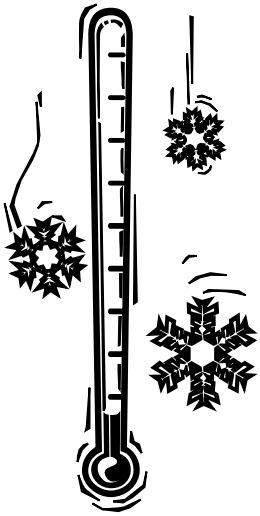


Wise Owl

"We promote spirited thinking, responsible citizenship and lifelong learning."



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Danielle Schuch has been selected as Dell Rapids High School Quarrier of the Month for November.

During her years at DRHS, Schuch has been involved in numerous activities including: girls basketball her freshman year; volleyball her freshman through senior years; band her freshman and sophomore years; chorus her



Quarrier of the Month!

freshman through senior year; and track her freshman through junior years.

As well as participating in Chorus all four years of high school, Danielle was selected to represent DRHS at All-State Chorus during her junior and senior years. During her years with DRHS Band she was also a member of the color guard squad.

"I feel privileged to be selected as a Quarrier of the Month. I've always looked up to the previous Quarrier of the Months, and it's an honor to be one of those people now," said Schuch.

Along with being innovatively involved in athletics and music in high school, Danielle

was selected as an alternate and attended the HOBY Leadership Seminar her sophomore year.

She was chosen to represent her class on Student Council all four years of high school and was involved in the Study Buddy program her junior year and has continued this work her senior year.

Danielle has been on the honor roll throughout her years at DRHS and was inducted into the National Honor Society during her junior year and academically qualifies through her senior year as well.

Track Coach Steve Hansen said, "Danielle has a huge heart and is not afraid to help out in a tough situation. That, along with her leadership qualities, is what sets her apart and helps her to succeed."

Schuch's future plans include attending a four year college to pursue a career in pharmacy.

She is the daughter of David and Cindy Schuch.

P/T Conferences for HS, ES and MS are February 1 from 4:30-8:30.

*School for K-12 Students will **NOT** be dismissed early.*

P/T Conferences are also February 8 for ES & MS from 4:30-8:30.

NO SCHOOL
Friday January 1st & Monday January 4th
Christmas Break!

deadline
 voter registration
Monday, January 25th 5:00 pm
Must be registered with the county auditor.

Attention all Senior and Junior Parents!

Please come to the next Post Prom meeting on Sunday, January 3rd, 6:00pm at Jabberwock.

Come be a part of the fun!



ATHLETIC BOOSTER CLUB

Booster Club Notes

Our winter sports seasons are off to a great start. Best of luck to the boy's basketball, girl's basketball and wrestling teams. Keep up the good work and the Quarrier spirit!

Football Pool Winners and Booster Club Drawing

Congratulations to the latest football pool winners Greg Selken, Dave Schuch and Joline Dunbar. Listen for your name at the next home event. You could be the lucky winner of a \$10 gift certificate for Quarrier Wear BUT only if you're a Booster Club member. It's not too late, contact a Booster Club board member if you're still interested in joining!

Upcoming Events

The Booster Club will be busy selling concessions during the boy's basketball conference tournament *January 7th and 8th*. Thank you to all who have volunteered to help out. The Booster Club will also be hosting a youth wrestling tournament on *January 15th* so check your calendars, we'll be looking for volunteers to help out with this event.

2009-2010 Booster Board Members:

Roger & Deb Koen
Scott & Jan Mandel
Gregg & Laurie Huewe
Kevin & Jeanine Schnieders
Dean & Elaine Hammer
Pam Schwebach
Alan & Sheba Schlaikjer
Jerry & Lynn Kerns
Jeff Delker
Del Ray & Kathy Dorale

Looking ahead to *February*, mark the *9th and 16th* on your calendars for boy's basketball, girl's basketball and wrestling senior appreciation nights.

Beef Raffle

Tickets are on sale and available through booster club board members or at upcoming home games for this year's beef raffle. Tickets are \$5 for one or \$10 for 3. The drawing will be held at the basketball doubleheader on February 16th. You need not be present to win. 🐾

Family Fun in the Winter

Hit the slopes/hills: Ski, sled or dust off a toboggan.

A Frosty Workout: Build a snowman, snowwoman, snowchildren, snowpets, or an entire snowfamily.

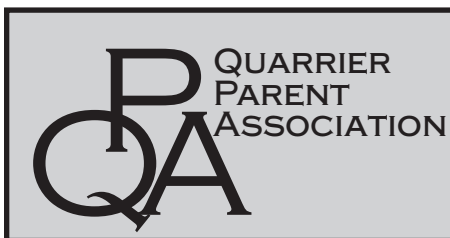
Make tracks: Bundle up for a winter hike and head to the park to see animal tracks in the snow. Have one person make tracks to a hiding place and have other family members follow the boot tracks to their hiding place.

Build a Backyard skating rink: visit <http://www.rinkrake.com/Info/building.php>

Play Frisbee: Grab a colorful Frisbee and hit the outdoors.

Anyone for a game of "snoccer"? Kicking a soccer ball in the winter terrain will keep it interesting.

If the weather outside is frightful, stay indoors. **Make a "tumble zone" in your home.** Section off an area and remove furniture and breakables to have a jump rope, tumbling area. Turn on the music and have a family dance-off. Get out the blankets and build a fort. Or **have a "snowball" fight with wadded papers.** 🐾



We are happy to announce the winners of the membership drive contest. The Elementary class winner is Mrs. Reiff's first grade class and the Middle School winner is Mrs. Randall's sixth grade class. They will be receiving a special treat. Remember it is never too late to join!

The Quarrier Parent Association hopes that everyone had a great holiday season. As the New Year begins we

are busy planning our activities for the rest of the school year. In February we will provide conference meals, sponsor a Red Cross Babysitting clinic tentatively set in March, appreciation for the teachers during Teacher Appreciation Week in May and an end of year activity for the students. Also, soon the yearbooks for the Elementary and Middle School will be for sale. Please watch for information to come home with the students.

