ✓ B. Hot Dog Green Beans ✓ Brownies	11. A. Pizza ✓ B. Grilled Chicken Sandwich Cooked Carrots
14. A. Cheeseburger or Hamburger B. Chicken Nuggets Baked Beans ✓	15. A. Soft or Hard Shell Taco B. Hot Pepperoni Sub Mexican Rice Blueberry Muffin ✓	16. A. Golden Macaroni & Cheese ✓ B. MS/HS - Spicy Chicken Sandwich ES - Crispy Chicken Sandwich Steamed Broccoli ✓	17. Holiday Dinner A. Roast Turkey B. Mini Corn Dogs Mashed Potatoes/Gravy Dinner Roll ✓ Christmas Cookie	18. A. Pizza ✓ B. Hot Ham & Cheese Sandwich Corn ✓
21. A. Tator Tot Hotdish ✓ B. Hot Dog Steamed Broccoli ✓	22. New to the Menu: Homestyle Burrito ✓ B. Chicken Nuggets Corn ✓ Rice Krispie Treat	23. A. Homestyle Cavatini ✓ B. Breaded Pork Sandwich Green Beans ✓	24. No School	25. No School <i>Merry Christmas</i>
28. No School	29. No School	30. No School	31. No School	

Meal Prices

Elem Student Lunch \$2.10
 Adult Lunch \$2.80
 Extra Milk \$0.40

Free and reduced meal forms can be obtained from all building offices at any time throughout the school year.

Questions Comments

Contact Rhonda Galles, Food Service Director at 605-670-9502 or rhonda@lunchtimesolutions.com

FARMERS MARKET SELECTIONS



December selection: Blueberries
 Find out the nutritional benefits of the Blueberries on the poster in the dining area or at:

<http://server.lunchtimesolutions.com/01/farmersmarket.pdf>


New To The Menu



Homestyle Burritos are the new entrée feature this month. We make these with pure ground beef taco meat, refried beans and mild shredded cheddar cheese, all wrapped in a soft, homestyle flour tortilla. Top with salsa, lettuce, and other fixings from the Fruit and Veggie Bar for a great tasting Burrito!


Lunchtime Solutions, Inc.
 Creative Solutions in School Food Service

Dell Rapids Public School



QUARRIERS

Fruit & Veggie Bar & Milk Choices
 Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Entree Notes:
 Vegetarian
 Homestyle
 Good Source of Fiber

Healthy Cool Choices:
 Subs—Everyday
 Fruited Yogurt—Everyday
 Chef Salads—Everyday

DECEMBER 2009 LUNCH MENU MIDDLE-HIGH SCHOOL

Mon	Tue	Wed	Thu	Fri
	1. A. Super Nachos B. Cheeseburger or Hamburger Refried Beans ✓	2. A. Sloppy Joe B. Corn Dog French Fries	3. A. Homestyle Chili ✓ B. Crispy Chicken Sandwich Steamed Broccoli ✓ Frosted Cinnamon Roll	4. A. Pizza Ranch ✓ B. Beef & Bean Burrito Green Beans ✓
7. A. Taco in a Bag B. BBQ Rib Sandwich Corn	8. A. Homestyle Chicken and Noodles ✓ B. Country Fried Steak with Gravy Mashed Potatoes	9. A. Toasted Cheese Sandwich and Tomato Soup ✓ B. Chicken Nuggets Peas ✓	10. A. Homestyle Spaghetti with Meat sauce ✓ B. Hot Dog Green Beans ✓ Brownies	11. A. Pizza ✓ B. Grilled Chicken Sandwich Cooked Carrots
14. A. Cheeseburger or Hamburger B. Chicken Nuggets Baked Beans ✓	15. A. Soft or Hard Shell Taco B. Hot Pepperoni Sub Mexican Rice Blueberry Muffin ✓	16. A. Golden Macaroni & Cheese ✓ B. MS/HS - Spicy Chicken Sandwich ES - Crispy Chicken Sandwich Steamed Broccoli ✓	17. Holiday Dinner A. Roast Turkey B. Mini Corn Dogs Mashed Potatoes/Gravy Dinner Roll ✓ Christmas Cookie	18. A. Pizza Ranch ✓ B. Hot Ham & Cheese Sandwich Corn ✓
21. A. Tator Tot Hotdish ✓ B. Hot Dog Steamed Broccoli ✓	22. New to the Menu: Homestyle Burrito ✓ B. Chicken Nuggets Corn ✓ Rice Krispie Treats	23. A. Homestyle Cavatini ✓ B. Breaded Pork Sandwich Green Beans ✓	24. No School	25. No School <i>Merry Christmas</i>
28. No School	29. No School	30. No School	31. No School	

Meal Prices

MS Lunch \$2.20
 HS Lunch \$2.20
 Adult Lunch \$2.80

Free and reduced meal applications are available at the school office

Questions Comments
 Contact Rhonda Galles, Food Service Director at 605-670-9502 or rhonda@lunchtimesolutions.com

Extras Available

Extra entrée \$1.50
 Extra Pizza Ranch Pizza \$1.75
 Extra Milk \$.40
 Bottled Water \$1.75
 Yogurt \$1.30
 Baked Chips \$.85

The Sun Brand
 Good Things, Every Day!