As we are planning these activities we are in need of help. Please come and join us the second Monday of each month at Jabberwock's at 6:30 p.m. Or at least come and have a smoothie or latte and relax. Our next two meetings are January 11th and February 8th. 🐾

WEATHER DISMISSALS

When bad weather or other emergency conditions require that the schools be closed or that classes be started late or dismissed early, information will be immediately available by: 1) on the Dell Rapids Information Line by dialing 428-4040 (ext. 4, #2); 2) our emergency communication system (for those who have signed up); and 3) from the following media sources:

KELO TV, TV CHANNEL 11/3
KSFY TV, TV CHANNEL 13/9
KDLT TV, TV CHANNEL 5/5
KTTW TV, TV CHANNEL 17/4
KELO AM, RADIO 1320

KELO FM, RADIO 92.5
KSOO AM, RADIO 1140
KKLS, RADIO 104.7
KIKN FM, RADO 100.5
KJAM FM, RADO 103.1

BROADCAST/CABLE:

When inclement weather threatens, our goal will be to make early morning decisions about the cancellation or postponement of school by 6:00 AM. Students and parents should call the information line or listen to the media listed above. Decisions that will be made will follow three categories: No School; School Starting Late (in hours) or Buses will be running snow routes only. If any variation is heard from these announcements the information should be verified by calling the Dell Rapids Information Line and choosing option (4) and then option (2) from the district menu. Snow routes will only be used when absolute-

ly necessary, and it will be announced EACH time they are used. For instance, it should not be assumed that just because snow routes were used in the morning that they will be used in the afternoon. When the decision is made to utilize the snow routes, this decision will apply to EVERY bus route regardless of the conditions present on a particular bus route. Weather and road conditions can vary greatly across the district, and it is simply impossible to run some buses on snow routes and others on regular routes. There is too much confusion. ❗

Fight the winter blahs. Help with a musical project...

Music Boosters is searching for new vice chairpersons for the annual Music Dinner. Please consider assisting with this successful fundraiser for the music students in this fun and important role. You will have guidance and assistance you need to learn what the position is all about. Planning has already begun for the Music Dinner, which is March 7th this year. Please call Marcia Lodmell, President (428-6010), if you would like to help. New ideas to help make this year even easier are being considered.

Fundraising Details

Music Boosters will host a fundraiser with Schwan's during the HS parent-teacher conferences on February 1st. Look for the Schwan's truck near DRHS and mention your student's name when you place your order. Please preorder with a music student, so your items will be available. (All undesignated purchases will go to the general fund.)

Quarrier/STI Cards are on sale for \$10. Want discounts to popular local and Sioux Falls area restaurants, oil changes, and other services? Contact a band or chorus student to place your order.

Thank you for your support of music students through cookie dough and pork loin sales throughout the fall! Students have been working hard to reach their fundraising goals and appreciate your help!

Scholarships

Middle or high school students are eligible for music lesson scholarships. Applications are due February 1st! Check the school website for a form or ask a middle or high school music director if you have any questions.

Upcoming Events and Info

Jan 4 - Music Booster meeting - 7pm in the choir room. (1st

Monday of the month - all are welcome and needed!)

Feb 1st - Schwan's Fundraiser @ HS parent-teacher conferences

Feb 1st - Scholarship deadline

Mar 7th - Spring Music Dinner

Please call Marcia Lodmell, President (428-6010), if you would like to volunteer or if you have any questions.

Check the Music Boosters website for even more info. From DellRapids.com, click the "Parents-Public" tab, then "Partners" in the drop-down menu, and choose "Music Boosters."

Our email is drmusicboosters@hotmail.com. ❗

SCHOOL BOARD

Alan Blankenfeld 349-8034
 Steve Munk 428-5842
 Brian Davis 428-5375
 Cindy Schuch 428-0147
 Troy Randall 428-4660

ADMINISTRATION

Tom Ludens, Superintendent . . . 428-5473
 Bruce Olson, HS Principal/AD . . 428-5473
 Francis Ruesink, MS Principal . . 428-5473
 Barb Littel, Business Manager. . . 428-5473
 John Jewett, Elementary Principal/
 Technology Director 428-5473
 Steven Helgeland, Special Ed
 Director. 428-5473 Ext. 1

Phone options: Elementary #1; Middle School #2; High School #3; School Events, Cancellations/Postponements #4; Bus Barn #5; Lunchtime Solutions #6; Superintendent, Business Manager, or administrative assistant #7; Immediate Assistance, dial 0.

www.dr-k12.org

MEETINGS

The Board of Education meetings are held on the second and fourth Mondays of the month from September through June and the second Monday of the month in July, August and December. The first BOE meeting of the month begins at 7 p.m. and the second meeting of the month begins at 5:30 p.m. They are held in the Distance Learning Room at the High School. Agendas can be obtained from the superintendent's office on the Friday before any meeting. The *Dell Rapids Tribune* publishes the minutes of each regular and special meeting. Agendas and minutes are also posted on the school website.

High School chorus members herald the Christmas season at their December concert.



MUSIC BOOSTERS



The Ag III/IV students are starting out the new semester covering financial analysis which includes cash flow, supply and demand along with budgeting. The next unit to follow will be on agricultural law.

AG IN ACTION

A new semester brings a new group of students into the Ag Manufacturing class. This class involves constructing projects in the shop. These projects could be for the school, community or personal projects. The students enrolled in this course have taken other agriculture classes and will be applying skills learned in those courses to construct their projects.

Another Welding class is being offered during the 3rd quarter. The students will be covering the fundamentals of welding in the classroom. The students will be going over safety and tools, oxy-fuel gas welding and cutting, brazing and braze welding, shielded metal arc welding, gas metal arc welding, tungsten inert gas welding and plasma arc cutting. Once the classroom instruction is completed the students will have the opportunity to use oxy-acetylene welding, arc welding and TIG Welding and wire-feed welding to complete required welds.

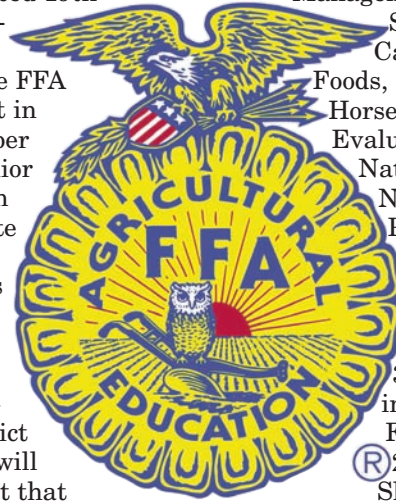
The students will also have the ability to complete metal projects that they have developed and paid for.

General animal terms and production practices will be

the first unit covered by the Ag II students. After the introductory unit, a short unit on welding will be covered to expose the students to oxy-acetylene, arc and wire-feed welding.

Pat Curry placed 19th in the extemporaneous speaking event at the State FFA Leadership Event in Pierre on December 6th and 7th. Senior FFA members can apply for the State FFA Degree and their applications will be reviewed on Jan. 20 to make sure they meet the requirements. The district Star Greenhand will also be selected at that time. The senior members are also working on various scholarships avail-

able to FFA members. The Corduroy Classic is scheduled to be held Saturday, Feb. 27. This event includes a pre-game reception for FFA members and half-time festivities. It will be a night of great basketball and an opportunity to celebrate the special connection SDSU shares with the FFA. The SDSU women's and men's basketball teams take on Indiana University-Purdue University Indianapolis at Frost Arena in Brookings. The FFA members are starting to prepare for the spring career development events. Those events areas include: Ag Business Management, Ag Mechanics, Ag Sales, Agronomy, Dairy Cattle Evaluation, Dairy Foods, Floriculture, Food Science, Horse Evaluation, Livestock Evaluation, Meats Evaluation, Natural Resources, Nursery/Landscape and Range Plant Identification. The first event will be the livestock judging contest held during the Sioux Empire Farm Show on Saturday, January 30. There is also a youth invitational calf show open to FFA members Tuesday, Jan. 26 at the Sioux Empire Farm Show. Members are also busy planning activities for the National FFA Week February 20 – 27. 🦉



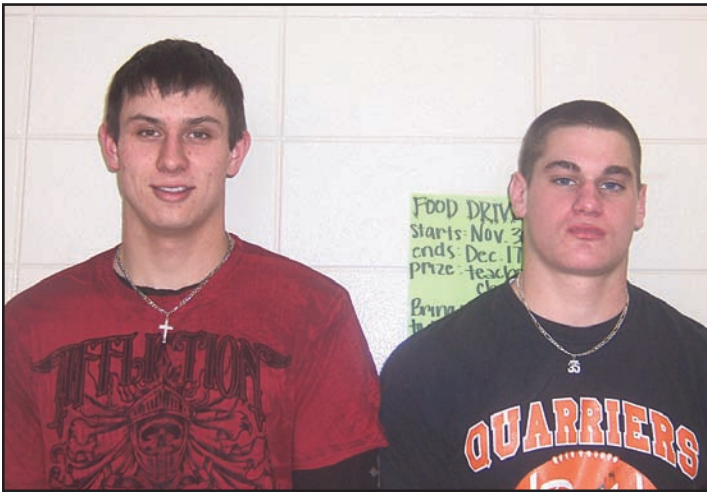
The DRSD has added a New Phone Extension Option:

To reach the superintendent, business manager, or administrative assistant,	press #7
To reach the elementary school,	press #1
To reach the middle school,	press #2
To reach the high school,	press #3
For school events, cancellations, or postponements,	press #4
For the bus barn,	press #5
For Lunchtime Solutions,	press #6
Or, for immediate assistance,	press 0

Congratulations

to Alysha Solberg, who won the superior award for Non-Original Oratory at the Oral Interp State tournament. Only six superiors were given in Class A competition. Congratulations on a great season!

High School Happenings



Crisp and Curry Named To Elite 45

Elite 45 is a huge honor to be selected on," said Assistant Football Coach, Craig Jorgenson. What is Elite 45 you may ask? Elite 45 is a team picked by Argus Leader Sportswriters each year. South Dakota football coaches pick out their best players and send in their statistics on their nominees. Unfortunately, there is not always a good chance someone will get elected from each school.

Once the Argus Leader Sportswriters take in all the nominations throughout the state, they sit back and decide who the lucky selectees will be. They combine all

classes together: AA, A, and B. Their position is not a factor; they pick their version of the best 45.

In previous years Dan Leacraft (2006) and Marcus Murphy (2007) had been selected as Elite 45 members from Dell Rapids High School. This year Head Coach Steve Hansen sent in statistics on a few of his seniors to the Argus Leader. Pat Curry was placed on the Elite 45 team and Aaron Crisp was selected honorable mention. Great job boys!

"Elite 45 is such a big deal to be part of! It is a great honor to be selected for," said Coach Hansen. 🦉

International Trip Club Gains Members

English teacher Jason Kurtz has registered several students to go to England & France in 2011. Once you get the traveling bug, it changes your life. See how other countries really work, and come home with an appreciation not only for the countries that you visit, but also, a new appreciation for the good old United States of America. High school students of all ages are welcome to sign on, as well as students from other schools and family members, too. College credit is also available for this EFTours guided trip. Help your student gain a world perspective, by sending them overseas, with quality educators and tour guides. It is just THAT easy, leave the details to the professionals. Sign up, and start working for the trip of a lifetime! Tour leaves from and returns to Sioux falls. Contact Mr. Kurtz at the high school for details, or type this link into your browser and see the trip! 🦉

<http://www.eftours.com/educational-tours/PriceTours/TourDetail.aspx?TourCode=LAR&Year=2011&Product=ET&Tab=itin>

FCCLA Notes

The Dell Rapids FCCLA Chapter held a family night on November 30. Those attending worked on blankets that will be given away to those who could use them. Members also volunteered their time to wrap gifts at the Sioux Falls Mall for the Children's Inn booth one Friday evening in December. Preparations are now being made for the district meeting to be held on January 20. 🦉

Photography Students Find Nature's Alphabet

Cory Clopton's photography class has been finding the alphabet in nature. Students were assigned the task of finding and photographing the alphabet in the environment around them.



Karen Eddy said, "I love photography, because it has makes me think outside the box and makes me have a different approach than I had before."

Joci Hansen said, "My experience in this class really helped me make my career choice, which is architectural engineering."

Samantha Mathis states, "I really enjoy this class and I'm glad I took it." 🦉



...Continued onto page 6

Continued from page 5...



THANKS TO THE 2009 MS FB CHEERLEADERS FOR ALL OF THEIR HARD WORK AND DEDICATION!



DRMS FB Cheerleaders

Back Row l-r: April Tomes, Haley Donaldson, Alisyn Hof
Front Row l-r: Aubrey Kimball, Jayme Damm, Alexis Ruth

Artwork Chosen for the Childrens' Capitol Art Show

Every other year, South Dakotans for the Arts (SoDA) presents the Children's Capitol Art Show for SoDA Day at the Legislature. This year Kutler Leighton, Cody Apland and Justin Huss's artwork was chosen to represent our school in our Legislative District #25. Their artwork will be digitally reproduced and have it printed on tote bags to be presented to your Legislators on February 16, 2010.

See all the totes from 2008 at:
<http://www.cafepress.com/sdarts/4586506>



Pictured l-r: Kutler Leighton, Cody Apland, Justin Huss

Middle School Messages

DRMS to collaborate with Christmas for our Kids

The Dell Rapids Middle School Student Council members collaborated with the Christmas for Our Kids program again this year. Student Council members requested items needed to their home rooms and kept track of the number of donated items and cash donations. In total over 450 items were collected, including: games, toys, books, movies, mittens, hats, gift cards, personal care items etc. and \$136.00 in cash. Thank you to all of the families and students who donated items to this great cause. Happy Holidays from the DRMS Student Council. 🦉

Sixth Graders Attended King Tut Exhibit



with the theme of "Under the Sea." The class sold raffle tickets and on November 25, the lucky winner was drawn by Mikeala Stofferahn, who sold the most tickets.