FARMERS MARKET SELECTIONS



December selection: Blueberries
 Find out the nutritional benefits of the Blueberries on the poster in the dining area or at:

<http://server.lunchtimesolutions.com/01/farmersmarket.pdf>

New To The Menu



Homestyle Burritos are the new entrée feature this month. We make these with pure ground beef taco meat, refried beans and mild shredded cheddar cheese, all wrapped in a soft, homestyle flour tortilla. Top with salsa, lettuce, and other fixings from the Fruit and Veggie Bar for a great tasting Burrito!

Lunchtime Solutions, Inc.
 Creative Solutions in School Food Service

December 2009

DR QUARRIERS
 We promote spirited thinking,
 responsible citizenship and
 lifelong learning.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 2:30 PM & 7:00 PM MS Winter Concert	2 8:00 AM Senior Cap & Gown Fitting and Ordering Announcements with Jostens in lower hallway	3 2:00 PM & 7:00 PM Elementary Christmas Concert	4 8:00 AM State Oral Interp @ SF 8:00 PM - 11:00 PM 9-12 Winter Dance @ Elem. Gym, sponsored by the Senior Class	5 8:00 AM State Oral Interp @ SF 11:00 AM WR @ Chester Invitational (bus 9:30)
6 12:00 PM FFA State Leadership Career Development Event @ Pierre 1:00 PM - 4:00 PM Junior Class Tour of Homes 7:00 PM Hip Hop Dance Winter Recital	7 8:00 AM FFA State Leadership Career Development Event @ Pierre 9:00 AM East Central Honor Band 4:00 PM 7&8 GBB @ Garretson (bus 3:00) 6:00 PM 7&8 WR @ Flandreau Jamboree (bus 5:30) 7:00 PM Music Boosters Meeting in Choir Room	8 5:00 PM GBB @ SFC (bus 3:45)	9	10 9:00 AM IMPROV to Salem (bus 8:00) 4:00 PM 7&8 GBB BSC 1st Round Home vs. Beresford	11 5:00 PM BBB Home vs. WC	12 9:00 AM 7 GBB BSC Tournament @ SFC 9:00 AM 8 GBB BSC Tournament @ Tea 10:00 AM WR @ Watertown Invite (bus 7:45)
13	14 4:00 PM 7&8 WR @ Beresford Invitational (bus 2:30) 7:00 PM School Board Meeting 7:00 PM FFA Chapter Meeting in Ag Classroom	15 4:00 PM 7&8 GBB @ Harrisburg (bus 2:45) 4:00 PM GBB Home vs. Beresford 5:15 PM BBB Home vs. Beresford	16	17 4:00 PM 7&8 GBB @ Tea 7:00 PM HS Christmas Concert	18 4:00 PM GBB Home vs. Tea 5:15 PM BBB Home vs. Tea	19 9:00 AM 7&8 GBB @ Canton Tournament 9:00 AM C GBB @ TV Tournament 10:00 AM WR @ Madison Invitational (bus 8:15)
20	21 4:00 PM 7&8 GBB @ SFC (bus 3:00) 5:30 PM 9th BBB @ Baltic	22 2:30PM Early Dismissal 5:15 PM GBB @ Garretson (bus 3:45) 6:00 PM WR @ Pipestone (bus 3:15)	23 8:55 AM No School	24 8:55 AM No School	25 8:55 AM No School/Christmas Holiday	26
27	28 8:55 AM No School	29 8:55 AM No School 7:00 PM GBB @ Parkston Classic	30 8:55 AM No School 9:00 AM 9 BBB @ TV Tournament	31 8:55 AM No School 5:00 PM BBB DR vs. Arlington @ Entringer Classic/Brookings (bus 3:00)		

Merry Christmas

"Dashing" December 2009

Did you know?
 The record for the world's largest snowman was set in Maine in 2008. The snowwoman was 122 feet 1 inch tall and was named "Olympia Snowe" after a U.S. Senator.

"Dashing" December Challenge:
 This month, don't let the cold slow you down. Get out and "dash" through the snow by going sledding or by building a snowman or snowwoman.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Walk for 1 minute for every letter in the word "Dashing."	2 Ask an adult to go sledding with you.	3 Do 20 tuck jumps.	4 Dribble a ball around a room for 5 minutes.	5
	7 Do 10 push-ups. Take a break and then repeat.	8 Put on some holiday music and dance for a while.	9 While skipping around a room, sing Jingle Bells.	10 Do 5 jumping jacks for each reindeer.	11 Help your family by decorating around the house.	12
13	14 Ask an adult if you can help shovel snow this week.	15 Make up an obstacle course through the snow.	16 Run in place for 30 seconds. Hop in place for 30 seconds. Repeat 3 times.	17 Walk in place for 1 minute for each letter in the word	18 Make up a dance to go with a Christmas song.	19
* 20 *	21	22	23	24	25	26
	* Bundle up and play in the snow for 45 minutes each day this week.				MERRY CHRISTMAS!	
27*	28 Do 30 bicep curls with a soup can in each hand.	29 Do 25 sit-ups and 10 push-ups.	30 Bundle up and build a snowman outside.	31 Make a resolution to make healthy decisions this year.		

Dell Rapids School District 49-3
 1216 N. Garfield
 Dell Rapids, SD 57022

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