On October 23, the 6th grade class attended the King Tut exhibit at the Goss Opera House in Watertown. To fund the trip, the 6th graders created a class quilt



Congratulations to Tony and Kellie

(parents of Megan) Miles for being the lucky winner! The 6th grade class would like to give a special thank you to Always Your Design for providing the fabric and assistance with the quilt, and to Carol Mergen and Laurie Matheny for creating the quilt. Also, we would like to thank Mrs. Gengler for helping the students create their individual squares.



Thanks,
6th grade team

Congratulations!

These students were nominated for December Student of The Month.

- 5th: Betsy Amundson and Mackenzie Gullickson
- 6th: Josh Benda and Braeden Lightner
- 7th: Micah Roemen and Ben Gillogly
- 8th: Brett Nichols and Tori Murphy



Penny War Raised \$658 for Hope for Heroes

The Dell Rapids Middle School staff and students participated in a Penny War during November 19th- November 24th. DRMS Student Council members were in charge of organizing this project. Students and staff were asked to bring their pennies and change to school and donate them to the Hope for Heroes organization. The grand total raised was \$658.03. Thank you to everyone for their donations! 🦉

Penny War Participants Pictured:
Back Row: Natasha Reit, Ben Hammer, Trevor Hanzlik, Shelby Baatz, Alec Reams, Ian Bergstrom and Michael Mitchell
Middle Row: Mikaela Stofferahn, Lindsey Morris, Hannah Fiedler and Alec Riswold
Front Row: Chloe Solberg, Mikayla DeNoon and Ross Wiebenga.



DELL RAPIDS SCHOOL DISTRICT BOND ELECTION

Monday – February 8, 2010
7:00 a.m. – 7:00 p.m.
Elementary School Gym

Voter Registration Deadline – January 25, 2010

Residents not registered in Dell Rapids School District 49-3 by January 25, 2010 will not be able to vote in this election. Persons in doubt about whether they are registered in the school district should call the Minnehaha County Auditor at (605) 367-4220 or the Moody County Auditor at (605) 997-3161.

School district residents who are interested in voting, and who are not registered, may register during regular business hours at the county auditor's office, municipal finance office, Secretary of State's office, and those locations which provide drivers' licenses, food stamps, TANF, WIC, military recruitment, and assistance to the disabled as provided by the Department of Human Services. Mail-in registration forms may be requested from the county auditor or printed from the Secretary of State's website at www.sdsos.gov. Mail-in registrations must be received by the county auditor no later than January 25, 2010 in order to vote in this election.

Absentee Voting (Early Voting)

Residents who are registered to vote in the Dell Rapids School District may vote prior to election day by casting an absentee ballot in the school business office at 1216 N. Garfield Avenue. A resident is defined as: (1) lived in the Dell Rapids School District for at least 30 days in the last year; OR (2) full-time postsecondary student who resided in the Dell Rapids School District immediately prior to leaving for postsecondary education; OR (3) active duty military with the home of record in the Dell Rapids School District. Any registered resident voter may vote absentee – no reason is required. A photo I.D. or filing of a personal affidavit will be required at the absentee voting location.

In-Person Absentee Voting Hours – Available Now

Monday through Friday, with the following exceptions:	7:30 a.m. – 4:30 p.m.
December 24 and December 25	Closed
December 28, December 29, and December 30	9:00 a.m. to noon; 1:00 p.m. to 3:00 p.m.
December 31 and January 1	Closed
Friday, December 18	4:30 p.m. – 9:00 p.m.
Saturday, January 30	10:00 a.m. – 2:00 p.m.
Monday, February 1	4:30 p.m. – 9:00 p.m.
Saturday, February 6	10:00 a.m. – 2:00 p.m.

In-person voters should use the main high school entrance (by the rock). The business office is located upstairs (6 steps) on the left side.

Voters with disabilities may contact the business manager at 428-5473, option 7 for information and special assistance in absentee voting accessibility. Information on absentee voting by mail is available on the school website (www.dr-k12.org), the Secretary of State's website (www.sdsos.gov), or by calling the school business manager at 428-5473, option 7.

ELEMENTARY NEWS



December Character Counts Representatives



Cheyenne Adams (4RS), Olivia Stelzer (2An), Ashley Snoozy (1J) and Ethan Holleran (3N) are this month's Character Counts Drawing winners!

The elementary students and staff continue to celebrate the six pillars of character. Our 4th grade Character Representatives joined the high school students for an improv performance. They learned how to create a skit, practiced their parts and acted with the improv troupe.

Kids' Circle is scheduled for January 13th. We will be talking about respect!

Classroom guidance continues throughout the elementary. Kindergarten – second grade has been learning about healthy choices and working together. The third and fourth grade students have been working in their Life Skills books. They are learning about smoking information and advertising tricky techniques. Upcoming units will focus on careers and decision-making.

If you have any questions or concerns about your child, please contact me at 428-3192.

~ Mrs. Kane

4th Grade Improv Performance

Our Elementary Building Needs

As you are aware, residents of the Dell Rapids School District recently voted on a new elementary school bond proposal. Although the bond election received a majority of the votes, it was just a handful of votes short of passage. While the School Board does not favor frequent bond elections, serious concerns about the safety and academic achievement of our elementary students remain. The School Board has authorized another bond election on **February 8, 2010**. In addition to resolving those safety and academic concerns, building a new elementary school at this time allows the district to take advantage of a very favorable construction market and the federal program known as Build America Bonds.

The school district has weighed the desires of the residents for a less expensive school with the safety and academic needs of our students. The current design is the least expensive design possible that would meet the basic needs of our elementary school students, teachers, parents, and community members now and into the future. School district personnel and board members have put a lot of thought and work into the preliminary design and space needs for our students now and as we grow into the future.

Bond Information Hotline

1-888-447-4394
8:00 am – 9:00 pm

Compared to the November election, the current bond proposal does not alter the layout of the elementary school building in any way. The current bond proposal is slightly cheaper because of a favorable decrease in our quoted interest rate. The reduction in the interest rate took our November bond proposal goes down from \$10.990 million dollars to the current bond proposal of \$10.985 million dollars.

Building immediately also allows the district to take advantage of cheaper bonding costs by participating in the federal Build America Bonds program. Build America Bonds are subsidized by the federal government to significantly reduce the interest rate on these bonds. This will save the district approximately \$4 million dollars in interest which lowers the mill level to \$1.36 per \$1,000 of assessed property value. These bonds are a temporary program and will expire if the district voters delay the building project.

Extended Absentee (Early) Voting **Dates**

Saturday, Jan. 30 – 10am to 2pm
Monday, Feb. 1 – 4:30pm to 9pm
Saturday, Feb. 6 – 10am to 2pm

While some people may argue that it does not make sense to build a new school during an economic downturn, the district views it as an opportunity. The opportunity is to take advantage of lower commercial construction costs because demand for those services is lower than normal. If we wait to build a new elementary school, it is very possible that those construction costs will rise as the economy rebounds, increasing the overall cost of the project.

As we have done with previous bond elections, the school board is working to ensure every voter has the facts for the February 8th bond election. If you have any questions about the need for a new elementary school, the new bond proposal, the Build America Bonds program, how to register and absentee (early) voting, call our toll-free bond information hotline at 1-888-447-4394 or visit our district website at www.dr-k12.org. District personnel are available from 8:00 am – 9:00 pm to answer your questions.

The school board encourages everyone to vote in the upcoming election. However, you must be a registered voter in order to cast your ballot. If you are not a registered voter, you have until **January 25, 2010** to get registered in order to vote in this very important election. Absentee (Early) voting is also available now at the business office located at the high school during normal school hours. Absentee (Early) voting will also be available during the holiday break on December 28, 29 and 30th. Holiday absentee (early) voting will be available from 9am to 12pm and 1pm to 3pm on those three days.

Please remember to vote February 8th.

Dell Rapids Community Haven

NOW SEEKING NEW BOARD MEMBERS

The Haven exists because no child should have to be home alone, and our main objective is to provide a safe, supervised, and positive environment for students in the Dell Rapids area during out-of-school time hours.

The Haven programs are overseen by a Board of Advisors. The Board meets in the evening of the third Monday of each month for approximately 1 hour. This team of enthusiastic individuals volunteers their time and talents to help make Haven the best it can be. We are currently seeking new community members to be a part of this great team. It is crucial to the success of our program that we operate with a Board of diverse individuals, including educators from both St Mary & DR Public schools, parents, business owners, child care providers, etc. Even if you are not familiar with Haven's programs and have never participated, you could still bring great insight to the group. Haven makes a tremendous difference in our community and we invite you to be part of it!

Please call us at **366-8612** or e-mail us at haven@dellrapids.com if you are interested in becoming a member of the Haven Board of Directors. 📞

**P/T Conferences for HS, ES and MS are
February 1 from 4:30-8:30.**

**P/T Conferences are also
February 8 for ES & MS from 4:30-8:30.**

School for K-12 Students will **NOT** be dismissed early.



The DRSD has added a New Phone Extension Option:

To reach the superintendent, business manager, or administrative assistant, **press #7**

To reach the elementary school, **press #1**

To reach the middle school, **press #2**

To reach the high school, **press #3**

For school events, cancellations, or postponements, **press #4**

For the bus barn, **press #5**

For Lunchtime Solutions, **press #6**

Or, for immediate assistance, **press 0**

SCHOLARSHIPS

1. SOUTH DAKOTA OPPORTUNITY SCHOLARSHIP

\$5000 over Four Years

Must attend a South Dakota college or technical school

Must complete the Regents Scholar Curriculum with a cumulative GPA of 3.00 or better, an ACT score of 24 or higher and no grade below a C in the core classes.

The Regents Scholar Curriculum is –

4 credits of English

3 credits of social studies

4 credits of math

4 credits of science

1 credit of computer science

1 credit of fine arts

2 credits of the same foreign language

Deadline – September 1 of the year you will be starting college

Application is available at –

www.sdbor.edu/SDOpportunityScholarship.htm

2. DAKOTA CORPS SCHOLARSHIP PROGRAM

Pays full tuition and fees

Must attend a South Dakota college or technical school

Must go into a critical need occupation after graduation from college

Critical need occupations include – teaching k-12 music, special education, foreign language, high school math or science or working as a licensed practical nurse,

registered nurse, or in allied health care field.

Must have ACT score of 24+ and GPA of 2.8+

Deadline - February

Application is available on line at –

www.state.sd.us/dakotacorps/default.html

3. BURGER KING SCHOLARSHIP

\$1000

Must have 2.5+ GPA, must work 10 her week, involved in community service, and demonstrate financial need.

Deadline – Feb. 1

Application is on line at – www.haveyourwayfoundation.org/bksp_application.htm;

Access Key BKS

4. LUCY HOSKINGS AYRES SCHOLARSHIP

\$500

Must be the child or grandchild of a veteran of armed conflicts.

Veteran refers to former members of the Armed Forces who have been called to armed conflict.

Application is available in the guidance office

Deadline – Feb. 1

5. MISS SOUTHDAKOTA/MISS SOUTH DAKOTA TEEN USA

Information – www.missouthdakotateenusa.com or www.missouthdakotausa.com

Deadline – June



Continued from page 11...

SCHOLARSHIPS

6. YANKTON COLLEGE SCHOLARSHIP

\$1000

Applicants must either have a family relationship to a Yankton College alumni, former faculty or Staff, or a family friend, teacher, pastor or other person with a connection to Yankton College may recommend the applicant.

Application is available in the guidance office

Deadline – Feb. 12

7. KFC COLONEL'S SCHOLARSHIP PROGRAM

\$5000

GPA – 2.75+

Must pursue a bachelor's degree at a public institution

Application is on line at – www.kfcscholars.org

Deadline – Feb. 10

8. US BANK SCHOLARSHIP

(40) \$1000

Scholarship awards are selected in monthly random drawings.

Information is available on line at – usbank.com/studentloans

9. AMATEUR SOFTBALL SCHOLARSHIP

\$500

Open to family members who have participated in SDASA softball for a least 3 years.

Application is available in the guidance office

Deadline – March 1

10. AXA ACHIEVEMENT COMMUNITY SCHOLARSHIP

\$2000

Based on ambition and drive, determination to reach goals, respect for self, family and community, and ability to succeed in college.

Download application at www.axa-achievement.com

Deadline – Feb. 15

11. SIOUX EMPIRE CORNHUSKERS SCHOLARSHIP

(6) \$1000

Must be an entering freshman at the University of Nebraska/Lincoln
Based on ACT scores, school activities, scholastic ranking, and community activities

Application available in the guidance office

Deadline – Jan. 27

12. SIOUX VALLEY ENERGY SCHOLARSHIP

Total of \$12,000

Must be a son or daughter of a Sioux Valley Energy customer.

Based on GPA 3.00+, ACT scores, work experience, school activities, volunteer service.

Application is on line at – www.siouxvalleyenergy.com

Deadline – Feb. 1

13. AMERICAN LEGION AUXILIARY SCHOLARSHIP

(2) \$500

Must be a child or grandchild of a veteran or a child or grandchild of a American Legion Auxiliary member.

Application is available in the guidance office

Deadline – March 1

14. THELMA FOSTER SCHOLARSHIP

\$300

Must be a junior member of the American Legion Auxiliary

Based on character, leadership, academics, Americanism, and need

Application is available in the guidance office

Deadline – March 1

15. ZACH LEIGHTON “BELIEVE” SCHOLARSHIP

\$500

This scholarship is a tribute to Zach. “If you believe, you can achieve.”

Application is available in the guidance office.

Deadline – April 1

16. MAXPREPS/ARMY NATIONAL GUARD SCHOLARSHIP

\$2500 (5 men and 5 women in the country)

Must have participated on a sports team covered by MaxPreps

Given to high school student-athletes who are model citizens in all areas of life – community service, academics, athletics, and school involvement.

Application is on line at – www.MaxPreps.com/CitizenAthlete

Deadline – March 12

17. ESA FOUNDATION SCHOLARSHIP

150 national scholarships are given each year.

Application is available on line at – www.esaintl.com/esaf

Deadline – Feb. 1

18. SOUTHEAST CHAPTER OF SOUTH DAKOTA ENGINEERING SOCIETY

\$1500 and \$2500

Must major in engineering attend SDSU or the School of Mines

Based on responsibility, high grades, and high ACT score

Application is available in the guidance office or on line at – www.sdes.org

Deadline – Feb. 1

Search Sites

Check out These Scholarship Search Sites:

1. www.fastweb.com
2. www.collegenet.com/mach25/app
3. www.eac-easci.org

SCHOLARSHIP TIPS:

1. **Applications should be typed.**
2. **If need be, fax the application and type.**
3. **Ask for references in advance... usually one week.**
4. **Keep a copy of the application form.. could use parts later.**
5. **Proof read for grammatical and spelling errors.**





JANUARY 2010 ELEMENTARY BREAKFAST

Dell Rapids Public Schools



QUARRIERS

Breakfast Choices
Available every day
Breakfast includes:

- Entrée or choice of cereals & toast
- Fresh or Canned Fruit
- Milk choices



Cereal Choices With Toast
Available every day

Entree Note:
Homestyle/Scratch

Mon	Tue	Wed	Thu	Fri
				1
No School	4 Breakfast Biscuit Sandwich Fruit Milk Choices	5 Scrambled Eggs Tri-Tator Hash brown Fruit Milk Choices	6 Biscuit w/Sausage Gravy Fruit Milk Choices	7 Fresh Baked Cinnamon Roll 100% Fruit Juice Milk Choices
Waffle with Syrup and Sausage Fruit Milk Choices	11 Cheese Omelet Fruit Milk Choices	12 Breakfast Pizza Fruit Milk Choices	13 Biscuit w/Sausage Gravy Fruit Milk Choices	14 Fresh Baked Cinnamon Roll 100% Fruit Juice Milk Choices
Pancake Sausage Stick Fruit Milk Choices	18 Cinnamon Tastry Fruit Milk Choices	19 Breakfast Pizza Fruit Milk Choices	20 Biscuit w/Sausage Gravy Fruit Milk Choices	21 Fresh Baked Cinnamon Roll 100% Fruit Juice Milk Choices
French Toast Sticks with Syrup Fruit Milk Choices	25 Breakfast Biscuit Sandwich Fruit Milk Choices	26 Homestyle Breakfast Quesadilla Fruit Milk Choices	27 Biscuit w/Sausage Gravy Fruit Milk Choices	28 Fresh Baked Cinnamon Roll 100% Fruit Juice Milk Choices
				29

Meal Prices

Student Breakfast \$1.20
Adult Breakfast \$1.45


Free and reduced meal forms can be obtained from all building offices at any time throughout the school year.

Extras Available
Extra Milk \$.40

Breakfast Boosts Brain Power

How totally cool that breakfast fuels kids' brains for school! Several studies suggest that eating breakfast may help children do better in school by improving memory, alertness, concentration, problem-solving ability, test scores, school attendance, and mood. Adult breakfast skippers, take a lesson—eating breakfast may help boost your brain power, too.

New To The Menu



We are pleased to announce that Cheerios® and Kix® cereals are offered daily to provide students with a healthy, whole grain, no sugar added, cereal option.

Get your day off to a great start with breakfast. Studies show that students who have breakfast are able to perform better in the classroom.

Questions Comments

Contact Rhonda Galles, Food Service Director at 605-670-9502 or rhonda@lunchtimesolutions.com


Breakfast is served every day from 8:15 to 8:55.



Breakfast MENUS

JANUARY 2010 MIDDLE-HIGH BREAKFAST

Dell Rapids Public Schools



QUARRIERS

Breakfast Choices
Available every day
Breakfast includes:

- Entrée or choice of Cereals w/Toast
- Fresh or Canned Fruit
- Milk choices



Cereal Choices With Toast
Available every day

Entree Note:
Homestyle/Scratch

Meal Prices

MS Breakfast \$1.20
HS Breakfast \$1.20
Adult Breakfast \$1.45

Free and reduced meal applications are available at the school office.

Mon	Tue	Wed	Thu	Fri
				1
No School	4 Breakfast Sandwich Fruit Milk Choices	5 Scrambled Eggs Tri-Tator Hash brown Fruit Milk Choices	6 Homestyle Sausage Gravy over Fresh Baked Biscuit Fruit Milk Choices	7 Fresh Baked Cinnamon Roll 100% Fruit Juice Milk Choices
Waffle with Syrup and Sausage Fruit Milk Choices	11 Cheese Omelet Fruit Milk Choices	12 Breakfast Pizza Fruit Milk Choices	13 Homestyle Sausage Gravy over Fresh Baked Biscuit Fruit Milk Choices	14 Fresh Baked Cinnamon Roll 100% Fruit Juice Milk Choices
Breakfast Pizza Fruit Milk Choices	18 Cinnamon Tastry Fruit Milk Choices	19 Pancake Sausage Stick Fruit Milk Choices	20 Homestyle Sausage Gravy over Fresh Baked Biscuit Fruit Milk Choices	21 Fresh Baked Cinnamon Roll 100% Fruit Juice Milk Choices
French Toast Sticks with Syrup Fruit Milk Choices	25 Breakfast Pizza Fruit Milk Choices	26 Breakfast Sandwich Fruit Milk Choices	27 Homestyle Sausage Gravy over Fresh Baked Biscuit Fruit Milk Choices	28 Fresh Baked Cinnamon Roll 100% Fruit Juice Milk Choices
				29

Breakfast Raffle Contest
Easy to play—Easy to Win

How to play:

- Eat Breakfast at Dell Rapids MS/HS
- Your name will be entered into the drawing
- We draw a winner every Friday after Breakfast
- Redeem your prize

Extras Available

Extra Breakfast Entrée	\$1.00
Extra Milk	\$.40
Bottled Water	\$1.75
Nutri Grain Bar	\$.75
Assorted Muffins	\$.75
Bagel w/ Cream Cheese	\$1.00
Sunny Delight Drinks	\$1.75
V-8 Splash Drink	\$2.00

New To The Menu



We are pleased to announce that Cheerios® and Kix® cereals are offered daily to provide students with a healthy, whole grain, no sugar added, cereal option.

Get your day off to a great start with breakfast. Studies show that students who have breakfast are able to perform better in the classroom.

Questions Comments

Contact Rhonda Galles, Food Service Director at 605-670-9502 or rhonda@lunchtimesolutions.com


Breakfast is served every day from 8:15 to 8:55.






Lunch Menus

Dell Rapids Public School



QUARRIERS

Fruit & Veggie Bar & Milk Choices
Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Menu Notes:
Vegetarian
Homestyle/Scratch
Good Source of Fiber

Healthy Cool Choices:
Sub Sandwiches are available every day.

Meal Prices

Elem Student Lunch	\$2.10
Adult Lunch	\$2.80
Extra Milk	\$0.40

Free and reduced meal forms can be obtained from all building offices at any time throughout the school year.

JANUARY 2010 LUNCH MENU ELEMENTARY SCHOOL

Mon	Tue	Wed	Thu	Fri
No School				Happy New Year!
4	5	6	7	8
	A. Hard or Soft Shell Taco B. Corn Dog Chips & Salsa	A. Hamburger or Cheeseburger B. Italian Dunkers with Marinara Sauce Peas	A. Homestyle Beef Chili B. Chicken Nuggets Green Beans Frosted Cinnamon Roll	A. Pizza B. Golden Macaroni & Cheese Steamed Broccoli
11	12	13	14	15
Breakfast for Lunch A. Scrambled Eggs and Sausage B. French Toast and Sausage Tri-Tator Hashbrown	A. Homestyle Quesadilla B. BBQ Rib Sandwich Whole Grain Rice	A. Sloppy Joe B. Crispy Chicken Sandwich Baked Beans	A. Spaghetti with Meat Sauce B. Hot Dog Green Beans Cinnamon Breadstick	A. Pizza B. Breaded Pork Sandwich Corn
18	19	20	21	22
A. Toasted Cheese Sandwich with Tomato Soup B. Mini Corn Dogs Steamed Broccoli	A. Super Mexican Potatoes B. Hot Pepperoni Sub Refried Beans	New to the Menu: Skillet Macaroni and Beef B. Hamburger or Cheeseburger on Bun Corn	A. Turkey & Gravy (over mashed potatoes) B. Chicken Nuggets Mashed Potatoes & Gravy Oatmeal Cookie	A. Pizza B. Hot Ham & Cheese Sandwich Green Beans
25	26	27	28	29
A. Crispy Chicken Sandwich B. Breaded Pork Cutlet Mashed Potatoes & Gravy	A. Super Nachos B. Fish Nuggets Corn Frosted Chocolate Cake	A. Chili Smothered Baked Potato B. Chicken and Noodles Green Beans	A. Homestyle Lasagna B. Hot Dog Peas Breadstick	A. Pizza B. Beef & Bean Burrito Cooked Carrots

Questions Comments

Contact Rhonda Galles, Food Service Director at 605-670-9502 or rhonda@lunchtimesolutions.com

FARMERS MARKET SELECTIONS




January selection: Oats
Find out the nutritional benefits of Oats on the poster in the dining area or at:
<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

Lunchtime Solutions, Inc.
Creative Solutions in School Food Services

New To The Menu



Announcing Skillet Macaroni and Beef as the new entrée feature this month. This Homestyle recipe is inspired by Skillet Dinners, the favorite evening meal for many families. This recipe features pure ground beef, cooked in rich tomato sauce, onions and a hint of other spices and blended with tender cooked elbow macaroni. Please take the time to let us know what you think of this new recipe.

Dell Rapids Public School



QUARRIERS

Fruit & Veggie Bar & Milk Choices
Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Menu Notes:
Vegetarian
Homestyle/Scratch
Good Source of Fiber

Healthy Cool Choices:
Subs—Everyday
Fruited Yogurt—Everyday
Chef Salads—Everyday

Meal Prices

MS Lunch	\$2.20
HS Lunch	\$2.20
Adult Lunch	\$2.80

Free and reduced meal applications are available at the school office

Questions Comments
Contact Rhonda Galles, Food Service Director at 605-670-9502 or rhonda@lunchtimesolutions.com

JANUARY 2010 LUNCH MENU MIDDLE-HIGH SCHOOL

Mon	Tue	Wed	Thu	Fri
No School				Happy New Year!
4	5	6	7	8
	A. Hard or Soft Shell Taco B. Corn Dog Chips & Salsa	A. Hamburger or Cheeseburger B. Italian Dunkers with Marinara Sauce Peas	A. Homestyle Beef Chili B. Chicken Nuggets Green Beans Frosted Cinnamon Roll	A. Pizza Ranch B. Golden Macaroni & Cheese Steamed Broccoli
11	12	13	14	15
Breakfast for Lunch A. Scrambled Eggs and Sausage B. French Toast and Sausage Tri-Tator Hashbrown	A. Homestyle Quesadilla B. BBQ Rib Sandwich Whole Grain Rice	A. Sloppy Joe B. Crispy Chicken Sandwich Baked Beans	A. Spaghetti with Meat Sauce B. Hot Dog Green Beans Cinnamon Breadstick	A. Pizza B. Breaded Pork Sandwich Corn
18	19	20	21	22
A. Toasted Cheese Sandwich with Tomato Soup B. Mini Corn Dogs Steamed Broccoli	A. Super Mexican Potatoes B. Hot Pepperoni Sub Refried Beans	New to the Menu: Skillet Macaroni and Beef B. Hamburger or Cheeseburger on Bun Corn	A. Turkey & Gravy (over mashed potatoes) B. Chicken Nuggets Mashed Potatoes & Gravy Oatmeal Cookie	A. Pizza Ranch B. Hot Ham & Cheese Sandwich Green Beans
25	26	27	28	29
A. Crispy Chicken Sandwich B. Breaded Pork Cutlet Mashed Potatoes & Gravy	A. Super Nachos B. Fish Nuggets Corn Frosted Chocolate Cake	A. Chili Smothered Baked Potato B. Chicken and Noodles Green Beans	A. Homestyle Lasagna B. Hot Dog Peas Breadstick	A. Pizza B. Beef & Bean Burrito Cooked Carrots

Extras Available

Extra entrée	\$1.50
Extra Pizza Ranch Pizza	\$1.75
Extra Milk	\$.40
Bottled Water	\$1.75
Yogurt	\$1.30
Baked Chips	\$.85

No Pay Menu
Good Things, Every Day!

FARMERS MARKET SELECTIONS




January selection: Oats
Find out the nutritional benefits of Oats on the poster in the dining area or at:
<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

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Creative Solutions in School Food Services

New To The Menu



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January 2010

DR QUARRIERS
 We promote spirited thinking,
 responsible citizenship and life-
 long learning.





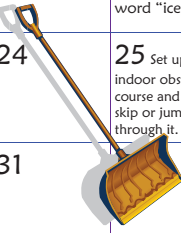

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 8:55 AM No School/New Year's Day	2 3:00 PM GBB @ EPJ (bus times 12:45 & 3:00) 3:00 PM BBB @ EPJ (bus times 12:45 & 3:00)
3	4 8:55 AM No School for students/Teacher In-Service 5:00 PM 7&8 WR @ McCook Central Tourney (bus 3:30) 7:00 PM Music Boosters Meeting in Choir Room	5 5:00 PM GBB Home vs. Lennox	6	7 4:00 PM 7&8 GBB Home vs. TV 4:00 PM 7&8 BBB @ TV (bus 3:00) 4:00 PM 9th GBB @ Baltic 5:00 PM WR @ Dakota Valley Quad (DR, Harrisburg, EPJ) (bus 1:30) 6:30 PM BBB BSC Tournament - Dell Rapids (Booster Club Concessions) 6:30 PM BBB BSC Tourney vs Canton in DR @ 8:00	8 4:00 PM 7&8 BBB Home vs. Tea 6:30 PM BBB BSC Tournament - Dell Rapids (Booster Club Concessions)	9 9:00 AM JV WR @ Madison Invite (bus 7:15) 9:00 AM DR Lady Q's hosting JV GBB Tournament 10:00 AM WR @ Garretson Invitational (bus 8:30) 2:00 PM BBB BSC Conference Tournament 2:00 PM BBB BSC Tournament @ EPJ
10	11 4:00 PM 7&8 GBB home vs. Garretson 4:30 PM 7&8 WR - Dell Rapids 6:00 PM 7&8 BBB @ Garretson (bus 5:00) 7:00 PM School Board Meeting 7:00 PM FFA Chapter Meeting in HS Ag Classroom	12 5:00 PM BBB @ Chester (bus 4:00)	13 8:00 AM FFA District Officer Training @ Pierre	14 8:00 AM FFA Legislative Breakfast @ Pierre 4:00 PM 9th & JV BBB @ SF Roosevelt (bus 2:45) 6:30 PM GBB BSC Tournament DR vs. SFC @ Beresford (bus 4:30)	15 4:00 PM 7&8 BBB @ Lennox (bus 2:45) 5:00 PM 7&8 WR - Dells Booster Pee Wee Tourney 6:30 PM GBB @ BSC Tournament @ Beresford	16 9:00 AM 7&8 GBB @ Pipestone (bus 7:45) 10:00 AM 7&8 WR @ Canton Invite (bus 8:00) 10:00 AM WR @ TV Invite (bus 8:30) 2:00 PM GBB BSC Tournament @ SFC
17	18 4:00 PM 7&8 GBB Home vs. Flandreau 4:00 PM 7&8 BBB @ Flandreau (bus 3:00) 5:00 PM BBB Home vs. SFC	19 5:00 PM GBB @ WC (bus 3:45) 5:30 PM WR @ Chester Triangular (DR, Garretson) (bus 3:30)	20 9:00 AM District 3 FCCLA Meeting @ Baltic 6:45 PM FFA District Star Review @ Hartford Pizza Ranch	21 4:00 PM 7&8 GBB Home vs. McCook Central 5:00 PM BBB Home vs. Madison	22 4:00 PM 7&8 BBB Home vs. Baltic 6:15 PM GBB Home vs. SV	23 10:00 AM WR BSC Tourney @ Canton (bus 8:00) 5:00 PM BBB Home vs. Garretson
24	25 4:00 PM 7&8 GBB @ WC (bus 2:45) 4:00 PM 7&8 BBB Home vs. WC 4:00 PM HS Quiz Bowl @ Brandon Valley 5:00 PM 7&8 WR @ SV Invite (bus 3:30) 5:00 PM Deadline for voter registration with county auditor 5:30 PM School Board Meeting 6:00 PM C GBB @ SF Lincoln (bus 2:45)	26 8:00 AM Region One-Act Play @ Brandon 4:00 PM 7&8 GBB @ Baltic (bus 3:15) 4:00 PM C GBB @ Beresford (bus 2:15) 5:00 PM WR Dell Rapids Quad (FL, Howard, WC) 5:15 PM C BBB @ Beresford (bus 2:15)	27	28 5:00 PM BBB @ Vermillion (bus 2:30) 5:00 PM GBB @ SFC (bus 3:45)	29	30 10:00 AM WR @ Lee Wolf Invite/Aberdeen (bus 5:30) 10:00 AM to 2:00 PM Absentee voting in HS business office 6:15 PM GBB Home vs. Pipestone
31						



“Jump” into January 2010

Did you know?
 The largest iceberg ever recorded was 208 miles long and 60 miles wide.

“Jump” into January Challenge:
 This month, keep track of how many miles you can jump and see how far around the iceberg you can travel.

	Mon	Tue	Wed	Thu	Fri	Sat
					1 HAPPY NEW YEAR!	2 
3	4 Jump as long as you can. Time how long you jump.	5 Ask an adult if you can help shovel snow one day this week.	6 Can you do 100 jumping jacks? Try to do it twice!	7 Jump in the air 10 times. Try a different pose every time. Do 10 more jumps!	8 Turn on some music and create a jumping dance.	9
10	11 Jump rope for at least 5 minutes.	12 Ask an adult to do 100 jumps with you.	13 Pretend to be a karate expert. Do at least 50 jump kicks.	14 Jump rope 15 times for every person in your family.	15 Do 10 tuck jumps. Rest. Repeat two more times.	16
17	18 Jump 10 times for every letter in the word “iceberg”	19 Run in place for 2 minutes. Jump in place for 2 minutes. Repeat 2 times.	20 Do jumping jacks for 5 minutes. Hop in place for 2 minutes.	21 Pretend you are a frog and make up a jumping game.	22 Challenge a friend or an adult to a jumping contest.	23
24 	25 Set up an indoor obstacle course and hop, skip or jump through it.	26 What animals jump? Jump like all the animals you can think of.	27 Jump in place during 3 television breaks.	28 Play catch with a friend. Every time you catch the ball, do 5 crazy jumps.	29 How long can you hop on one foot? Try the other foot. Again!	30 
31						

Dell Rapids School District 49-3
 1216 N. Garfield
 Dell Rapids, SD 57022

Non-Profit Organization
 U.S. Postage Paid
 Dell Rapids, SD 57022
 Permit No. 9

Current Resident or